

MINUTES

LARIMER COUNTY BEHAVIORAL HEALTH CONSUMER ADVISORY COMMITTEE

Date: January 25, 2021
Time: 8:30-10:30am
Location: Zoom Webinar
Contact: Laurie Stolen, Director
Ryan Barstow, Business Operations Coordinator

Attendees: Al Anderson, Amber Bass, Alison Dawson, Kate Forgach, Madison Krumwiede, Kyle McPherson, Savannah Naffziger, Carri Ratazzi, Ash Tumbleson,

BHS Staff: Ryan Barstow, Kim Priddy, Andrea Smith, Laurie Stolen, Jennifer Wolfe-Kimbell

Presenters: Shannon Hughes

Absent: Patrick Dillon, Leslie Maldonado, Steve Pietrafeso, Ryan Walter

CALL TO ORDER – 8:33 a.m.

AGENDA REVIEW

1. Laurie Stolen conducted a roll call where BHS staff and CAC members introduced themselves, their role/status, and their interests in joining the committee.

STANDING AGENDA ITEMS

1. Minute approval - December minutes from the 12/7/20 joint meeting of the BHPC, TAC, and CAC were approved by the Behavioral Health Policy Council on 1/4/21.
2. Laurie asked the committee if there are any standing agenda items that they'd like to see added to future CAC agendas. No requests were made but if anyone thinks of something

they'd like to see added, they can reach out to Ryan Barstow at barstorz@co.larimer.co.us.

DISCUSSION/DECISIONS

1. Shannon Hughes, from CSU's School of Social Work (and a Technical Advisory Committee member) presented the Peer Support Expansion Project funded via a BHS Impact Fund grant. The presentation is available [here](#) and the [associated flyer is available here](#).
2. Laurie Stolen discussed the CAC group name and how there are already a few groups in existence in the community called "Consumer Advisory Committee". As such, there's an opportunity to change the committee name if members would like. Committee members shared that they do have an interest in changing the name and would like to come up with at least 3 options which can be decided or voted on at February's meeting. Suggestions included "Committee of Lived Experience" (COLE) "Community Solutions" and "People Invested in Community Solutions" (PICS) and members were asked to forward any additional suggestions to Ryan Barstow.
3. Laurie discussed the possibility of providing development or training opportunities for CAC members. Some ideas that members proposed included professional development or career training opportunities, training for assisting members of the senior population of Larimer County, and navigating/discussing behavioral health needs with employers (possibly via an ADA training that incorporates employment and/or life skills or CAC members themselves).
4. Laurie discussed the term limits for committee members, outlined in section III. of the [BHPC Bylaws](#). Terms shall be set for 3 years, however, as a new committee, terms need to be staggered so that approximately one-third of the member's terms shall expire each year and the entire board doesn't change every 3 years. So, the current 13 CAC members will have to, as equally as possibly, split term limits to initially serve either a 1 year, 2 year, or 3 year term. Then, per the bylaws, after completion of their initial term, members can serve a second and third full three-year term (subject to the approval of the Board of County Commissioners). The committee decided that the best way to complete this is for BHS staff to assign terms and if anyone has a concern or issue with their assignment it can be addressed. Term assignments will be brought to committee members at our next meeting in February.
5. Laurie discussed the context of how committee members serve and how to portray their role on the CAC. The CAC is one of the Boards and Commissions that serve at the discretion of the Board of County Commissioners, the members of which serve as appointed volunteers and so, that is the most appropriate way for members to present their position.
6. Laurie discussed the [2021 calendar](#) for the CAC detailing the meetings and combined work with the TAC to be completed throughout the year.

7. Kim Priddy recapped the Behavioral Health Policy Council and Technical Advisory Committee's work and funding strategies (for community BH grants, referred to as the Impact Fund) used in 2019 and 2020 and reviewed the plan and schedule for the 2021 work session.
 - a. In 2019 TAC work included creating funding criteria, which were identified as:
 - i. Suicide Prevention
 1. Crisis Intervention
 2. Veterans
 - ii. Mental Health & SUD Programming, support
 - iii. Community engagement, Stigma reduction, training
 - iv. Innovation, pop-up, open request, 1x funding/event
 - b. The TAC's work in 2020 included a work session from January - March to determine goals, brainstorm evidence based practices to reach those goals and the result identified the following 2020 funding priorities:
 - i. Care Coordination & Responsivity
 - ii. COVID-19 Crisis & Recovery and Outreach
 - iii. Mental Illness & Substance Use Disorder Prevention and Programming
 - iv. Screening, Early Identification, & Intervention
 - c. Some lessons learned from TAC work in 2019 and 2020 and the resulting changes are:
 - i. Funding priorities should and will remain consistent through strategic planning cycles (3-5 years)
 1. Action: Revamped logic model
 - ii. Need to close the loop on results of the work session
 1. Action: New proposed work session structure
 - iii. A three-month work session = six hours of work time. Need to maximize time with CAC members.
 1. Action: New proposed work session structure
 - iv. Need to incorporate and emphasize consumer voice
 1. Action: Joint CAC/TAC work session
 - d. Kim also explained the concept of a logic model and then presented the BHS logic model being utilized for this work. This logic model incorporates maintaining funding priorities across multiple years and how long-term results will then be achieved. Essentially, the advisory groups will inform the impacts necessary to affect change in the community by making recommendations of how we can achieve those impacts via grant dollars.
 - e. Kim detailed how this work will be completed this year via a work session, the groundwork of which will be collected via a survey that she presented. The survey will be sent to committee members by email with these minutes. The survey will also identify work groups that committee members will be assigned to for the work session, to identify the desired impacts. The committee's recommendations will then be consolidated and prioritized in April to be

presented to the Behavioral Health Policy Council in May for their consideration. Then at the June meeting, we'll recap the work session via a retrospective, determine what worked, what didn't, and how the committee's work informed the grant application. Unless the committee identifies other work they'd like to achieve we won't meet in July or August but will reconvene in September to review the grant applications recommended by the BHPC.

8. Jennifer Wolfe-Kimbell reviewed the BHS facility naming & branding project. She shared that the request for proposal process used to find a partner to work with us on the branding and naming of the facility was highly competitive, 25 proposals were received. The selection committee spent a lot of time reviewing and evaluating the proposals. The selected proposal was from Xuma Communications out of Denver. They were selected partially because of their strong reliance on data/research and they're fully equipped to handle the research behind the reasoning to name and brand the facility. They will work with several stakeholder groups, including the CAC to complete their research, and the project is currently designed to occur in 4 phases and work kicked off this month and is set to wrap up in May and will be approved by county leadership. Jen also shared the link to the web page on the BHS site to see updates on the project, available [here](#).
9. Laurie updated the CAC on the BHS department's physical move of office space to 200 W Oak St. Fort Collins, CO 80521 on the fifth floor.

ADJOURN – 10:34 a.m.