

No matter what your goal is—to lose weight, move more, shift your mindset, or all of the above—we'll bring you the science-based programs and tools that work.

Weight Watchers at Work

Tuesdays, 12:00-12:30pm

215 N. Mason, Room 1B, Fort Collins (This is a City of Fort Collins location, and County employees are welcome to attend!)

Wednesdays, 12:00-12:30pm

2601 Midpoint Drive, Wellness Clinic Conference Room

\$44.95 for a Monthly Pass

Weight Watchers members are welcome to attend any Weight Watchers meeting.

Anytime.

Not a Weight Watchers Member yet?

Anyone interested in joining is welcome to attend a meeting for free to learn about it, ask questions, etc.

General Questions about Weight Watchers?

Its best to attend a class for free and speak to the Weight Watchers leader.

For members of the Larimer County Medical Insurance Plan, this program is eligible for the \$500 Lifestyle Management Reimbursement Credit, as well as points on the SimplyWell Tracking Tool.

Wellness that Works.

Please note: Workshops available in participating areas only. Minimum enrollment required to start Workshops in the workplace.

