

LARIMER COUNTY

Answers on Aging



2021–2022 RESOURCE GUIDE

Important Information on:

- Housing Options
- Family Caregiver Support
- Transportation Services
- In-Home Care
- And Much More



Welcome to the Answers on Aging Resource Guide

Every year in September, the Larimer County Office on Aging (LCOA) is proud to present the new updated Answers on Aging Resource Guide.

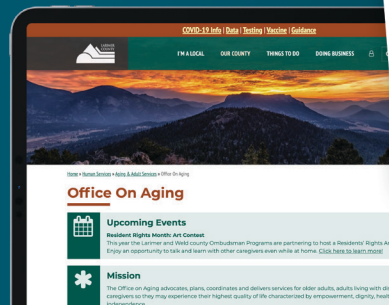
The Resource Guide is a comprehensive directory of community resources for older adults and adults living with disabilities, family caregivers, community members and service providers in Larimer County.

Please contact us to list or update your business or organization in the Resource Guide.

The guide can be duplicated off of our website: [Larimer.org/seniors](https://larimer.org/seniors)

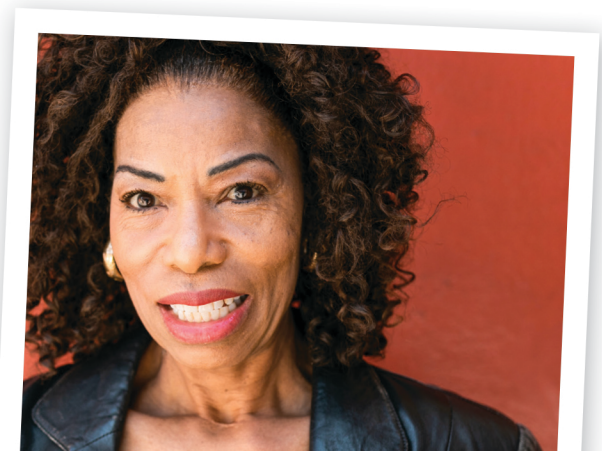
Please also visit our website for additional information including **community events** and our searchable **online service directory**.

[Larimer.org/seniors](https://larimer.org/seniors)



Inclusion in the Answers on Aging Resource Guide does not imply endorsement by the LCOA and exclusion does not indicate disapproval. The LCOA neither guarantees nor makes any representations as to the accuracy or completeness of the information contained in its Resource Guide. The LCOA disclaims any and all responsibility and liability that may be asserted or claimed resulting from or arising out of reliance upon the information presented in the Resource Guide. The LCOA reserves the right to edit information to meet format, guideline and space requirements. Due to the COVID-19 pandemic, some of the information in this guide may change over time. For the most up-to-date information please call the agency/organization for more information.

Call for Information or Assistance
(970) 498-7750



Answers on Aging

Resource Guide 2021-2022

The Larimer County Office on Aging (LCOA), located in the Department of Human Services, is the Area Agency on Aging (AAA) for Larimer County. As one of 16 AAA's in Colorado, LCOA receives funding from the Federal Older Americans Act and the Older Coloradans Fund to provide services to Larimer County residents who are 60 and older, and to serve as the lead agency in planning and coordinating those services. As part of the LCOA, the Aging and Disability Resources for Colorado (ADRC) also serves adults over the age of 18 living with a disability.

With Older Americans Act and Older Coloradans funds, the LCOA funds community partners to provide a range of programs. These programs provide older adults, particularly those vulnerable older adults at risk of losing their independence, with supportive services and opportunities to enhance their health and wellbeing while remaining independent in their own homes.

..... **Funded Community Partners**

A Little R and R Home Care

Aging Clinic of the Rockies at CSU

Berthoud Area Transportation Services (BATS)

Colorado Legal Services

Elderhaus Adult Day Program, Inc.

Ensign Skills Center

Estes Park Home Care

Estes Valley Recreation and Park District - Community Center

First Light Home Care

Health District of Northern Larimer County

Heart & Soul Paratransit

Homewatch Caregivers, Inc.

InnovAge Home Care North

Meals on Wheels of Loveland and Berthoud

Namaqua Center
(SummitStone Health Partners)

Right At Home

Rural Alternative for Transportation (RAFT)

Senior Alternatives in Transportation (SAINT)

Senior Helpers

Seniors Helping Seniors of Northern Colorado

UCHealth (PVH & MCR)

VIA Mobility Services

Volunteers of America

Wellington Senior Center

LARIMER COUNTY | BOARD OF COUNTY COMMISSIONERS

P.O. Box 1190, Fort Collins, Colorado 80522-1190, 970.498.7010, Larimer.org



The Board of County Commissioners is Committed to Providing the Best Services to our Seniors

Seniors are a large and important part of Larimer County's population, and the Larimer County Office on Aging is proud to be the main organization that provides and connects residents 60 years and older in Larimer County with resources and services. We strive to help those that are physically or economically disadvantaged. The Larimer County Office on Aging is also the Area Agency on Aging (AAA) for Larimer County, which allows the office to fund community partners, provide direct services, innovate, advocate, and lead our community to meet the growing needs of the population.

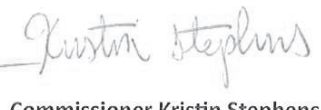
Thank you for reading the 2021-22 Answers on Aging Resource Guide from the Larimer County Office on Aging. The Resource Guide is your main source to find services and resources for seniors, adults with disabilities, caregivers, and families of seniors.

The Resource Guide is easy to find - just visit www.larimer.org/seniors to find the Answers on Aging Guide. The guide contains services, resources, and contact information on a large number of topics. The Senior Tax Work-Off Program, In-Home Services Voucher Program, Chore Voucher Program, and Family Caregiver Support are just a few examples of what's inside the guide.

We hope you find the information in the Answers on Aging Resource Guide valuable and thank you for allowing us to serve you. If you need assistance or more information, contact the Larimer County Office on Aging at (970) 498-7750.

The Board of County Commissioners,


Commissioner John Kefalas
District I


Commissioner Kristin Stephens
District II

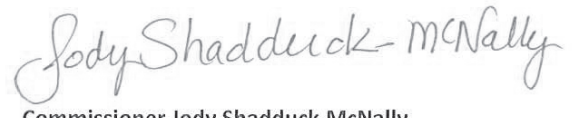

Commissioner Jody Shadduck-McNally
District III



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Adult Day Programs

Assisted Living homes may also provide day programs based on availability. See page 42 for listing.

Easter Seals Colorado WINGS

(970) 669-2777

Provides services in a day program setting to support adults with intellectual and physical disabilities. WINGS is open M-F 9am - 3pm. Medicaid waiver and private pay accepted.

1656 Topaz Drive, Loveland, CO 80537

Elderhaus Adult Day Program, Inc.

(970) 221-0406

Specialized community based adult day program for people 18+ with special needs such as dementia (Alzheimer's, frontotemporal, etc.) post stroke, memory loss, and cognitive decline. Occupational therapy on site, support provided for caregivers, transportation available. Accepts Medicaid, VA, long term care insurance. Sliding fee scale available.

6813 S. College Avenue, Fort Collins, CO 80525

Foothills Gateway Adult Care Services on Wood Street

(970) 266-5443

Small day program specializing in respite for adults with developmental disabilities.

400 Wood Street, Fort Collins, CO 80521

Mindset

(970) 223-6083

Specialized community based adult day program and Program Approved Service Agency (PASA) for people 18+ with special needs including traumatic brain injury, intellectual and developmental disability, and chronic mental illness. Transportation available.

6813 S. College Avenue, Fort Collins, CO 80525

Advance Directives

Every adult has the legal right to consent to or refuse medical treatment. Advance directives are written instructions recognized under state law that can be used at any stage of life to ensure that the medical treatment you receive is consistent with your wishes and preferences should you be unable to make your own decisions. Signing an advance directive does not take away your right to decide what you want, if you are able to do so, but allows for your wishes to be known and honored when you cannot communicate them yourself. Advance medical directives in Colorado include: medical durable power of attorney, living wills, CPR directives, organ and tissue donation declarations, MOST Form and disposition of last remains declarations. Advance medical directives may be revoked or amended at any time.

The following agencies can assist with preparing advance directives.

For additional options, see Legal Assistance on page 51.

Larimer Advance Care Planning Program

(Health District of Northern Larimer County)

(970) 482-1909

No cost, no age limit. The Advance Care Planning (ACP) Program provides education and assistance in completion of advance care directives for residents of Larimer County. Trained guides will work with individuals on deciding, discussing, documenting, and sharing end of life wishes with loved ones and health care providers, including completion of medical durable powers of attorney, living wills, and MOST Form. Training available to groups on The Conversation Project and advance care planning. Notary services and help with sharing advance medical directives with healthcare providers is available.

120 Bristlecone Drive, Fort Collins, CO 80524

Advance Directives (continued)

Systems of Care Initiative (SOI) Advanced Care Planning

(970) 449-6840

A community based non-profit organization that provides advance care planning service to the community. Referrals are accepted from physicians, facilities, professionals and individuals in the community seeking information and assistance with advance care planning. Virtual visits offered. Service is provided at no cost.

UCHealth Senior Services/Aspen Club

(970) 495-8560

The Aspen Club provides free education and assistance with the proper completion and sharing of advance medical directives including but not limited to medical durable power of attorney and living will forms. Individual appointments as well as group style classes are available throughout Northern Colorado (Fort Collins, Loveland, Greeley, and Longmont). Please call for more information about The Conversation Project theconversationproject.org and our advance directive classes, tools, and assistance. Completing advance directive documents and sharing your preferences through conversation are essential to planning for your future care, and we are here to help.

1025 Garfield Street, Suite A, Fort Collins, CO 80524

For additional information on The Conversation Project, please visit:

Sharing the Care Campaign of Northern Colorado - www.sharingthecarecampaign.com

Application Assistance

Several agencies throughout Larimer County assist individuals with applications for benefits. If the applicant lives in a nursing facility, the facility social worker or other staff/designee will assist with the application. Applicants receiving services from a home health care agency, hospice agency, or other case management system can contact the agency's social worker for application assistance. If you are not connected to one of these systems or another case management system, the following agencies may be able to provide application assistance:

Larimer County Office on Aging

(970) 498-7750

Aging and Disability Resources for Colorado (ADRC)

Hands on assistance with Long Term Care Medicaid and Medicare Savings Program applications. Home visits available for home bound clients. Appointments required.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Catholic Charities of Larimer County – Senior Connect

(970) 616-8640

Assistance with Old Age Pension (OAP), Medicare Savings Program (MSP), Aid to the Needy and Disabled (AND), food assistance/SNAP, Adult Medicaid, and Long Term Care Medicaid applications. Call to get on the waitlist.

Larimer County Department of Human Services

(970) 498-6300

Assistance with Medicaid, Medicaid Disability applications, Aid to the Needy Disabled (AND), food assistance or SNAP, Long Term Care Medicaid, Old Age Pension (OAP), and Medicare Savings Program (MSP). Walk in and appointments are available. Call for technician availability and assistance.

1501 Blue Spruce Drive, Fort Collins, CO 80524

200 Peridot Avenue, Loveland, CO 80537

Application Assistance (continued)

Larimer Health Connect

(970) 472-0444

Larimer Health Connect is a free service that helps people find the best options for health insurance to meet their family's health needs and budget. Trained staff provide free, impartial, virtual, and in-person assistance with free and lower-cost health insurance plans, including Health First Colorado (Medicaid), Child Health Plan Plus (CHP+), and plans from the Connect for Health Colorado Marketplace. Hours: M-F 8am - 5pm. Visit larimerhealthconnect.org or call to schedule an appointment.

144 N. Mason Street, #7, Fort Collins, CO 80524

UCHealth Senior Services/Aspen Club

(970) 495-8560

Assistance with the Low Income Subsidy (LIS) application. LIS provides assistance with Medicare Part D premiums and co-payments. Income guidelines apply. Call for an appointment.

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Caregiver Support

Aging Clinic of the Rockies at CSU

(970) 491-6795

Columbine Health Systems Center for Healthy Aging

Individual counseling for individuals caring for an older adult, age 60 or older. Caregiving may be a stressful experience and as a caregiver, you may benefit from the support of counseling services. Up to eight sessions on a donation basis are available, call for more information.

Caregiver Mentoring Program

The Caregiver Mentorship Program will match you with an experienced caregiver mentor. Your mentor will provide FREE peer support to help you develop skills related to stress reduction and self-care, responding to caregiving challenges, and tapping into community resources, among others. Having a caregiver mentor could benefit you and your care recipient! One-on-one respite care is available for care recipients while caregivers take part in the program. Services will be provided remotely or in a safe, socially-distanced manner.

151 W. Lake Street, 8021 Campus Delivery, Fort Collins, CO 80524

Alzheimer's Association

(970) 472-9798

Support for individuals and their caregivers dealing with Alzheimer's disease or other types of dementia. Access to information, support groups, education, message boards, and care consultations.

415 Peterson Street, Fort Collins, CO 80524

Alzheimer's Association 24/7 Helpline

(800) 272-3900

The Center for Family Outreach

(970) 495-0084

The Center works with Larimer County youth and their families to achieve long-term positive changes and healthy relationships. In addition, The Center also offers support services for parents and grandparents raising adolescents. Groups offered in both English and Spanish. Call for more information.

212 W. Mountain Avenue, Fort Collins, CO 80521

Dementia Together

(970) 305-5271

Help for persons striving to live well with dementia and their care partners. Resources, education, and classes for community members, caregivers and persons with dementia. For more information email help@dementiatogether.org.

1540 Main Street, Suite 218/231, Windsor, CO 80550

Caregiver Support (continued)

Larimer County Office on Aging

(970) 498-7758

Family Caregiver Support

Support for family caregivers through individual caregiver consultations, respite assistance, and connections to support groups, counseling and classes. Home visits offered by appointment.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Namaqua Center - SummitStone Health Partners

(970) 494-4231

Grandfamily program provides supportive services for grandparents raising grandchildren with support groups, ongoing case management services with access to resources, emergency aid, community support/awareness, educational programs, and assistance in navigating systems.

221 E. 29th Street, Suite 101, Loveland, CO 80538

Volunteers of America Caring Companion Program

(970) 472-9630

Volunteers provide weekly non-medical respite for family caregivers and socialization and friendship for the care receiver.

405 Canyon Avenue, Fort Collins, CO 80521

Classes:

Powerful Tools for Caregivers

(970) 498-7758

A program for family caregivers designed to help caregivers take care of themselves while caring for a friend or relative. Provides tools to better communicate feelings, deal with difficult emotions, and helps caregivers find relevant resources. The class meets weekly for six weeks. Call for more information.

Stress-Busting Program for Family Caregivers

(970) 498-7758

A nine-week program focused on reducing stress for those caring for a person living with dementia or a chronic illness. Small groups meet weekly focusing on stress management techniques, relaxation, and coping strategies. Call for more information.

Case Management / Care Management

A Life Empowered, LLC - Ashley Hood

(970) 800-4251

Provides in-home counseling, consulting, coaching, and case/care management for older adults and adults with disabilities. Specializes in aging and disability, life review, transitions, adjustment and coping, chronic illness, oncology, grief, end-of-life care, depression and anxiety, caregiver support, care assessments, care coordination, and medical case management. Accepts Medicare Part B, private pay and offers a sliding fee scale.

A Care Management Group, Inc. - Marcy Greenslit

(970) 726-4597

Private pay care management and financial assistance team providing services to assist with navigating the aging process. Care management team for assisting with care assessments, adult care coordination and monitoring, providing medical power of attorney services, or taking appointments from the court for guardianship. Financial assistance team for assisting with bill pay, account tracking, or taking appointments from the court for conservatorship. Medical or financial advocacy and navigation.

Case Management / Care Management (continued)

Action HealthCare Services

(303) 772-2973

Private Care Manager – Assistance with care assessments and care coordination for individuals and their families; guidance through the maze of health care options, care advocates, community resource specialist, liaison between clients, family members, and caregivers. Fee for service.

2919 17th Ave, Suite 222, Longmont, CO 80503

Allied Care Management, LLC

(970) 889-9980

We partner with clients and their families to facilitate specialized care management solutions. With an emphasis of promoting safety and improving quality of life for our clients based on their goals. We can help keep your elderly parent(s) in their home, find support for your child with specialty care needs, identify community resources to improve quality of life, assist with life transitions, end of life planning, and coordinate care for emergent needs. With over 50 years of nursing, case management, social work, and transitional care experience, we will provide inclusivity through integrity, respect, and compassionate listening.

Cancer Support Services - UCHealth

(970) 297-6165

Serves cancer patients and their families – Provides help accessing resources. Patient's doctor must be associated with UCHealth. No cost service.

2121 E. Harmony Road, Fort Collins, CO 80528

Catholic Charities of Larimer County – Senior Connect

(970) 616-8640

Serves individuals 55+ – Provides case management services in Loveland and Fort Collins helping individuals live independently in their own homes. The majority of the clients served are low-income, homebound, frail, or at-risk older adults. Services include information and referral to health and community resources, assessments of physical, emotional and environmental situations, case management, advocacy to access resources, assistance with benefits and resource applications, friendly visitor companionship program. An Energy Outreach Colorado (EOC) partner agency. No cost service.

460 Linden Center Drive, Fort Collins, CO 80524

Columbine Care Management

(970) 619-0082

Private Care Management – Ensuring the best possible care for your loved one by attending appointments and coordinating communication between physicians and specialists; researching and arranging providers for medical and non-medical care as well as equipment and other services; managing medications, understanding insurance and financial concerns, and assisting with transitions in care. Fee for service.

Eldercare Navigators, LLC

(970) 430-6566

Care management services include planning and coordination of care for those with physical and/or mental impairments in order to meet their needs, improve quality of life, and maintain independence. We take a person-centered approach by working with the client, family, physicians, other medical and non-medical providers to ensure safety, security, and social needs of the client are met. Our care managers serve to advocate, assess, provide recommendations and resources, assist with transitions between various levels of care, and help navigate the complex care continuum with a holistic interdisciplinary approach. Our specialties are care coordination, guardianship, conservatorship, general and medical power of attorney, and money management.

P.O. BOX 273036, Fort Collins, CO 80527

Case Management / Care Management (continued)

Foothills Gateway, Inc. – Community Center Board

(970) 226-2345

Serves children and adults with intellectual and developmental disabilities. Case management services. Since 1972, Foothills Gateway has improved the lives of thousands of people with intellectual and developmental disabilities and their families in northern Colorado by helping to conquer challenges and achieve their maximum potential. Foothills Gateway strives to empower every ability and highlight the achievements of the human spirit of all ages. No cost service.

301 W. Skyway Drive, Fort Collins, CO 80525

JC Senior Consulting

(970) 371-7202

JC Senior Consulting is a private care management service that can introduce options and services for seniors and their family members to make informed health care decisions while navigating through the complexities of the health care process. Provide individuals and family options for “next steps” by conducting care assessments, introduce care options, develop individualized plans of care, support visits, and guidance through transitions of care.

Larimer County Options for Long Term Care

(970) 498-7780

Serves individuals with Long Term Care Medicaid - Home and Community Based Services: Larimer County single entry point for Long Term Care Medicaid. Case Management services for individuals that have Long Term Care Medicaid - Home and Community Based Services (HCBS). No cost service.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Life Changes Care Management – Donna Forrest, RN

(970) 999-5169

Private Care Manager – Empowering clients and their families to effectively navigate the healthcare system, make informed choices, and obtain beneficial treatment in the appropriate care setting. Medical advocacy, caregiver support and education. Expert guidance for dementia and chronic or serious illness care, and advance care planning. Fee for service.

LIV Health

(970) 888-4070

In-Home Case Management. Services provided in the individual’s home, skilled nursing facility, assisted living facility, independent living facility and other community settings. Services include customized care plan, healthcare management, home care services, risk management, screening and assessments, assistance with Medicaid, Social Security, Medicare, housing, food assistance/SNAP, and other case management needs as well as transportation to and from medical appointments. We also provide services to Veterans, such as help with enrollment, education, aid and attendance, DIC and spousal benefits and more. We provide social work services with the VA and the Veterans Directed Care Program. M-F 9am - 5pm, serving Weld and Larimer Counties. Sliding fee scale available and individuals under poverty level pay \$0 for case management.

7950 6th Street, Wellington, CO 80549

Regional Accountable Entity (RAE)

care management referral line: (800) 793-1339

As the Regional Accountable Entity (RAE), Rocky Mountain Health Plans (RMHP) is responsible for connecting Health First Colorado members with both primary care and behavioral health services for Region 1, Larimer County. The RAE services include connecting members with both primary care, behavioral health services, provide care coordination services to support whole-person care, including activities to address social determinants of health. The RAE seeks to improve each individual’s experience of—and access to—health care. At the same time, it establishes accountability for cost management and improved health using a patient-centered medical home model.

Community Assistance Resources

A Little Help

(970) 412-9396

A Colorado nonprofit connecting neighbors to help older adults thrive. Provides volunteer services to help older adults age well at home and in their community. Special events to combat isolation and build community are offered. Neighbors of all ages are equipped to volunteer which empowers older adults to live interdependently and with a high quality of life. Volunteers provide non-medical services including transportation, yard work, handy help, technology, companionship/friendly visitor, errands, snow shoveling, home chores, light cleaning and organization, and other activities that offer "a little help". For membership or volunteer information in your community, please contact A Little Help at info@alittlehelp.org.

19 Old Town Square, Suite #238, Fort Collins, CO 80524

Berthoud Life Center (located at Grace Place Church)

(970) 532-0161

Tuesdays 9am - 4pm; the first Tuesday of the month 9am - 7pm; Thursdays 9am-4pm. Includes services from House of Neighborly Service, Easter Seals, Disabled Resource Services, Grand Family Coalition, SummitStone, House of Neighborly Service (HNS) Navigators, utilities, gas vouchers for work, and Food Bank for Larimer County.

375 Meadowlark Drive, Berthoud, CO 80513

Brain Injury Alliance of Colorado (BIAC)

(303) 355-9969 or (800) 955-2443

Resource navigation is the foundational support program of BIAC. Program supports survivors, family members, and caregivers and services are provided by phone, email, text, or in-person. All ages can access this free support. Examples of support: finding medical providers, understanding brain injury, filling out paperwork, connecting to community-based resources, and problem-solving. Provides classes, workshops, support groups, educational materials, newsletter, and recreation/social activities. Online referral form: <https://biacolorado.org/referral/> or email info@biacolorado.org

1325 S. Colorado Blvd. #B-300, Denver, CO 80222

Dementia Together

(970) 305-5271

Help for persons striving to live well with dementia and their care partners. Resources, education, and classes for community members, caregivers and persons with dementia. For more information email help@dementiatogether.org.

1540 Main Street, Suite 218/231, Windsor, CO 80550

Disabled Resource Services

Assists people of any age and any disability: physical, visual, auditory, cognitive, or mental/emotional. Provides the following services: information and referral, peer support, advocacy, independent living skills training, transitions from nursing homes, benefits counseling, access to community resources, employment assistance, and medical equipment rentals. Also provides assistance with SSI/SSDI application and Human Services benefits applications. No cost service.

1017 Robertson Street, Unit B, Fort Collins, CO 80524 _____ **(970) 482-2700**

2154 W. Eisenhower Blvd, Unit 5, Loveland, CO 80537 _____ **(970) 667-0816**

House of Neighborly Service

Food, clothing (including some small household items), prescription assistance, past due utility bill assistance, a day shelter for homeless individuals, shelter program for homeless families with children and advocacy for residents living within the Thompson R2-J School District.

Community Life Center, 1511 E. 11th Street, Suite 100, Loveland, CO 80537 _____ **(970) 667-4939**

Berthoud Life Center, 375 Meadowlark Drive, Berthoud, CO 80513 _____ **(970) 532-0161**

Community Assistance Resources (continued)

Neighborhood Services Office

(970) 224-6022

Mediation services and assistance to resolve issues or disputes between neighbors in Fort Collins also provides code and ordinance compliance assistance.

281 N. College Avenue, Fort Collins, CO 80524

Mailing address: P.O. Box 580, Fort Collins, CO 80522

Larimer County Office on Aging

(970) 498-7750

Aging and Disability Resources for Colorado (ADRC) and Family Caregiver Support

A trusted source of information on the full range of long-term services and support options.

Information and referrals to programs, services, and resources for older adults, caregivers, and adults living with a disability and help navigating the options. Provides a comprehensive searchable online service directory, to help individuals find programs and services in Larimer County to meet their needs. Services are provided at no cost.

Si usted habla español, todos estos servicios están disponibles para usted en su idioma.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Options Counseling: One-on-one personalized decision-making assistance to help individuals and their families understand, access and navigate the long-term service and support system including understanding Long Term Care Medicaid eligibility and the application process, public assistance programs, in-home and community care options, and community resources and services.

Support can be provided via phone calls, in-person home visits, or a video conferencing platform. Appointments are required.

Caregiver Support Program: Support for family caregivers through resources, education, classes, respite vouchers, support groups, and care consultations.

Chore Voucher Program: For adults 60+ residing in Larimer County to help with chores around the home and deep cleaning. The Chore Voucher program is a self directed reimbursement program that provides some financial assistance for older adults 60+ who need assistance with household chores. Call for more information about this program.

In-Home Services Voucher Program: Provides light housekeeping and personal care for adults 60+ living in Larimer County who need assistance in their home due to cognitive and/or physical limitations. The Office on Aging contracts with local home care agencies who provide the services. Call for more information about this program.

Application Assistance: Provided to help individuals complete and submit an application for Long Term Care Medicaid and/or Medicare Savings Programs benefits. Support can be provided via phone calls, in-person home visits, or a video conferencing platform. Appointments are required.

Transition Coordination Services Options Counseling (formerly Colorado Choice Transitions- CCT):

Options counseling for individuals with Long Term Care Medicaid benefits who are currently residing in a skilled nursing home in Larimer County, and want to explore their options of moving back to the community from the nursing home with Transition Coordination Services. Individuals must be post-rehab to be eligible for this transition program.

For assistance finding an ADRC in another part of Colorado _____ please call **(844) 265-2372**

Community Assistance Resources (continued)

Loveland Community Life Center

(970) 667-4939

M-Th 9am - 4pm, first Thursday of the month 9am - 7pm; includes services from House of Neighborly Service (basic and emergency services), Angel House (homeless families with children), Neighbor to Neighbor (rental and mortgage assistance), Catholic Charities (Senior Outreach), St. Matthews Medical Clinic (free medical clinic), Volunteer Income Tax Assistance (VITA), Worklife Partnership (advocates in the workplace), Larimer Health Connect, Sunrise Medical Mobile Unit, People Ready (job connections). Clients are seen based on caseworker availability and time allowance.

1151 E. 11th Street, Loveland, CO 80537

Serve 6.8 – The Resource Center

(970) 449-5401

A collaborative effort of local churches to better care for the neighbors in the community who are facing financial hardship and crisis by providing food, clothing, and assistance navigating resources. Services include: connection to financial resources, legal advice, clothing closet, and food pantry. Please call for more information, appointments are required for some services.

1239 E. Drake Road, Fort Collins, CO 80525

Grocery Shopping Assistance

Adopt-A-Neighbor Program

(970) 224-6046

Assists Fort Collins seniors and disabled individuals with grocery shopping and delivery.

Country Supermarket

(970) 586-2702

Assists seniors and disabled persons with in-store grocery shopping

900 Moraine Avenue, Estes Park, CO 80517

Volunteers of America Grocery Shopper Program

(970) 472-9630

Grocery shopping program for seniors and disabled individuals where volunteer drivers pick-up grocery orders from the Fort Collins and Loveland Safeway stores. No cost service, consumer pays for the groceries. Prescription delivery also available.

405 Canyon Avenue, Fort Collins, CO 80521

In-Home Services

See page 33 for home healthcare agencies.

Decluttering Cures

(970) 305-1376

Provides customized decluttering assistance and realistic tips to bring harmony into your home. Learn to adopt new habits to make life more productive by setting goals and objectives. Offering solutions to clear your space and learn strategies and plans to stay organized. Take back your space whether it be a kitchen, living area, closets, or home office. Declutter Cures organizes with your personal needs in mind.

Helpful Hands for Seniors

(970) 290-0110

Licensed cosmetologist who goes into the client's home. Provides pedicures, toenail trims, finger nail trims, manicures, and haircuts, permanents, hair color, shampoo and sets, blow-dry and iron curl for both men and women. Reasonably priced services, loves working with older adults and helping them to look and feel their best. Fee for service, references available. Call for more information.

For Behavioral Health services, please see page 57.

A Wiser Mind

(888) 982-9899

In-home mental health treatment for anxiety, grief, depression, and family counseling including brain activation therapy for dementia, Alzheimer's, and stroke patients. Emotional and cognitive services begin with detailed mental and emotional assessments delivered by licensed therapists. Based on a client's needs, sessions can address emotional issues or challenges adjusting to life-changing events. If memory loss is present, services are tailored to address cognitive challenges, with activities to help with reasoning, language skills, and long-term memory. www.aWiserMind.com

Aging Clinic of the Rockies at CSU

(970) 491-6795

Columbine Health Systems Center for Healthy Aging

Aging Clinic of the Rockies is a non-profit clinic that offers counseling and assessment services.

151 W. Lake Street, 8021 Campus Delivery, Fort Collins, CO 80524

The Aging Clinic of the Rockies offers the following FREE counseling and mentorship services for seniors and caregivers:

Caregiver Mentorship Program

The Caregiver Mentorship Program will match you with an experienced caregiver mentor. Your mentor will provide FREE peer support to help you develop skills related to stress reduction and self-care, responding to caregiving challenges, and tapping into community resources, among others. Having a caregiver mentor could benefit you and your care recipient! One-on-one respite care is available for care recipients while caregivers take part in the program. Services will be provided remotely or in a safe, socially-distanced manner.

Caregiver Support Program

Individual counseling for individuals caring for an older adult, age 60 or older. Caregiving may be a stressful experience and as a caregiver, you may benefit from the support of counseling services. Up to eight sessions of donation based services are available, call for more information.

Senior Peer Counseling

A program that connects older adults age 60 and over, with trained paraprofessionals who are also seniors, to provide emotional and support services. Services are offered on a donation basis and can take place at a location where you and your counselor are most comfortable. Call for more information.

The Aging Clinic of the Rockies also offers the following counseling and assessment services to community members on an affordable sliding fee scale based on gross annual income:

Neuropsychological Assessments

Aging Clinic of the Rockies also provides assessments if you or your loved one are experiencing cognitive or memory difficulties. A neuropsychological assessment may be a helpful tool to determine the best course of action. The assessments evaluates an individual's functioning including cognitive, memory, language, motor, executive, emotional, and adaptive functioning. Call for more information.

General Mental Health Services & Psychotherapy

Therapy can be effective for a number of issues, including life changes, relationships, depression, anxiety, age-related concerns, feeling lonely or isolated and end-of-life concerns. Call for more information.

Counseling (continued)

A Life Empowered, LLC - Ashley Hood

(970) 800-4251

Provides in-home counseling, consulting, coaching, and case/care management for older adults and adults with disabilities. Specializes in aging and disability, life review, transitions, adjustment and coping, chronic illness, oncology, grief, end-of-life care, depression and anxiety, caregiver support, care assessments, care coordination, and medical case management. Accepts Medicare Part B, private pay, and offers a sliding fee scale.

A Peaceful Mind - Nicole Laliberte, LCSW

(303) 525-8331

Senior specific therapy counseling services. Individual, couples and family helping seniors improve mood, retain independence, and increase sense of self. Provides individual, couples and/or family counseling for depression, anxiety, adjustment to changes, grief, loss and aging issues, dealing with family and independence, interconnection of medical and psychological concerns, adjustment to retirement, and loss of sense of purpose. Traditional Medicare accepted. In-home and facility services available.

420 S. Howes, Suite B100, Fort Collins, CO 80521

P.O. BOX 1806, Fort Collins, CO 80522

Alliance for Suicide Prevention of Larimer County

(970) 482-2209

Training for youth and adults about depression and suicide.

525 W. Oak, Suite B10, Fort Collins, CO 80521

Banner Homecare and Hospice

(970) 352-8487

Provides bereavement, grief counseling, and hospice resources.

5628 West 19th St, Suite 1, Greeley, CO 80634

Brenda K. O'Reilly, PhD, Professional, LLC

(970) 613-4172

Licensed clinical psychologist and board certified professional christian counselor has worked with seniors for over 30 years (including in assisted living and long-term care facilities). Provides psychotherapy for a wide variety of life issues, including, but not limited to: transitions/adjustments, grief, anxiety, depression, low self esteem, and relationship issues.

2629 Redwing Road, Suite 316, Fort Collins, CO 80526

Kathleen McKinney, PhD, LCSW

(970) 305-2399

Licensed psychotherapist with experience working with older adults. Has worked with individuals struggling with depression, anxiety, alcohol abuse, relationship issues, chronic illness, bereavement, and grief as well as with individuals diagnosed with severe and persistent mental illnesses (such as schizophrenia and bipolar disorder). \$90/hour, will bill insurance, accepts Medicare and offers a sliding scale fee.

5131 S. College Avenue, Building B, Fort Collins, CO 80525

Life Stance Health

(970) 310-3406

Provides caring support for people of all ages to help them through hard times, broken hearts, painful emotions, and behaviors that don't serve them well. Regardless of the challenge, Heart-Centered Counseling has a therapist with just the right experience to help.

320 W. Olive Street, Fort Collins, CO 80521

Counseling (continued)

LIV Health

(970) 888-4070

Services provided in the individual's home, skilled nursing facility, assisted living facility, independent living facility, and other community settings. Behavioral therapy, cognitive behavioral therapy, depression, grief counseling, mindfulness, and substance abuse treatment. Behavioral health treatment is billed to insurance. Fee for service, a sliding fee scale is offered to individuals without insurance. Medicare/Medicaid and all private insurance accepted.

7950 6th Street, Wellington, CO 80549

Mountain Crest Behavioral Healthcare Center

(970) 207-4800

Provides both inpatient and outpatient counseling for mental health and substance abuse issues including medical intervention and individual or group therapy, and caregiving support groups.

4601 Corbett Drive, Fort Collins, CO 80528

Pathways

(970) 663-3500

Individual, couples and family counseling; facilitated support groups for grief and loss or serious illness.

305 Carpenter Road, Fort Collins, CO 80525

Suicide Hotline

(800) 273-8255

Online emotional support available 24 hours a day, seven days a week.

SummitStone Health Partners

(970) 494-4200

Provides 24-hour crisis stabilization services, along with outpatient mental health and addiction treatment for all ages including individual and group treatment and case management services. Bilingual services, access to primary care, and an in-house pharmacy at some locations.

24/7 Walk-In/Mobile Crisis Services _____ **(970) 494-4200**

24/7/365 care to people of all ages in a behavioral health crisis. Ten-bed Crisis Stabilization Unit for up to five days (ages 18+).

1217 Riverside Avenue, Fort Collins, CO 80524

Fort Collins: Administrative Offices _____ **(970) 494-4200**

4856 Innovation Drive, Fort Collins, CO 80525

Fort Collins: Medicare Clinic and Billing

4102 Timberline Road, Fort Collins, CO 80525

Spirit Crossing Clubhouse

1148 E. Elizabeth Street, Fort Collins, CO 80538

Adult Services _____ **(970) 494-4200**

700 Centre Avenue, Fort Collins, CO 80526

114 Bristlecone Street, Fort Collins, CO 80524

ACT/CDDT: High Intensity Service Teams _____ **(970) 494-9703**

2001 S. Shields, Bldg. G, Fort Collins, CO 80525

Loveland: Adult Services, Primary Care, and Pharmacy _____ **(970) 484-4200**

1250 N. Wilson Avenue, Loveland, CO 80537

Estes Park: Adult Services _____ **(970) 586-9105**

1950 Red Tail Hawk Drive, Estes Park, CO 80517

Counseling (continued)

Weiler Counseling

(303) 909-0177

Provides marriage and family therapy. Works with families working with grief, loss, medical issues, and communication issues. Familiar with caregiving, dementia, aging issues, sexuality and aging, and trauma.

333 West Drake Road, #141, Fort Collins, CO 80526

Vet Center

(970) 221-5176

Counseling for veterans including readjustment counseling for combat theater veterans, military sexual trauma and bereavement counseling for active duty veterans and family members; alcohol and drug referrals, information and referral, PTSD assessment and counseling.

702 W. Drake Road, Building C, Fort Collins, CO 80526

Dental Assistance (low cost)

Family Dental Clinic

Health District of Northern Larimer County

(970) 416-5331

The Health District's Family Dental Clinic offers an array of dental services to meet the needs of older adults. The Family Dental Clinic serves residents of northern Larimer County with Health First Colorado (Colorado's Medicaid Program) coverage, or who have no commercial dental insurance and meet financial guidelines. The Family Dental Clinic offers comprehensive dental services for adults including cleanings, fillings, full and partial dentures, extractions, root canals, and crowns. A dental services guide on our eligibility team will work directly with you to determine clinic eligibility. An appointment with a dental services guide is required prior to your dental visit to ensure you receive the most affordable options for dental care available to you. Patients experiencing pain or infection can usually be seen for an emergency appointment the same day. Hours: M-F 7:30am - 6pm

202 Bristlecone Drive, Fort Collins, CO 80524

The following are descriptions of the various dental services that are part of the Health District:

A sliding fee scale (based on income) is available for people who have applied for, but do not qualify for Health First Colorado (Colorado's Medicaid Program), or people who do not meet the age and/or income guidelines for the Senior Dental Program. Individuals/families with incomes up to 250% of the federal poverty may qualify for dental services if they live in the Health District (Larimer County north of Carpenter Road) .

The Family Dental Clinic accepts the Health First Colorado (Colorado's Medicaid Program) annual adult dental benefits, which renews on July 1 each year. Current dental benefit includes \$1,500 for routine dental care with no co-payments (emergency dental care, partial dentures, and complete dentures are not subject to \$1,500 annual limit).

Dental Assistance (low cost) (continued)

The Family Dental Clinic is a Colorado Senior Dental Program grantee site serving low-income residents of Larimer County over age 60, who do not qualify for Health First Colorado (Colorado Medicaid) dental benefits, dental health insurance or other financial assistance programs. Income guidelines apply. Services are on a first-come, first-served basis, contingent upon available funding.

The Family Dental Clinic works to provide dental care for those with special needs. Its GAP program serves to coordinate dental care under general anesthesia for those with significant intellectual or developmental disabilities who are unable to tolerate dental care in the clinic. A state-of-the-art wheelchair tilt is available at the Family Dental Clinic to better serve those with mobility issues.

Donated Dental Services (DDS) Dental Lifeline Network of Colorado (303) 534-3863

Dental treatment is provided by volunteer dentists. Eligible person: low income seniors age 65+ and persons living with a disability, or individuals who qualify as medically fragile and cannot afford dental care and are not eligible for assistance from Friends of Man, AV Hunter Trust, or any other agency that provides financial assistance for dental work. Emergency services are not included in this program and waitlists are typically long. For more information please visit: dentallifeline.org/colorado/
1800 15th Street Suite 100 Denver, CO 80202

Salud Family Health Centers - Dental Services

Provides general dental services including cleanings and exams, diagnostic services including x-rays, fillings, partials and dentures, crowns and bridges, gum treatment, root canal therapy and oral surgery procedures including extractions. Accepts Medicaid and Delta Dental. Receives funding for the Colorado Dental Health Care Program for Low-Income Seniors and also offers a sliding fee scale based on income. Insurance enrollment and payment assistance available. M-F 8am - 5pm

1635 Blue Spruce Drive, Fort Collins, CO 80524 (970) 484-0999

1830 Laporte Avenue, Fort Collins, CO 80521 (970) 484-0999

1950 Redtail Hawk Drive, Estes Park, CO 80517 (970) 484-0999

Sunrise Loveland Dental (970) 461-8942

Loveland Community Health Center

Provides dental care to all ages, with or without dental coverage. Emergency dental care is available. Sliding scale for low-income patients. Medicaid accepted.

302 3rd Street SE, Loveland, CO 80537

**Are you looking for resources
for yourself or a loved one?**

Visit larimer.org/seniors or
call the Office on Aging at (970) 498-7750.



RESOURCES

Driver Safety & Rehabilitation Programs

Covell Care & Rehabilitation - Driving Rehabilitation

(970) 204-4331

Driving rehabilitation to help families and individuals understand whether or not they should be driving. Occupational therapy services (clinical and behind-the-wheel) provide information around community mobility and driving performance, and the road ahead. Evaluations include physical, visual processing, cognitive skills as they relate to activities of daily living, community mobility, and transportation. Call to learn more.

2350 Limon Drive, Suite D12, Fort Collins, CO 80525

Health Promotion Partners

(970) 493-6667

A driver rehabilitation program for people who need to develop or improve their current driving capacities due to disease, injury, or age-related changes. Driving is a privilege and we strive to balance personal independence with the public safety needs of our community. Services are provided by occupationalist therapists who are certified driver rehabilitation specialists. Includes clinical evaluation (vision, cognition, physical abilities), behind-the-wheel evaluation. We also help with adaptive equipment prescription and training in skills that are essential to driving.

2850 McClelland Drive, Suite 3000J, Fort Collins, CO 80525

Pro31 Safe Senior Driver, LLC

(970) 988-9085 or (303) 653-8864

Conducts in-home senior driving assessments. Includes a driving/on the road portion. Assessment is conducted by licensed physical and occupational therapists who are senior driving rehabilitation specialists. Services provided to individuals in Colorado, Wyoming, and Nebraska.

www.pro31safeseniordriver.org

Education

Community Training

Project Visibility

(970) 498-7754

The goal of Project Visibility is to create an aging services community that is informed, inclusive, and supportive of lesbian, gay, bisexual, and transgender older adults. The training is designed for administrators and staff of nursing homes, assisted living residences, home care agencies, and other senior service providers, as well as residents living in LTC communities, friends, family, and others interested in supporting LGBTQ+ older adults. This program is provided by the Larimer County Office on Aging, Caregiver Support, Long Term Care Ombudsman, and Options for Long Term Care.

Continuing Education

Tips for Job Searching after 50

(970) 498-6600

Discover tips you can use to search for a job successfully after the age of 50.

Front Range Forum

(970) 221-6644

Provides classes and activities for adults who are intellectually curious and dedicated to enriching their lives through life-long learning. **www.fronrangeforum.org**

Education (continued)

Continuing Education (continued)

Osher Lifelong Learning Institute (OLLI) @ Colorado State University **(970) 491-7753**

Join now and become part of a vibrant member-based, member-driven learning community for curious minds of all ages, with special attention to those ages 50 and better! OLLI offers the excitement and joy of learning in a relaxed atmosphere without tests, grades, prerequisites or attendance requirements. Beginning Fall 2021 OLLI will be offering both in-person classes at CSU's Drake Hall in addition to fully interactive online classes provided through Zoom. For more information visit our website: osher.colostate.edu or email us at: OLLI@colostate.edu.

Road Scholar **(800) 454-5768**

Educational tours in all 50 states and 90 countries. Travel and study with local and renowned experts. For more information visit www.roadsscholar.org

Elder Abuse & Protection

AARP ElderWatch **(800) 222-4444 (Option 2)**

If you have been a victim of fraud or a scam, help fight fraud and protect others from being targeted by contacting AARP ElderWatch. A trained AARP volunteer can help talk you through your issue, gather information, and refer you to the appropriate agency to file a complaint.

www.aarp.org/aarp-foundation/our-work/income/elderwatch/

Adult Protective Services **(970) 498-7770**

Larimer County Department of Human Services

Adult Protective Services receives reports of mistreatment or neglect of at-risk adults who, due to age or disability, are unable to advocate for themselves. Following an assessment, Adult Protective Services will make referrals to implement services to reduce risk and prevent further mistreatment.

1501 Blue Spruce Drive, Fort Collins, CO 80524

If abuse or exploitation of an at-risk elder or an adult with intellectual or developmental disabilities (IDD) is observed, or you have a reason to believe that an at-risk elder or adult with IDD has been abused or exploited, or is at risk of being abused or exploited, then report that person to a law enforcement agency within 24 hours after the observation or discovery. See page 50 in this guide for law enforcement telephone numbers.

Alternatives to Violence **(970) 669-5150 (After Hours Crisis Line, press option 1)**

Provides shelter, advocacy, education, and resources for people impacted by domestic violence, sexual assault, and human trafficking. We offer victims the opportunity to heal both emotionally and physically in a supportive environment and provide emergency shelter, safety planning, advocacy, information and referrals to local resources, crisis intervention, and in some cases longer-term housing.

541 E. 8th Street, Loveland, CO 80537

Crossroads Safehouse **(970) 482-3502**

Domestic violence services including emergency shelter, advocacy, legal assistance referrals, transitional housing, education, and support groups.

421 Parker Street, Fort Collins, CO 80525

Elder Abuse & Protection (continued)

Don't Take the Bait - Prevent Elder Abuse

Between 2019-2020, 27 percent of the reports to Colorado Protective Services were for financial exploitation resulting in a loss of just over \$26.9 million. Never include any financial information or social security numbers in emails or share them with another person or organization unless YOU made a transaction with a legitimate organization. DO NOT give your social security number, bank account number, credit card number or other personal information to anyone who calls you on the phone unless YOU made the call to a legitimate organization. For more information and a list of active scams occurring in our community, visit: <https://www.larimer.org/information/frauds-scams>

To report a scam, contact your local law enforcement:

Larimer County Sheriff's Office (970) 416-1985

Estes Park Police Department (970) 586-4000

Fort Collins Police Services (970) 221-6540

Loveland Police Department..... (970) 667-2151

Long Term Care Ombudsman Larimer County Office on Aging **(970) 498-7750**

Serves individuals living in an assisted living home or skilled nursing home and any individual with long-term care questions and concerns. Can provide advocacy and help with investigating and resolving complaints, and mediate conflicts in assisted living communities and skilled nursing homes in Larimer County. Provides unbiased consultations and education on the daily operations, resident rights, and regulations of long-term care homes including assistance looking for an assisted living home or skilled nursing home community in Larimer County.

1501 Blue Spruce Drive, Fort Collins, CO 80524

SAVA Center **24-hr. Rape Crisis Hotline: (970) 472-4200**

The Sexual Assault Victim Advocate (SAVA) Center provides a 24-hour rape crisis hotline for victims, their families and friends, crisis intervention, advocacy and counseling for all those affected by sexual violence in northern Colorado while also providing prevention programs through community outreach and education.

4812 S. College Avenue, Fort Collins, CO 80525 _____ **(970) 472-4204**

1570 W. 1st Street, Loveland, CO 80537 _____ **(970) 775-2962**

State PACE Ombudsman Program Disability Law Colorado **(303) 722-0300**

The State PACE Ombudsman is charged with establishing statewide policies to identify, investigate, and seek the resolution on behalf of a PACE participant related to any action, inaction, or decision of a PACE provider that may adversely affect the health, safety, welfare, or rights of the PACE participant.

455 Sherman Street, #130, Denver, CO 80203

Stop Fraud Colorado **(Colorado Consumer Line) (800) 222-4444**

Developed by the Consumer Protection Section of the Colorado Attorney General's Office to support the mission of protecting consumers and businesses from the unscrupulous behavior of fraudsters operating throughout the state. Visit the website for information on disaster, digital, mail, telemarketing, Medicaid, creditor fraud, and other common scams. www.stopfraudcolorado.gov

Employment Assistance

Colorado Division of Vocational Rehabilitation

(970) 207-6464

Assists persons with disabilities with employment opportunities, job training, and support in the workplace.

2850 McClelland Drive, Suite 2000, Fort Collins, CO 80525

Larimer County Economic & Workforce Development

Provides information and assistance on effective job search techniques and strategies. Offers one-on-one services and group workshops and training for updating or retooling skills for job seekers who have been laid off or are considering a career change.

200 W. Oak Street, Suite 5000, Fort Collins, CO 80521

(970) 498-6600

(By Appointment Only) Estes Park, CO 80517

(970) 577-2152

Senior Community Services Employment Program (SCSEP)

(970) 966-8390

The Senior Community service Employment Program (SCSEP) is a federally subsidized, community service, and work-based program for qualified, unemployed, low income individuals age 55 and older. Program participants are paid minimum wage (\$12.32/hour) while performing a variety of community service activities at non-profit or public/government partner agencies. The goal of the program is to help participants remove barriers to employment and transition into regular/unsubsidized part-time or full-time employment. Enrollment priority is given to individuals who are veterans, are over age 65, have a disability, have limited English proficiency or low literacy skills, reside in a rural area; have low employment prospects, or are homeless or at risk for homelessness. Please call for more information and other eligibility requirements.

150 E. 29th Street, Suite 235, Loveland, CO 80538

Financial Assistance

Public Assistance Programs

Old Age Pension (OAP)

(970) 498-6300

To receive OAP benefits, you must meet the following criteria: be 60 years of age or older, be a United States citizen, a naturalized citizen, or an eligible legal resident of the United States for the five years preceding application, and a Colorado resident, meet income limit (effective 2021 - \$832 or below), and meet resource limit of \$2,000 for an individual or \$3,000 for a married couple.

OAP provides financial assistance up to \$832 per month. Any other income, such as social security benefits, supplemental security income (SSI), or veteran's assistance etc. may reduce the amount of OAP benefits.

Individuals age 60-64 may be eligible for Colorado's OAP Health Care Program (OAP-A) benefits and individuals receiving OAP benefits that don't qualify for Medicaid may also receive medical benefits via OAP-B, although these benefits focus more on immediate medical needs instead of long-term care. Via the OAP Health Care Program (OAP-A), services may include emergency transportation, home health, hospice, outpatient care, pharmacy, medical supplies and durable equipment, and more. Financial benefits are issued through an electronic benefit transfer (EBT) card which works like a debit card at a grocery store or ATM machine.

For assistance with this application, you can contact Catholic Charities (see listing on page 6) or Disabled Resource Services (see listing on page 11).

Financial Assistance (continued)

Public Assistance Programs (continued)

Supplemental Nutrition Assistance Program (SNAP) Food Assistance Program (970) 498-6300

SNAP is a food assistance program in Colorado that provides food benefits to low-income individuals. Benefits are issued on an electronic benefit transfer (EBT) card which can be used at most grocery stores and some farmers markets to buy food. All individuals who do not meet federal exemption criteria must register for work, accept an offer of suitable work and take part in the Employment First Program. With the Double Up Food Bucks Colorado program, for every \$1 spent at a participating farmers market, you will receive another \$1 to spend on Colorado-grown fruits and vegetables (up to \$20 per visit) For more information on the Double Up Food Bucks Colorado program please call: (720) 573-3617 or visit doubleupcolorado.org

To apply for SNAP/food assistance, please apply online through Colorado.gov/PEAK.

If you would like assistance completing the application over the phone, please contact Hunger Free Colorado (855) 855-4626 or visit hungerfreecolorado.org

If you would like an application mailed to you, please call Larimer County Human Services.

Larimer County Human Services (970) 498-6300

1501 Blue Spruce Drive, Fort Collins, CO 80524

200 Peridot Avenue, Loveland, CO 80537

For more information and/or the income guidelines, please call or visit:

fns.usda.gov/snap/recipient/eligibility

Aid to the Needy Disabled (AND) (970) 498-6300

Colorado's Aid to the Needy Disabled (State AND) program provides a cash payment. To qualify for State AND you must: be age 18-59, be a United States citizen or a legal resident of the United States, be a resident of Colorado, cooperate with alcohol or controlled substance programs, remain substance free if your disability primary diagnosis is drug or alcohol addiction and have been, or expect to be totally disabled for six months or more. Your gross monthly income must be below \$217 per month and resources below \$2,000 for individuals, and \$3,000 for married couples. Resources include, but are not limited to cash, checking and savings accounts, stocks, bonds, some insurance policies, and secondary property. Your primary residence, a car, personal belongings, household goods, and some burial policies and life insurance policies are exempt. If you would like an application mailed to you, please call Larimer County Human Services.

Burial and Cremation Assistance (970) 619-4493

Larimer County Department of Human Services

The Burial Assistance Program provides financial assistance to eligible, low-income Larimer County residents to help with the cost of a funeral, burial, or cremation for individuals whose estates do not have sufficient resources to pay the cost. Requirements include: individual must be a Larimer County resident at the time of death, be a recipient of Medicaid or on a "Burial Approved Program" at time of death, and meet the resource guidelines established for the program. Call or email for more information: SIMS@larimer.org.

Financial Assistance (continued)

Public Assistance Programs (continued)

Larimer County Department of Human Services

(970) 498-6300

Adult Medicaid, Aid to the Needy Disabled (AND), food assistance/SNAP, Long Term Care Medicaid, Old Age Pension (OAP).

1501 Blue Spruce Drive, Fort Collins, CO 80524

200 Peridot Avenue, Loveland, CO 80537

Social Security Administration

National (800) 772-1213

Social Security and Supplemental Security Income

301 S. Howes Street, 4th Floor, Fort Collins, CO 80521

Local (866) 336-7385

Social Security Disability Programs

Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) are both federal programs that provide cash payments to people who meet the federal definition of “disabled.”

SSI is designed to meet the basic needs of elderly, blind, and disabled individuals who would otherwise have a hard time paying for food and shelter. SSI has very strict financial requirements, making it what is known as a “means-tested” benefit. The monthly benefit for SSI in Colorado is \$794. Typically a person who receives SSI immediately qualifies for Medicaid benefits.

SSDI is a program that is typically available to any person who meets disability eligibility and has paid into the Social Security system for a least ten years, regardless of that person’s current income and assets. Since SSDI is based on the beneficiary’s earnings record, SSDI benefits vary widely when it comes to the amount of money provided. The average benefit in 2021 was \$1,277 per month. If an individual’s SSDI benefit is less than the SSI benefit (\$794), that individual may also be eligible for SSI benefits. SSDI beneficiaries are eligible to receive Medicare 24 months after they are deemed eligible for SSDI benefits.

To apply for SSI and SSDI please contact your local Social Security office to make an appointment:

National: 1-800-772-1213 or Local: 1-866-336-7385

Agencies

Catholic Charities of Larimer County

(970) 484-5010 x1

An Energy Outreach Colorado (EOC) Partner. Provides emergency assistance for bus passes, and utility shutoffs (when funds are available). Services are offered at no cost.

460 Linden Center Drive, Fort Collins, CO 80524

Financial Assistance (continued)

Agencies (continued)

City of Fort Collins Utilities

(970) 212-2900

Income Qualified Assistance Program (IQAP)

Fort Collins Utilities partners with LEAP to save you even more money on your utility bill. IQAP is a reduced electric, water, and/or wastewater rate that provides 23% off certain elements of these services. Customers enrolled in LEAP are eligible to participate in the program. fcgov.com/IQAP

Medical Assistance Program (MAP)

Qualifying households that require medically necessary electrical equipment or air conditioning may receive a discounted electric rate. Apply online or call to request an application. Doctor certification required. fcgov.com/MAP

222 Laporte Avenue, Fort Collins CO 80524

Crossroads Ministry of Estes Park

(970) 577-0610

Provides food, vouchers for laundry, showers, clothing, limited housing, utility shut-off, and medical bills and prescription medications assistance. Also provides training in money management and energy efficiency for low-income households. Services limited to residents of Estes Valley.

851 Dry Gulch Road, P.O. Box 3616, Estes Park, CO 80517

Energy Outreach Colorado (EOC)

(866) Heat Helpline (866) 432-8435

If it is between November 1 and April 30, apply for heating assistance through LEAP (See LEAP listing on page 26 for more information). If you have a letter from LEAP saying you do not qualify for LEAP assistance, you may still apply for heating assistance through an Energy Outreach Colorado (EOC) partner agency by calling the Heat Helpline. If it is between May 1 and October 31, LEAP does not accept applications, but you can apply for heating assistance through an EOC partner agency by calling the Heat Helpline or visit: www.energyoutreach.org/get-help/paying-your-energy-bill

GreenPath Financial Wellness

(800) 550-1961

Provides household budget assessment, personalized plan of action, lifestyle planning, housing and pre-planning for housing, bankruptcy counseling, debt management, credit report review, and reverse mortgage counseling. Fees may apply for some services.

2850 McClelland Drive, Suite 3000, Fort Collins, CO 80525

House of Neighborly Service

An Energy Outreach Colorado (EOC) Partner, past due utility assistance, limited prescription assistance, limited gas vouchers for medical appointments, job interviews or to get to work, and other referrals for residents living within the Thompson R2-J School District.

Community Life Center, 1511 E. 11th Street, Suite 100, Loveland, CO 80537 _____ **(970) 667-4939**

Berthoud Life Center, 375 Meadowlark Drive, Berthoud, CO 80513 _____ **(970) 532-0161**

La Familia/The Family Center

(970) 221-1615

An Energy Outreach Colorado (EOC) Partner. Provides utility assistance to Larimer County residents who need help paying their past due utility bills. M-F 8am - 12pm and 1 - 5pm appointment preferred.

309 Hickory Street #5, Fort Collins, CO 80524

Financial Assistance (continued)

Agencies (continued)

Low Income Energy Assistance Program (LEAP)

Toll Free (888) 775-5327

Discover Goodwill

(To Submit Application) FAX (719) 633-9098

Provides financial assistance for heating costs to low-income households with income up to 165% of the Federal Poverty Limit (FPL). Applicant must be responsible for paying heating costs to an energy provider, fuel dealer, or as part of their rent, be a permanent legal resident or have household members who are U.S. citizens. Applications accepted by mail November 1 through April 30.

www.discovermygoodwill.org/programs/leap

P.O. Box 39200, Colorado Springs, CO 80949

Neighbor to Neighbor

(970) 484-7498

First month's rent assistance, homelessness prevention assistance, housing search assistance, HomeShare, affordable housing, homebuyer education classes, reverse mortgage counseling, and foreclosure prevention counseling. **www.n2n.org**

1550 Blue Spruce Drive, Fort Collins, CO 80524

(970) 484-7498

Community Life Center, 1511 E. 11th Street, Loveland

(970) 663-4163

The Salvation Army - Fort Collins

(970) 207-4472

Provides emergency assistance for residents living in Fort Collins. Clothing and hygiene products. Food baskets for homeless one time per week daily 8:15-9:30am, Food baskets and laundry for families. M-F 10am - 4pm by appointment.

3901 S. Mason Street, Fort Collins, CO 80525

The Salvation Army - Loveland/Berthoud

(970) 699-8380

Provides emergency assistance for residents living in Loveland and Berthoud. Rent and deposit assistance, medical respite shelter for people experiencing homelessness, clothing and hygiene products, food baskets and snacks, dog and cat food, computer classes for seniors. Summer camp for youth ages 7-17 years old.

840 N. Lincoln Avenue, Suite 101 Loveland, CO 80537

Foundations

A.V. Hunter Trust, Inc. (Funds For One)

(303) 399-5450

Financial assistance for vision aids, hearing aids, durable medical equipment, dental care including fillings, extractions, partials and dentures. Assistance given one time only. All inquiries and applications must be submitted online by a third party agency/professional.

<http://avhuntertrust.org>

Friends of Man

(303) 798-2342

Financial assistance for mobility equipment, home modifications, medical equipment and procedures, hearing aids, dentures, and eyeglasses. Applications must be submitted by a third party agency/professional.

www.friendsofman.org

Food

For information on food assistance or SNAP for older and disabled adults, please see page 23.

Senior Lunch Programs

Estes Park Senior Citizens Center, Inc.

(970) 581-2195

Offers lunch M-F at 11:45am catered by the Big Horn Restaurant. Menu is published weekly in Estes Park News, cost of lunch is \$5 for members, \$10 for non-members with reservations required by 1pm by the previous business day. Annual Membership fee \$30. All ages welcome. Call for more information. Hours M-F 10am-1pm. Coffee, tea, and snacks served during business hours.

1760 Olympian Lane, Estes Park, CO 80517

Volunteers of America Senior Dining Centers

(970) 472-9630

Meals served Monday through Friday. No charge for adults 60 and over; donations are accepted. Reservations are required by 1:30pm the previous day. See the following schedule for meal sites.

405 Canyon Avenue, Fort Collins, CO 80521

Volunteers of America: Smiling Spoon Sites & Locations

For individuals 60 years of age and older, good food, food friends, entertainment, and better health! We want you! Join the fun and become part of a larger vibrant Senior community. Lunch is served at noon at all locations. Milk is provided with meals. For reservations and cancellations, please call (970) 472-9630 before 1:30pm the business day before you are planning on dining. The suggested donation for those 60 and older is \$2.50. Guests under the age of 60 are welcome and must pay \$12.00.

	Mon	Tues	Wed	Thurs	Fri
FORT COLLINS SENIOR CENTER 1200 Raintree Drive, Fort Collins	OPEN	OPEN		OPEN	OPEN
OAKBROOK I 3200 Stanford Road, (Fort Collins	OPEN		OPEN		OPEN
OAKBROOK II 3300 Stanford Road, Fort Collins	OPEN		OPEN		OPEN
NORTHSIDE AZTLAN CENTER 112 East Willow, Fort Collins		OPEN		OPEN	
SANCTUARY APARTMENTS 3732 Kunz Court, Fort Collins			OPEN		
CHILSON SENIOR CENTER 700 East 4th Street, Loveland	OPEN	OPEN		OPEN	OPEN
WELLINGTON SENIOR CENTER 3800 Wilson Avenue, Wellington	OPEN		OPEN		OPEN
BELLVUE GRANGE 2929 North County Road 23, Bellvue				OPEN	
BERTHOUD SENIOR CENTER 248 Welch Avenue, Berthoud				OPEN	

Food (continued)

Meals-on-Wheels

Estes Valley Meals on Wheels

(970) 480-1082

Crossroads Ministry of Estes Park

Home delivery of hot meals serving homebound individuals in Estes Valley M-F. Participants should call no later than 2pm Tuesday the week before they wish to begin receiving meals. Volunteers deliver meals between 11am and 12:30pm. Menus are provided one month in advance. Participants must be home to receive meals. Frozen meals may be ordered and delivered in advance to cover weekends and holidays. Cost varies according to need; participants will be billed monthly.

815 Dry Gulch Road, Estes Park, CO 80517

Meals on Wheels Fort Collins

(970) 484-6325

Home delivered hot meals to homebound individuals in Fort Collins M-F. Meal cost \$5, sliding scale available. Call for more information.

1217 E. Elizabeth Street, #11, Fort Collins, CO 80524

Meals on Wheels of Loveland & Berthoud

(970) 667-0311

Hot and/or frozen meals delivered to homebound individuals in Loveland/Berthoud M-F. This program is offered at no cost for people age 60 and older. Donations are appreciated.

437 N. Garfield Avenue, Loveland, CO 80537

Volunteers of America Meals on Wheels

(970) 472-9630

Home delivered frozen meals provided weekly (box of either five or seven meals) to homebound individuals in Fort Collins and some rural areas. No charge for adults 60 and over; donations are accepted.

405 Canyon Avenue, Fort Collins, CO 80521

Food Distribution

Crossroads Ministry of Estes Park

(970) 577-0610

Provides food, vouchers for laundry, showers, clothing, limited housing, utility shut-off, and medical bills and prescription medications. Also provides training in money management and energy efficiency for low-income households. Services limited to residents of Estes Valley.

851 Dry Gulch Road, P.O. Box 3616, Estes Park, CO 80517

Food Bank of Larimer County (Food Share)

(970) 493-4477

Food for individuals living in Larimer County that meet income guidelines. Individuals may use either location. Call for income guidelines.

1301 Blue Spruce Drive, Fort Collins, CO 80524 Tu-Sa 10am-3pm

2600 N. Lincoln, Loveland, CO 80537 Tu-Sa 10am - 3pm

Food (continued)

Hospitality Center and Kitchen

(970) 484-5010 x1

Catholic Charities of Larimer County

No cost lunch served M-Sun.

460 Linden Center Drive, Fort Collins, CO 80524

House of Neighborly Service

Clients may receive one regular food basket which includes meat, milk and eggs, or two homeless food baskets per month for residents living within the Thompson R2-J School District. Referrals are also given for other food sources.

Community Life Center, 1511 E. 11th Street, Suite 100, Loveland, CO 80537 _____ **(970) 667-4939**

Berthoud Life Center, 375 Meadowlark Drive, Berthoud, CO 80513 _____ **(970) 532-0161**

Loveland Community Kitchen

(970) 278-1726

Meals provided seven days a week. No charge for meals but donations are accepted.

Lunch: Sat-Sun 3 - 4:30pm

Evening meal: M-F 5 - 6:30pm

427 N. Garfield Avenue, Loveland, CO 80537

The Salvation Army - Fort Collins

(970) 207-4472

Provides emergency assistance for residents living in Fort Collins. Clothing and hygiene products.

Food baskets and laundry for people experiencing homelessness one time per week daily 8:15 - 9:30am, Food baskets for families M-F 10am - 4pm by appointment.

3901 S. Mason Street, Fort Collins, CO 80525

The Salvation Army - Loveland/Berthoud

(970) 699-8380

Provides emergency assistance for residents living in Loveland and Berthoud. Rent and deposit assistance, medical respite shelter for people experiencing homelessness, clothing and hygiene products, food baskets and snacks, dog and cat food, computer classes for seniors. Summer camp for youth ages 7-17 years old.

840 N. Lincoln Avenue, Suite 101 Loveland, CO 80537

Serve 6.8 - The Resource Center

(970) 449-5404

A collaborative effort of local churches to better care for the neighbors in the community who are facing financial hardship and crisis by providing food, clothing, and assistance navigating resources under one roof. Services include: connection to financial resources, legal advice, clothing closet, and food pantry. Please call for more information, appointments are required for some services.

1239 E. Drake Road, Fort Collins, CO 80525

Nutrition Services

Chefs for Seniors

(720) 726-1953

We take the worry out of planning, shopping for and preparing meals. It's the solution to help the senior population age in place, enjoy nutritious meals, and have the opportunity to chat with a friendly chef while the chef prepares the meals in the client's home. Fee for service.

S. Lemay Avenue, Fort Collins, CO 80525

Food (continued)

Nutrition Services (continued)

Globally Inspired Kitchen

(812) 805-0408

Home delivered meal provider. Medicaid approved provider for Long Term Care Medicaid waiver programs. Provides nourishing meals including organic meals. Offers two, four and six-month meal plans for cost savings. Accepts LTC Medicaid and private pay.

650 Weaver Park Road, Longmont, CO 80501

Volunteers of America - Nutrition Counseling

(970) 472-9630 Ext. 11

Free one-on-one nutrition counseling with a registered dietitian for older adults 60+ who reside in Larimer County. Includes initial home consultation and follow-up visits for extra support. Program addresses nutritional concerns for diabetes, high blood pressure, high cholesterol, heart disease, kidney disease, weight loss or gain, osteoporosis, loss of appetite, healthier eating, and ways to save money. Call for more information or to schedule an appointment.

405 Canyon Avenue, Fort Collins, CO 80521

Health Insurance Counseling

Larimer Health Connect

(970) 472-0444

Larimer Health Connect is a free service that helps people find the best options for health insurance to meet their family's health needs and budget. Trained staff provides free, impartial, virtual, and in-person assistance with no-cost and lower-cost health insurance plans, including Health First Colorado (Medicaid), Child Health Plan Plus (CHP+) and plans from the Connect for Health Colorado Marketplace. Visit larimerhealthconnect.org or call to schedule an appointment.

144 N. Mason, #7, Fort Collins, CO 80524

Senior Health Insurance Assistance Program (SHIP)

(888) 696-7213

Counsels people free of charge about Medicare benefits, appeals, medigap insurance, employer health plans, and long-term care insurance.

UCHealth Senior Services/Aspen Club

(970) 495-8560

The Aspen Club is contracted with the State of Colorado as the Senior Health Insurance Assistance Program (SHIP) in Larimer County. They provide assistance, free of charge, about Medicare benefits, supplemental insurance, Medicare Advantage Plans, prescription drug plans and how Medicare works with employer plans. Information on Medicare Savings Programs and assistance with Low Income Subsidy (LIS) applications. LIS provides assistance with Medicare Part D premiums and co-payments.

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Health Promotion & Wellness

For additional information about wellness classes, see page 85.

CSU/Larimer County Extension for Healthy Living

(970) 498-6000

Information and education on healthy living, nutrition and consumer/family issues, including resources for healthy aging and grandparents raising grandchildren.

1525 Blue Spruce Drive, Fort Collins, CO 80524

Health Promotion & Wellness (continued)

Health District of Northern Larimer County

(970) 224-5209

Heart-health screenings, heart disease prevention, blood pressure checks, cholesterol tests, and smoking cessation with individualized counseling. Additional screenings available at other locations. Call for more information.

120 Bristlecone Drive, Fort Collins, CO 80524

Larimer County Department of Health & Environment

Communicable disease information. Health screenings and assessments for sexually transmitted diseases. Vaccinations for adults including travel vaccinations. Clinics in Fort Collins, Loveland and Estes Park. Includes services for Medicaid, under-insured and uninsured clients, cannot bill private insurance.

www.larimer.org/health

1525 Blue Spruce Drive, Fort Collins, CO 80524 _____ **Fort Collins (970) 498-6700**

200 Peridot Avenue, Loveland, CO 80537 _____ **Loveland (970) 619-4580**

1601 Brodie Avenue, Estes Park, CO 80517 _____ **Estes Park (970) 577-2060**

McKee Community Wellness

(970) 810-6633

Wellness Services at McKee Medical Center provides education and support that allows for healthier lifestyles and an improved quality of life for all ages including tai chi and matter of balance.

2000 N. Boise Avenue, Loveland, CO 80538

Sound Affects

(585) 298-6282

Music programming connects professional musicians with elder individuals living in senior care facilities or at home. Through live performance, one-on-one residencies, and advocacy, Sound Affects meets the needs of those who are prone to isolation and who cannot access public music in the ways that they wish. Sound Affects is an evolving platform for both older adults and musicians to use music to engage in their larger community and to experience mutual and lifelong esteem.

Su Familia

(866) 783-2645

National Hispanic Family Health Hotline

Provides culturally and linguistically-proficient access to health services and information to the Hispanic community regardless of insurance.

UCHealth Senior Services/Aspen Club

Program benefits include health education, screenings, hospital discounts and social opportunities to resident's ages 50+ throughout northern Colorado.

1025 Garfield Street, Suite A, Fort Collins, CO 80524 _____ **Fort Collins (970) 495-8560**

urHealthcare Advocate, Inc.

(970) 692-1044

Works to empower patients - minimize stress and maximize healthcare benefits by helping our clients effectively and efficiently navigate the dysfunctional healthcare system. Ensures clients are fully informed before making important decisions. Acts as a communication liaison between the patient, their providers, insurers, and families.

Women's Wellness Connection

(866) 951-9355

American Cancer Society

Provides breast and cervical cancer screening (clinical breast exams, pap tests, pelvic exams, and mammograms) at a number of Larimer County sites. Income guidelines apply. Call for screening and eligibility.

Hearing

Cap Tel (Captioned Telephones)

Cap Tel uses voice-recognition technology to display verbatim captions of the other party's conversation on the telephone's screen, allowing the person with hearing loss to hear and read all comments. For more information and to find out if you qualify for a free Cap Tel phone, please call:

VP (720) 949-7457

V (303) 866-2097

V (877) 473-4003

OEI Cap Tel Education, Outreach & Installations _____

(VP = Video Phone V= Voice)

Larimer County Hearing Aid Bank

(970) 443-4962

Provides reconditioned hearing aids at a low-cost to approved applicants. An audiogram completed within one year must be provided by applicant. Also provides help with repair. Approved applicants will be billed on a sliding fee scale based on income.

Relay Colorado

A free public service that enables people with hearing loss or speech loss who use a teletypewriter (TTY) or other assistive device to communicate with standard telephone users. The conversation is relayed between two parties by a specially trained Relay Colorado communications assistant. Available 24 hours a day, 365 days per year. Sprint is the current state provider.

Contact for more information _____

Voice/TTY 711 or (800) 659-3656

Speech to Speech 711 or (877) 659-4279

Spanish 711 or (800) 337-3242

Speech-Language Pathology and Audiology Clinic

(970) 351-2012

Diagnostic and rehabilitative services to individuals with speech, language, hearing, and/or balance difficulties. Sliding fee scale is available for those who qualify for services only.

University of Northern Colorado, Gunter Hall, #0330, Greeley, CO 80639

1828 10th Avenue, Greeley, CO 80631

STAY INFORMED

**Are you looking for ways to stay up-to-date?
Do you need help to find resources?
The Larimer County Office on Aging is here to help.**

**Follow us on Facebook @LCOAofColorado
Visit our webpage at larimer.org/seniors for news
and events.**



Home Health Care Agencies

Home care helps make it possible for people to remain at home rather than use residential, long-term, or institutional-based nursing care. In Colorado, home care agencies are required to be licensed and there is a distinction between “home health care” and “home care” agencies.

Home Health Care Agency – medical home care services are provided by registered nurses, certified nursing assistants, physical, speech, and occupational therapists, social workers, and dietitians. Services may include medical or psychological assessments, wound care, medication management, pain management, disease education, physical therapy, and speech and occupational therapy.

Home Care Agency – non-medical home care services are provided by home care aides and certified nursing assistants. Services may include assistance with shopping, companionship and supervision, house cleaning, and errands as well as activities of daily living (ADLs) such as bathing, eating, hygiene, dressing, and ambulation.

The Colorado Department of Public Health & Environment is responsible for the licensing and monitoring of both the medical and non-medical home care agencies in Colorado.

They can be reached at **(303) 692-2910** or **(800) 842-8826**

Or visit: www.colorado.gov/pacific/cdphe/home-care-agencies-consumer-resources

Agency	Medical Services	Non-Medical Services	Medicaid Accepted
A Little R and R Home Care 1966 W. 15th Street , Suite 1, Loveland, CO 80538 (970) 667-1067	No	Yes	Yes
Ability Home Health Care 138 E. 4th, Suite 3, Loveland, CO 80537 (970) 658-6509	Yes	No	Yes
Accentcare Home Care and Hospice 4065 St. Cloud, Suite 200, Loveland, CO 80538 (970) 346-9700	Yes	No	Yes
Alexander Home Healthcare 8010 S. County Road 5, Unit 101,Windsor, CO 80528 (970) 682-2632	Yes	Yes	Yes
Alpha Omega Home Health Care, Inc. P.O. Box 113, Mead, CO 80542 (970) 266-2527	Yes	Yes	No
Amada Senior Care of Northern CO 2850 McClelland Drive, Suite 1900, Fort Collins, CO 80525 (970) 237-5747	No	Yes	No
Amazing Care Home Health 5285 McWhinney Blvd, Suite 160, Loveland, CO 80538 (970) 286-6980	Yes	No	Yes
Aveanna Healthcare 301 N. Howes Street, Suite 110, Fort Collins, CO 80521 (970) 416-6481	Yes	No	Yes

Home Health Care Agencies (continued)

Agency	Medical Services	Non-Medical Services	Medicaid Accepted
Banner Home Care Colorado 1810 N. Boise Ave, Loveland, CO 80538 (970) 820-4435 - Loveland (970) 810-6222 - Greeley	Yes	No	Yes
Bayada Home Health Care 5285 McWhinney Blvd, #140, Loveland, CO 80538 (970) 282-8500	Yes	No	Yes
BrightStar Care 3880 N. Grant Avenue, Suite 180, Loveland, CO 80538 (970) 667-7778	Yes	Yes	No
Canyon Home Care and Hospice of Loveland 4850 Hahns Peak Drive, Loveland, CO 80538 (970) 330-5655	Yes	No	Yes
Caring Hearts 6801 W. 20th Street #207, Greeley, CO 80634 (970) 378-1409	Yes	No	Yes
Caring Senior Service of Fort Collins Home Care 333 W. Drake Road, Suite 22, Fort Collins, CO 80526 (970) 672-1734	No	Yes	No
Charter Healthcare 1562 Taurus Court, Loveland, CO 80537 (970) 667-2273	Yes	Yes	Yes
Columbine Poudre Home Care Bloom At Home 915 Centre Avenue, Suite #2, Fort Collins, CO 80526 (970) 482-5096	Yes	Yes	Yes
ComForCare Home Care - Fort Collins 541 Garden Drive, Unit O, Suite 100, Windsor, CO 80550 (970) 460-9947	Yes	Yes	Yes
Comfort Guardians Home Care 2751 Port Place, Fort Collins, CO 80524 (970) 488-9835	No	Yes	No
Craft Health 1650 38th Street, Ste 101-E, Boulder, CO 80301 (720) 274-5974	Yes	Yes	Yes
Encompass Home Health of Colorado 2171 Citrine Court, Loveland, CO 80537 (970) 493-8500	Yes	No	Yes
Estes Park Home Health Care 555 Prospect Avenue, Estes Park, CO 80517 (970) 586-2273	Yes	Yes	Yes
First Light Home Care 361 71st. Avenue, Suite 104, Greeley, CO 80634 (970) 515-5025	No	Yes	No

Home Health Care Agencies (continued)

Agency	Medical Services	Non-Medical Services	Medicaid Accepted
Good Samaritan Society Services at Home 2101 S. Garfield Avenue, Suite 124, Loveland, CO 80537 (970) 624-5468	No	Yes	No
HomeCare of the Rockies, Inc. 7105 La Vista Place, Suite100, Longmont, CO 80503 (720) 204-6083	No	Yes	No
Home Helpers Home Care 1635 Foxtrail Drive, #117, Loveland, CO 80538 (970) 776-4376	No	Yes	No
Home Instead 251 Boardwalk Drive, Fort Collins, CO 80525 (970) 494-0289	No	Yes	No
HomeWatch Caregivers (Caregivers Inc.) 1220 W. Ash Street, #C, Windsor, CO 80550 (970) 674-9723	No	Yes	Yes
HomeWell Senior Care 3001 N. Taft Avenue, Suite 100 , Loveland, CO 80538 (970) 461-4799	No	Yes	No
Humble Horizon Home Health 223 Linden Street, Suite 202, Fort Collins, CO 80524 (970) 305-0301	Yes	Yes	No
InnovAge Home Care North 1303 E. 11th Street, Loveland, CO 80537 (970) 663-9168	Yes	Yes	No
Interim Healthcare of Fort Collins 2000 Vermont Drive, #100, Fort Collins, CO 80525 (970) 472-4180	Yes	Yes	Yes
Just as Family, LLC 1136 E. Stuart, #4-203-A, Fort Collins, CO 80525 (970) 567-3804	No	Yes	No
Live, Love and Laugh Homecare, LLC 3307 S. College Avenue, Suite 218, Fort Collins, CO 80525 (970) 225-0916	No	Yes	No
Maxim Healthcare Services 3665 John F. Kennedy Parkway, Building 2 #330, Fort Collins, CO 80525 (970) 493-9300	Yes	No	Yes
PeopleCare Health Services North Office 200 E 7th Street, #716, Loveland, CO 80537 (720) 863-1508	No	Yes	Yes
Preferred Care at Home 1635 Foxtrail Drive, #303, Loveland, CO 80538 (970) 232-3123	No	Yes	Yes
Preferred Home Health 2802 Madison Square Drive, Suite 100, Loveland, CO 80538 (970) 776-1970	Yes	No	Yes

Home Health Care Agencies (continued)

Agency	Medical Services	Non-Medical Services	Medicaid Accepted
Right at Home 330 E. Mulberry Street, Fort Collins, CO 80524 (970) 494-1111	No	Yes	No
Senior Helpers 3101 Kintzley Court, #J, LaPorte, CO 80535 (970) 658-8228	No	Yes	No
Seniors Helping Seniors of Northern Colorado 2290 E. Prospect Road, Suite 6, Fort Collins, CO 80525 (970) 631-8251	Yes	Yes	No
Synergy Homecare 2919 17th Avenue, Suite 215, Longmont, CO 80503 (970) 373-1558	No	Yes	No
Talem Home Care of Fort Collins 2601 S. Lemay Avenue, #33, Fort Collins, CO 80525 (970) 829-0447	No	Yes	Yes
Visiting Angels Living Assistance Services of Windsor 5441 Boeing Drive, Suite 200, Loveland, CO 80538 (970) 292-5668	No	Yes	No

Home Maintenance

Accessible Systems of Northern Colorado **(970) 475-1880**

Specializing in accessibility equipment and home modifications including stair lifts, ramps, wheelchair lifts, lift and transfer systems, grab bars/railings, and barrier-free bathrooms. Free home evaluations. Serving Loveland, Greeley, Fort Collins, Windsor, Longmont, Cheyenne, Laramie, Wheatland and Casper. VA and Medicaid contracts. Call for additional funding options.

2725 W. 11th Street Road, Greeley, CO 80634

Adopt-A-Neighbor Program **(970) 224-6046**

Volunteer snow removal in Fort Collins – must apply in advance, preferably before the first snow.

281 N. College Avenue, P.O. Box 580, Fort Collins, 80522

Ascent Mobility Solutions **(720) 545-9222**

Specializes in stairlifts, wheelchair lifts, elevators and other accessibility equipment including ramps, vehicle lifts, and walk-in bathtubs. Free, no obligation, in-home estimate and needs assessment.

Serves Colorado Front Range.

747 Sheridan Blvd., #4B, Lakewood, CO 80214

Energy Resource Center **(970) 617-2801**

Weatherization program and services. Offers free energy efficiency evaluations and upgrades to income-qualified residents. If you qualify for the Low income Energy Assistance Program (LEAP) or Supplemental Security Income, you automatically qualify for free assistance from the Energy Resource Center. Other automatic qualifiers include: SNAP, TANF, AND, or OAP.

Visit: www.erc-co.org/free-weatherization

3543 S. Lincoln, Suite 2, Loveland, CO 80537

Home Maintenance (continued)

Frontier Access and Mobility

(970) 223-8267

Frontier Access and Mobility, Inc. is a home medical equipment / home and vehicle access conversion company specializing in home accessibility modifications including ramp systems, stair chairs and platform lifts, handicapped vehicle modifications, conversions, rentals, and sales.

819 East Mulberry Street, Fort Collins, CO 80524

Larimer County Home Improvement Program

(970) 635-5931

Low to no interest rate loans with flexible terms to meet a home owner's budget to repair or improve their home including accessibility modifications. Must live in Larimer County, be low to moderate income (call for income restrictions). Program includes mobile/manufactured home repairs (this is a limited program). Emergency grant funds up to \$3,000 (serves individuals 50% or below the area median income) for emergencies such as no hot water, burst pipes, gas leaks. Owner must occupy residence, rentals do not qualify. Visit www.lovelandhousing.org for application or call for more information.

375 W. 37th Street, #200, Loveland, CO 80538

Loveland Snow Squad

(970) 962-2764

Volunteer snow removal within Loveland City limits for low income and disabled. Must apply in advance, preferably in September.

500 E. Third Street, Loveland, CO 80537

Rural Development Loan & Grant Program

(719) 456-0120 x4

Loans for low income individuals who are looking to buy, repair, or maintain their home and live in a rural area. Must be the homeowner and occupy the home, be unable to obtain affordable credit elsewhere, have a family income below 30% of the area median income, and for grants be age 62 or older and not be able to repay a repair loan.

760 Bent Avenue, Las Animas, CO 81504

Volunteers of America Handyman Program

(970) 472-9630

The Handyman program provides assistance to seniors and people with disabilities with safety related home modifications such as grab bars, chair risers, minor repairs, and wheelchair ramps. Projects considered for this program must make a home safer; the program cannot provide cosmetic projects like painting, landscaping, mowing lawns, etc. Skilled volunteers complete the projects and provide free labor. The only thing clients are obligated to pay for are any materials that are used during a project. We also offer home safety consultations to assess how to make a home safer, specifically to help people age in their own homes.

405 Canyon Avenue, Fort Collins, CO 80521

Home Safety:

Berthoud Fire Protection District

(970) 532-2264

Smoke detectors and fire safety information.

275 Mountain Avenue, Berthoud, CO 80513

Loveland Fire Rescue Authority

(970) 962-2497

Smoke detectors and fire safety information. _____ Fire Prevention Bureau (970) 962-2537

410 E. 5th Street, Loveland, CO 80537

Poudre Fire Authority

(970) 416-2892

Smoke detectors and fire safety information. _____ Fire Prevention Bureau (970) 416-2891

102 Remington Street, Fort Collins, CO 80524

Home Maintenance (continued)

Home Safety (continued)

Wellington Fire Protection District

(970) 568-3232

Smoke detectors and fire safety information.

8130 3rd Street, Wellington, CO 80549

Homeless Shelters & Services

137 Homeless Connection and Inclement Weather Shelter

(970) 667-1532

Program of House of Neighborly Service. Inclement weather shelters for homeless adults, and day center.

137 S. Lincoln Avenue, Loveland, CO 80537

Samaritan House Fort Collins (formerly Catholic Charities Mission Shelter)

(970) 484-5010 x 5

Our Residency Program has capacity for 18 men, six women, and four families. Through our Residency Program clients will have access to laundry services and showers with breakfast, a sack lunch and dinner available. Applications need to be completed for the wait list. The emergency shelter is for women and families who will have access to three meals a day and showers. Check-in is at 5pm with dinner being served.

460 Linden Center Drive, Fort Collins, CO 80524

After 5:00 pm (970) 493-0141

Fort Collins Rescue Mission

(970) 224-4302

Emergency overnight shelter for homeless individuals. No children allowed. Breakfast and dinner available.

316 Jefferson Street, Fort Collins, CO 80524

Homeward Alliance

(970) 494-9940

Homeward Alliance's mission is to empower individuals and families who face homelessness to survive, move forward, and thrive. Located at The Murphy Center, Homeward Alliance provides housing support for individuals and families, benefits enrollment, employment support, shelter diversion, re-entry services, outdoor gear and basic-needs supplies, and bike repair. Donation Drop Off: M-F 9am - 4pm. To schedule a larger donation please call: **(970) 829-1151** or visit: **www.homewardalliance.org/product**

242 Conifer Street, Fort Collins, CO 80524

Sister Mary Alice Murphy Center for Hope

(970) 494-9940

Support for people who are homeless or at risk of becoming homeless. Information about housing, transportation, medical health, counseling, and employment resources.

242 Conifer Street, Fort Collins, CO 80524

Support Services for Veteran Families (SSVF)

(970) 999-5877

Volunteers of America

Housing counseling, short-term case management, temporary financial assistance to prevent or resolve homelessness. This program is for low income veterans who are eligible for VA health Administration Benefits, have been homeless within the last 90 days, scheduled to enter permanent housing within 90 days or are at immediate risk of becoming homeless with eviction pending.

116 Harvard Street, Suite #4 Fort Collins, CO 80525

Hospice & Palliative Care

Hospice Care: Provides specialized medical care for individuals dealing with life-limiting illness. Hospice focuses on managing symptoms and providing comfort when cure is no longer possible and assists the patient and the family through the end of life process by creating a natural and comfortable end-of-life experience.

Palliative Care: Provides specialized medical care for people with serious illness. It focuses on providing patients with relief from the symptoms, pain and stress of a serious illness, whatever the diagnosis. The goal of palliative care is to improve quality of life for both the patient and the family.

The following agencies provide hospice and/or palliative care in Larimer County.

Accentcare Home Care and Hospice (970) 346-9700
4065 St. Cloud Drive, Suite 200, Loveland, CO 80538

Banner Homecare and Hospice (970) 352-8487
5628 West 19th St, Suite 1, Greeley, CO 80631
1801 16th Street, 5th Floor, Greeley, CO 80631 (Inpatient Care Center) (970) 475-0041

Bristol Hospice of Northern Colorado (970) 619-8378
3770 Puritan Way, Suite E, Frederick, CO 80516

Canyon Home Care and Hospice of Loveland (970) 330-5655
4850 Hahns Peak Drive, Loveland, CO 80538

Charter Healthcare and Hospice (970) 667-2273
1562 Taurus Court, Loveland, CO 80537

Dignity Hospice of Colorado (970) 893-8585
251 Boardwalk Drive, Suite B, Fort Collins, CO 80525

Estes Park Health Hospice Care (970) 586-2273
555 Prospect Avenue, Estes Park, CO 80517

Halcyon Hospice & Palliative Care (970) 535-0870
209 Main Street, Suite B, Mead, CO 80542
Mailing: P.O. Box 177, Mead, CO 80542

Pathways (970) 663-3500
305 Carpenter Road, Fort Collins, CO 80525
2000 N. Boise Avenue, 3rd Floor, Loveland, CO 80538 (Inpatient Care Center)

Housing

Please contact a realtor for information about 55+ communities in Larimer County or for information about patio homes and maintenance-free communities that do not have age restrictions.

To find realtors with a SRES (Seniors Real Estate Specialists) designation, please visit:

www.seniorsrealestate.com

Affordable Housing

The following list is senior/disabled specific apartments that offer reduced rent or subsidized rent through HUD project-based housing vouchers. Rent is based on income and eligibility for this housing may be based either on age and/or disability status. A separate application must be completed for each property. Apartments that are designated as reduced may accept Section 8 housing vouchers. Please call each listing for more information.

Reduced Rent: Senior apartments that are subsidized by the city or county. Rent is set at a below market value for those who meet income guidelines. On average, monthly rent varies between \$600-\$800. Rent may increase even if income does not.

Subsidized Housing: Senior apartments that are subsidized by the federal government, county, city or private funds. In most cases, rent is 30% of adjusted gross income for those who meet income guidelines.

Big Thompson Manor I (reduced rent) (970) 667-4195
224 Monroe Street, Loveland, CO 80537

Big Thompson Manor II (subsidized) (970) 667-4195
230 Monroe Street, Loveland, CO 80537

Hamilton Park Apartments I & II (subsidized) (970) 532-3725
1300 & 1400 N. 4th Street, Berthoud, CO 80513

Harvest Pointe (subsidized) (970) 622-9907
4895 Lucerne Avenue, Loveland, CO 80538

Legacy Senior Residences (reduced rent) (970) 221-0212
Beacon Management, 413 N. Linden Street, Fort Collins, CO 80524

Mirasol Senior Community (reduced rent) (970) 663-1300
1153 Finch Street, Loveland, CO 80538

Northern Hotel (970) 493-2070
172 N. College Avenue, Fort Collins, CO 80524

Oakbrook I (subsidized) (970) 226-5060
3200 Stanford Road, Fort Collins, CO 80525

Oakbrook II (subsidized) (970) 223-1356
3300 Stanford Road, Fort Collins, CO 80525

Housing (continued)

Affordable Housing (continued)

Oakridge Crossing (970) 286-2299
4786 McMurry Avenue, Fort Collins, CO 80525

The Pines Apartments (reduced rent) (970) 591-2535
1155 S. Saint Vrain Avenue, Estes Park, CO 80517

Reflections Senior Apartments (reduced rent) (970) 225-3711
321 E. Troutman Parkway, Fort Collins, CO 80525

The Remington (formerly DMA Plaza Apartments) (970) 493-7727
300 Remington Street, Fort Collins, CO 80524

The Sanctuary (subsidized) (970) 225-2116
3732 Kunz Court, Fort Collins, CO 80526

Silver Leaf I & II (Loveland Housing Authority) (subsidized) (970) 667-3232
2000 & 2100 Maple Drive, Loveland, CO 80538

Trail Ridge Apartments (subsidized) (970) 586-0216
1250 Community Drive, Estes Park, CO 80517

The Villages at Bryan (reduced rent) (970) 416-2460
114 S. Bryan, Fort Collins, CO 80521

The Willows (Neighbor to Neighbor) (reduced rent) (970) 484-7498
533 E. 4th Street, Loveland, CO 80537

Windtrail Park (CARE Property) (reduced rent) (970) 282-7522
2120 Bridgefield Lane, Fort Collins, CO 80526

Woodbridge Senior Apartments (reduced rent) (970) 472-1703
1508 W. Elizabeth Street, Fort Collins, CO 80521

For more information about low income housing options that are not senior specific, contact the following agencies:

CARE Housing (970) 282-7522
1303 W. Swallow Road, Building 11, Fort Collins, CO 80526

Estes Park Housing Authority (970) 591-2535
363 E. Elkhorn Avenue, Suite 101, Estes Park, CO 80527

Housing Catalyst (970) 416-2910
1715 W. Mountain Avenue, Fort Collins, CO 80521

Housing (continued)

Affordable Housing (continued)

Loveland Housing Authority (970) 667-3232
375 W. 37th Street, Suite 200, Loveland, CO 80538

Neighbor to Neighbor

1550 Blue Spruce Drive, Fort Collins, CO 80524 Fort Collins (970) 484-7498
Community Life Center, 1511 E. 11th Street, Loveland, CO 80537 Loveland (970) 663-4163

Assisted Living Homes

An assisted living community is a care option that combines housing and support services. Assisted living is designed for individuals who require assistance with everyday activities such as meals, medication management, bathing, dressing, and transportation.

Most assisted living communities determine the monthly rate based on levels of care. Facilities assess each resident and the assessment generally uses a point system based on activities of daily living (ADLs); bathing, dressing, grooming, mobility, continence, eating, medication management, and laundry. A resident that needs assistance with several ADLs will have a higher monthly rate than a resident who is more independent.

Memory Care: Some assisted living communities specialize in dementia and Alzheimer's care and can provide more assistance in ADLs such as mobility, incontinence and other challenges associated with dementia and Alzheimer's.

The assisted living communities that only provide memory care are noted below as "memory community." The assisted living communities that have a designated "memory care unit" are noted below as "memory unit."

AppleLeaf Assisted Living (Medicaid accepted) (970) 532-2600
1328 1st Street, Berthoud, CO 80513

Aspen House Assisted Living (Memory Community) (970) 635-9800
2212 E. 11th Street, Loveland, CO 80537

Aspen House II (Memory Community) (970) 635-2500
2224 E. 11th Street, Loveland, CO 80537

Aspire Rock Creek Memory Care (Memory Community) (970) 372-5838
3150 Rock Creek Drive, Fort Collins, CO 80528

Brookdale Fort Collins AL (970) 229-9777
1002 Rule Drive, Fort Collins, CO 80525

Brookdale Fort Collins MC (Memory Community) (970) 229-9777
1008 Rule Drive, Fort Collins, CO 80525

Brookdale Mariana Butte (Memory Unit) (970) 622-0012
215 Shupe Circle, Loveland, CO 80537

Housing (continued)

Assisted Living Homes (continued)

Brookdale North Loveland 2895 N. Empire Avenue, Loveland, CO 80538	(970) 667-9500
Center at Rock Creek 4880 Ziegler Road, Fort Collins, CO 80528	(970) 893-4757
Collinwood Assisted Living (Medicaid accepted except in Memory Unit) 5055 S. Lemay Avenue, Fort Collins, CO 80525	(970) 223-3552
The Courtyard of Loveland (Medicaid accepted) 605 California Avenue, Loveland, CO 80537	(970) 667-3342
Eagles Nest Assisted Living 1026 Salmon Run, Fort Collins, CO 80524	(970) 493-1073
Fox Meadows Assisted Living 4021 Spruce Drive, Fort Collins, CO 80526	(970) 449-4472
Garden Square at Spring Creek (Medicaid accepted) 1000 E. Stuart Street, Fort Collins, CO 80525	(970) 494-3253
Good Samaritan Society Estes Park Village 1902 Ptarmigan Trail, Estes Park, CO 80517	(970) 577-7700
Good Samaritan Society Fort Collins Village 508 W. Trilby Road, Fort Collins, CO 80525	(970) 226-4909
Good Samaritan Society Loveland Village 2101 S. Garfield Avenue, Loveland, CO 80537	(970) 669-3100
Heritage Haus (Medicaid accepted) 208 19th Street SE, Loveland, CO 80537	(970) 669-5616
The Hillcrest 535 N. Douglas Avenue, Loveland, CO 80537	(970) 593-9800
The Joneses Assisted Living (Medicaid accepted) 2127 Eagle Drive, Loveland, CO 80537	(970) 663-2226
Lakeview Commons (Medicaid accepted) 1422 W. 29th Street, Loveland, CO 80538	(970) 278-4000
Live To Assist 2914 W. Prospect Road, Fort Collins, CO 80526	(970) 224-1400

Housing (continued)

Assisted Living Homes (continued)

Loveland House Assisted Living (Medicaid accepted) 2115 Eagle Drive, Loveland, CO 80537	(970) 663-2223
MacKenzie Place (Memory Unit) 4750 Pleasant Oak Drive, Fort Collins, CO 80525	(970) 207-1939
Monarch Greens Assisted Living (Medicaid accepted) 1725 Lakeview Drive, Fort Collins, CO 80524	(970) 449-5644
MorningStar Assisted Living and Memory Care of Fort Collins (Memory Community) 3509 Lockwood Drive, Fort Collins, CO 80525	(970) 999-8790
New Mercer Commons (Memory Unit) 900 Centre Avenue, Fort Collins, CO 80526	(970) 495-1000
Park Regency Loveland (Medicaid accepted) 1875 Fall River Drive, Loveland, CO 80538	(970) 461-1100
Prestige Living 700 Greenbriar Drive, Fort Collins, CO 80524	(970) 308-2713
Primrose Place (Medicaid accepted) 1330 E. 1st Street, Loveland, CO 80537	(970) 667-5962
The Residence at Oakridge (Medicaid accepted) 4750 Wheaton Drive, Fort Collins, CO 80525	(970) 229-5800
Seneca House Assisted Living 4406 Seneca Street, Fort Collins, CO 80526	(970) 795-8600
Seven Lakes Memory Care (Memory Community) 1990 Pikes Peak Drive, Loveland, CO 80538	(970) 461-5918
Terry Lake Assisted Living 3629 Woodridge Road, Fort Collins, CO 80524	(970) 221-3707
Turnberry Place Assisted Living 2401 Turnberry Road, Fort Collins, CO 80524	(970) 482-2215

Housing (continued)

Independent Living Communities

Independent living is housing designed exclusively for seniors, generally those aged 55 and over. Residents live independently in apartments or freestanding homes. Most communities offer activities and services that give seniors the opportunity to connect with peers. Other services offered may include beauty and barber salons, daily meals, basic housekeeping, and laundry services. Independent living facilities are aimed at older adults who need little or no assistance with activities of daily living such as bathing, dressing, and mobility and they do not provide any medical care. As with regular housing, you can hire in-home help separately if necessary.

Good Samaritan Society Estes Park Village (970) 577-7700

1901 Ptarmigan Trail, Estes Park, CO 80517

Good Samaritan Society Fort Collins Village (970) 226-4909

508 W. Trilby Road, Fort Collins, CO 80525

Good Samaritan Society Loveland Village (970) 669-3100

2101 S. Garfield Avenue, Loveland, CO 80537

The Hillcrest (970) 593-9800

535 N. Douglas Avenue, Loveland, CO 80537

MacKenzie Place (970) 207-1939

4750 Pleasant Oak Drive, Fort Collins, CO 80525

Parkwood Estates Retirement Residence (970) 482-3924

2201 S. Lemay Avenue, Fort Collins, CO 80525

Rigden Farm Senior Living (970) 224-2700

2350 Limon Drive, Fort Collins, CO 80525

Sugar Valley Estates (970) 669-2317

4320 Georgetown Drive, Loveland, CO 80538

The Wexford (970) 667-1900

1515 W. 28th Street, Loveland, CO 80538

The Winslow (970) 492-6200

909 Centre Avenue, Fort Collins, CO 80526

The Worthington (970) 490-1000

900 Worthington Circle, Fort Collins, CO 80526

Housing (continued)

Skilled Nursing Homes

Skilled nursing homes provide 24/7 care for older and disabled adults who need ongoing nursing care and supervision of care by a physician due to a chronic illness or condition. They provide assistance with all activities of daily living (ADLs) such as bathing, eating, medication management, toileting, mobility, dressing, grooming, continence, transportation, and they also provide therapy and rehabilitation services. Some facilities have secured units for individuals with dementia and Alzheimer's who might need a higher level of care and/or supervision. Facilities that have a secured unit are noted in the listing below.

Please note: Some Medicare Advantage Plans have limited providers in Larimer County. If you have an Advantage Plan, call to find out if the nursing home accepts your Advantage Plan.

Berthoud Care & Rehabilitation (Medicaid accepted) (970) 532-2683

855 Franklin Avenue, Berthoud, CO 80513

Center at Rock Creek (970) 223-4376

4880 Ziegler Road, Fort Collins, CO 80528

Centre Avenue Health & Rehab Facility (970) 494-2140

815 Centre Avenue, Fort Collins, CO 80526

Columbine West Health & Rehab Facility (Medicaid accepted) (Secured Unit) (970) 221-2273

940 Worthington Circle, Fort Collins, CO 80526

Creekside Village Health and Rehabilitation Center (Medicaid accepted) (Secured Unit) (970) 482-5712

(formerly Spring Creek Health Care Center)

1000 E. Stuart Street, Fort Collins, CO 80525

Golden Peaks Care & Rehabilitation Center (Medicaid accepted) (Secured Unit*) (970) 482-2525

1005 E. Elizabeth Street, Fort Collins, CO 80524 (* Females only)

Good Samaritan Society Fort Collins Village (Medicaid accepted) (970) 226-4909

508 W. Trilby Road, Fort Collins, CO 80525

Good Samaritan Society Loveland Village (Medicaid accepted) (Secured Unit) (970) 669-3100

2101 S. Garfield Avenue, Loveland, CO 80537

Green House Homes At Mirasol (Medicaid accepted) (970) 342-2400

490 Mirasol Drive, Loveland, CO 80537

Lemay Avenue Health & Rehab Facility (Medicaid accepted) (Secured Unit) (970) 482-1584

4824 S. Lemay Avenue, Fort Collins, CO 80525

North Shore Health & Rehab Facility (Medicaid accepted) (970) 667-6111

1365 W. 29th Street, Loveland, CO 80538

Poudre Canyon Health & Rehabilitation (formerly Fort Collins Health Care) (Medicaid accepted) (970) 482-7925

1000 S. Lemay Avenue, Fort Collins, CO 80524

Housing (continued)

Skilled Nursing Homes (continued)

Rehabilitation & Nursing Center of the Rockies (Medicaid accepted) (Secured Unit) (970) 484-7981
1020 Patton Street, Fort Collins, CO 80524

Riverbend Health and Rehabilitation (Medicaid accepted) (Secured Unit) (970) 669-0345
(formerly Sierra Vista Health Care Center)
821 Duffield Court, Loveland, CO 80537

Information & Assistance for Housing

A Home for Life (970) 633-2933

A collaboration of small assisted living communities that provides help to make it as easy as possible for you to make an informed decision and find the right home for your loved one or friend in need of care. This resource is designed to help you find all the local residential assisted living homes with up-to-date information about amenities, pricing and availability. Please visit the website: www.ahome4life.com or call for more information.

Assisted Living Locators (970) 660-8898

Free placement agency for seniors, to assist in finding independent, assisted, memory care, small homes, home health, home care, and hospice.

Estes Park Housing Authority (970) 591-2535

Provides housing options and services for low to moderate income households.
363 E. Elkhorn Avenue, Suite 101, Estes Park, CO 80527

Housing Catalyst (970) 416-2910

Provides housing options and services for low income households.
1715 W. Mountain Avenue, Fort Collins, CO 80521

Loveland Housing Authority (970) 667-3232

Provides housing options and services for low income households.
375 W. 37th Street, #200, Loveland, CO 80538

Neighbor to Neighbor

Offers first month's rent assistance, homelessness prevention assistance, housing search assistance, HomeShare, affordable housing, homebuyer education classes, reverse mortgage counseling, and foreclosure prevention counseling. www.n2n.org

1550 Blue Spruce Drive, Fort Collins, CO 80524 _____ Fort Collins (970) 484-7498
Community Life Center, 1511 E. 11th Street, Loveland, CO 80537 _____ Loveland (970) 663-4163

Housing (continued)

Information & Assistance for Housing (continued)

Neighbor to Neighbor HomeShare

(970) 484-7498

An innovative housing solution where homeowners (55 years of age or older) offer housing accommodations to HomeSeekers in exchange for an agreed level of support in the form of financial exchange, assistance with household tasks, or simple companionship with a potential to save money, share utility costs, reduce financial worry, provide mutual assistance, and increase security and independence. HomeProviders must live in Larimer County. HomeSeekers must live, work, or attend school in Larimer County. Neighbor to Neighbor staff complete comprehensive background check and assist with potential matches; final decision is made by HomeProvider and HomeSeeker.

Visit www.n2n.org to request an application or call for more information.

1550 Blue Spruce Drive, Fort Collins, CO 80524

Senior Living Advisors of Colorado

(970) 541-4592

Providing free assistance to find the right respite, in-home care, independent, assisted and memory care communities, that meet your unique needs, desires, and budget.

1635 Foxtrail Drive, Loveland, CO 80538

Information & Referral

Larimer County Office on Aging

(970) 498-7750

Aging and Disability Resources for Colorado (ADRC) and Family Caregiver Support

A trusted source of information on the full range of long-term services and support options. Information and referrals to programs, services, and resources for older adults, caregivers and adults living with a disability and help navigating the options. Provides a comprehensive searchable online service directory, to help individuals find programs and services in Larimer County to meet their needs. Services are provided at no cost. Si usted habla español, todos estos servicios están disponibles para usted en su idioma.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Options Counseling: One-on-one personalized decision-making assistance to help individuals and their families understand, access, and navigate the long-term service and support system including understanding Long Term Care Medicaid eligibility and the application process, public assistance programs, in-home and community care options, and community resources and services.

Support can be provided via phone calls, in-person home visits, or a video conferencing platform. Appointments are required.

Caregiver Support Program: For individuals in the caregiver role for an older spouse, partner, parent, or other family member. Provides individual consultations, respite assistance, and connections to support groups, counseling and classes. Support can be provided via phone calls, in-person home visits, or a video conferencing platform. Appointments are required.

Chore Voucher Program: For adults 60+ residing in Larimer County to help with chores around the home and deep cleaning. The Chore Voucher program is a self-directed reimbursement program that provides some financial assistance for older adults 60+ who need assistance with household chores. Call for more information about this program.

Information & Referral (continued)

In-Home Services Voucher Program: Provides light housekeeping and personal care for adults 60+ living in Larimer County who need assistance in their home due to cognitive and/or physical limitations. The Office on Aging contracts with local home care agencies who provide the services. Call for more information about this program.

Application Assistance: Provided to help individuals complete and submit an application for Long Term Care Medicaid and/or Medicare Savings Programs benefits. Support can be provided via phone calls, in-person home visits, or a video conferencing platform. Appointments are required.

Transition Coordination Services Options Counseling (formerly Colorado Choice Transitions-CCT): Options Counseling for individuals with Long Term Care Medicaid benefits who are currently residing in a skilled nursing home in Larimer County, and want to explore their options of moving back to the community from the nursing home with Transition Coordination Services. Individuals must be post rehab to be eligible for this transition program.

For assistance finding an ADRC in another part of Colorado _____ please call **(844) 265-2372**

The ARC of Larimer County **(970) 204-6991**

No-cost non-attorney advocates for people with intellectual and developmental disabilities, such as (but not limited to) Down syndrome, autism, and cerebral palsy. The ARC of Larimer County can help navigate the systems of care, such as Medicaid waivers and housing, and educate clients on their options. The Arc of Larimer County believes that everyone benefits when people with disabilities are included in every aspect of community life. www.arclc.org
1721 W. Harmony Road, Unit 101, Fort Collins, CO 80526

Colorado Gerontological Society **(303) 333-3482**

Provides advocacy and information on programs and services for seniors, families, and elder care service specialists throughout Colorado. Information on: dental, family caregiving, financial resources, healthy aging, home care, housing options, long-term care, Medicaid, Medicare, referrals to Tricare, and Veterans benefits. Website: senioranswers.org
1129 Pennsylvania Street, Denver, CO 80203

Disabled Resource Services

Assists people of any age and any disability: physical, visual, auditory, cognitive, or mental/emotional. Provides the following services: information and referral, peer support, advocacy, independent living skills training, transitions from nursing homes, benefits counseling, access to community resources, employment assistance, and medical equipment rentals. Also provides assistance with SSI/SSDI application and Human Services benefits applications. No cost service.

1017 Robertson Street, Unit B, Fort Collins, CO 80524 _____ **(970) 482-2700**
2154 W. Eisenhower Blvd, Unit 5, Loveland, CO 80537 _____ **(970) 667-0816**

Eldercare Locator **(800) 677-1116**

A nationwide service that connects older Americans and their caregivers with information on senior services in their community. More information can be found at www.eldercare.acl.gov

Foothills Gateway, Inc. - Community Center Board **(970) 226-2345**

Community Center Board for persons with intellectual/developmental disabilities
301 W. Skyway Drive, Fort Collins, CO 80525

Information & Referral (continued)

National Multiple Sclerosis Society

(303) 698-7400

The National MS Society's MS Navigator program provides you with accurate, current, and comprehensive information. We can also help you identify and advocate for what you need. We offer referrals to healthcare providers, educational opportunities, and assistance accessing services. Call

1-800-344-4867 or email **ContactUsNMSS@nmss.org**

900 S. Broadway, 2nd Floor, Denver, CO 80209

Senior Access Points

(For information on resources) (970) 498-7740

A collaboration between Colorado State University Extension of Larimer County, Colorado State University, Department of Human Development and Family Studies, Partnership for Age-Friendly Communities, and the Larimer County Office on Aging/ADRC. The goal of Senior Access Points is to help older adults, caregivers, community members, and professionals find aging-related resources in Larimer County. For more information, please visit: <http://larimerseniors.org>

United Way 211

2-1-1

A free and confidential referral service that assists clients in navigating health and human resources, including child care, tax preparation assistance, food pantries, shelter, rental assistance, and more.

Law Enforcement

Colorado State Patrol

(970) 224-3027

3832 S. I-25, Fort Collins, CO 80525

Colorado State University Police Department

(970) 491-6425

750 Meridian Avenue, Fort Collins, CO 80523

Estes Park Police Department

(970) 586-4000

170 MacGregor Avenue, P.O. Box 1287, Estes Park, CO 80517

Fort Collins Police Department

(970) 221-6540

2221 S. Timberline Road, Fort Collins, CO 80525

Larimer County Sheriff's Office (Serves unincorporated

Larimer County and the Township of Berthoud)

(970) 416-1985

2501 Midpoint Drive, Fort Collins, CO 80525

Loveland Police Department

(970) 667-2151

810 E. 10th Street, Loveland, CO 80537

Legal Resources

Elder Law Attorneys:

Bell, Gould, Linder & Scott, P.C.

(970) 493-8999

Gregory Bell

Elder Services: Advanced directives, estate planning and administration, and powers of attorney.

318 E. Oak Street, Fort Collins, CO 80524

Beyers Law, LLC

(970) 669-1101

Elder Services: Estate and Medicaid planning, guardianship and conservatorships, special needs planning.

1419 W. 29th Street, Loveland, CO 80538

Brady, McFarland & Lord, LLC

(970) 532-4183

Elder Services: Estate planning, Medicaid planning, probate, trusts, special needs trusts, wills, power of attorney, and VA pension.

1201 Lake Avenue, Suite A, Berthoud, CO 80513

Colorado Legal Services (Senior Law Project)

(970) 493-2891

Legal assistance for low income individuals and seniors on civil legal matters only.

Senior Law Project: Donation-based legal services for Larimer County residents age 60+ on legal issues related to Medicaid, public assistance benefits, long-term care, powers of attorney, general estate planning, landlord tenant, and consumer issues. Does not include wills and trusts.

211 W. Magnolia, Fort Collins, CO 80521

Law Offices of Peter W. Bullard, P.C.

(970) 223-5900

Elder Services: Living wills, powers of attorney, probate, trusts and wills.

375 E. Horsetooth Road, Bldg. 6, Suite 101, Fort Collins, CO 80525

Stone Law, LLC

(970) 663-2121

Andrew Stone, Jodie Hoke

Elder Services: Estate and Medicaid planning, conservatorship, guardianship, and Long Term Care Insurance.

430 E 6th Street, Loveland, CO 80537

225 Union Blvd., Suite 150, Lakewood, CO 80228

Sutherland, Connor & Callahan, LLC

(970) 224-9779

Kristine L. Callahan and Erin L. Connor

Elder Services: Advice and drafting for the following topics: estate planning, Medicaid, long-term care planning, advance directives, and powers of attorney, special needs trusts, revocable trusts, estate and probate administration, guardianships, and conservatorships.

1315 Oakridge Drive, Suite 120, Fort Collins, CO 80525

Wallace & Kling, P.C.

(970) 221-5602

Elder Services: Medicaid, Medicare and social security advice, estate planning - including: wills, living wills, powers of attorney, and other advance directives. Guardianship and conservatorship advice, trusts (estate, disability and special needs), probate, and other post-death assistance.

425 W. Mulberry, Suite 107, Fort Collins, CO 80521

Legal Resources (continued)

Clinics:

The program information below is subject to change depending on the status of the COVID-19 pandemic. For the most up-to-date information regarding clinics, please contact the appropriate program.

Access to Justice – Court Resource Center (970) 494-3581

Ask-A-Lawyer Clinic 08selfhelp@judicial.state.co.us

Larimer County Bar Association (Pro Bono Program) (970) 402-2075

Probate, Guardianship & Conservatorship Clinic (970) 494-3507

Organizations:

Guardianship Alliance of Colorado - Ability Connection Colorado (303) 228-5382

Provides information and referrals for guardianship and conservatorships, advance directives, and proxy decision-makers.

801 Yosemite Street, Denver, CO 80230

More than **63,000** working Coloradans
are using SNAP to help buy healthy food.

**YOU
CAN,
TOO.**

SNAP, which provides food assistance commonly called food stamps, is there for people who need a little extra help making ends meet. By enrolling in SNAP, you can get access to the groceries you need. You decide where to shop and what to buy.

Medicaid

Medicaid Buy-In Program

Medicaid Buy-In Program for Working Adults with Disabilities

(970) 498-6300

Program allows adults with a disability who qualify to “buy-into” Colorado Medicaid. If you work and earn too much to qualify for Colorado Medicaid, you may qualify for this program. If you qualify, you pay a monthly premium which is based on your income. Call for more information.

Larimer County Department of Human Services, 1501 Blue Spruce Drive, Fort Collins, CO 80524

Long Term Care Medicaid

Includes nursing facility care and Home and Community Based Services (HCBS) (where medical providers come into the home or assisted living community to render the necessary services to keep a disabled individual from being institutionalized in a nursing facility or hospital). To apply for Long Term Care Medicaid, please mark the medical assistance box on the application.

Disability Eligibility:

Individuals under the age of 65, requiring long-term care services, must meet the Social Security disability criteria either through Social Security Income (SSI) eligibility or Social Security Disability Income (SSDI) eligibility. If you are under the age of 65 and have not been determined disabled by the Social Security Administration, you must also complete the Medicaid Disability application. For a copy of the application, please call (970) 498-6300.

Income Eligibility:

- The 2021 income limit is \$2,382 per month. For those individuals who are not hospitalized, an income trust can be established if one’s gross income exceeds \$2,382 per month. There are limits for the income trust which are dependent on which county the applicant resides.

Only the individual applicant’s income is considered in the eligibility determination. The applicant spouse’s income is not considered for eligibility.

Resource Eligibility:

- The individual resource limit is \$2,000.
- The couple resource limit is \$4,000 if both members of the marital couple are applying for long-term care benefits and they are sharing the same room in a nursing facility or if both are going to receive Home and Community Based Services.
- The couple resource limit is \$3,000 if both members of a marital couple are applying for long-term care benefits and are living in separate rooms in a nursing facility.
- The 2021 couple resource limit is \$130,380 if one member of the couple is applying for long-term care services and the other spouse is not applying for Medicaid and is not institutionalized.

Level of Care Eligibility:

Options for Long Term Care, the Single Entry Point (SEP) in Larimer County, evaluates Medicaid long term care applicants to determine if their medical condition qualifies them to receive long term care services. This approval, in addition to financial approval, is necessary for eligibility.

Medicaid (continued)

Long Term Care Medicaid (continued)

Additional Eligibility Requirements:

- Applicants of Long Term Care Medicaid cannot transfer assets for less than fair market value within five years of the date of application. If any transfers were made the applicant may be ineligible for long-term care services for a period of time.
- If the applicant remains living in their principal place of residence then that residence, household goods, furniture, care, and an irrevocable burial or funeral plan is exempt. If the applicant is moving to an assisted living/nursing home community and there is no spouse living in the principal place of residence, then that residence may be considered an asset.

The following agencies can assist you with questions regarding Medicaid benefits and application process:

Larimer County Office on Aging

Aging & Disability Resources for Colorado (ADRC)

(970) 498-7750

Information and guidance regarding eligibility and the application process for Long Term Care Medicaid and Medicare Savings Program. Hands-on application assistance for individuals living in the community who would like to apply for Long Term Care Medicaid or Medicare Savings Programs. This service provides assistance to individuals who are not already connected to a case management/social services system or for individuals who are not residing in a nursing home. Appointments are required.

1501 Blue Spruce, Fort Collins, CO 80524

Larimer County Department of Human Services

(970) 498-6300

For questions regarding eligibility and the Long Term Care Medicaid application process.

1501 Blue Spruce Drive, Fort Collins, CO 80524

200 Peridot Avenue, Loveland, CO 80537

Larimer County Options for Long Term Care

(970) 498-7780

For questions regarding the functional eligibility assessment and Long Term Care Medicaid Home and Community Based Services (HCBS).

1501 Blue Spruce Drive, Fort Collins, CO 80524

VOUCHER PROGRAMS

The OFFICE ON AGING offers voucher programs to help members of aging community stay independent and at home.

- Chore Voucher Program
- Family Caregiver Support
- In-Home Services Voucher Program

Visit us online at larimer.org/humanservices/aging/ooa or call us at (970) 498-7750 for more information.



Medicaid (continued)

Home & Community Based Services (HCBS) Waivers

A waiver is an extra set of Health First Colorado (Colorado's Medicaid Program) benefits that you may qualify for in certain cases. These benefits can help you remain in your home and community. For more information please call, **Larimer County Options for Long Term Care** _____ (970) 498-7780

For information on the Developmental Disabilities or Supported Living Services waivers, please call **Foothills Gateway, Inc.** _____ (970) 226-2345

In Colorado, HCBS offers the following adult waivers:

Brain Injury Waiver (BI)

For individuals with a brain injury who need extra support to live in their communities.

Community Mental Health Supports Waiver (CMHS)

Provides assistance to people with a mental illness that require long-term supports and services in order to remain in a community setting.

Developmental Disabilities Waiver (DD)

For persons with a developmental disability. Provides access to 24/7 supervision through residential habilitation and day habilitation services and supports.

Elderly, Blind, & Disabled Waiver (EBD)

Provides assistance for people age 65 and older who have a functional impairment or are blind, and to people ages 18-64 who are physically disabled or have a diagnosis of HIV or AIDS, and require long-term supports and services in order to remain in a community setting.

Spinal Cord Injury Waiver (SCI)

For persons with a spinal cord injury. Limited to individuals in the Denver Metro area.

Supported Living Services Waiver (SLS)

Provides necessary services and supports for adults with an intellectual or developmental disability so they can remain in their homes and communities.



**Are you looking for resources
for yourself or a loved one?
Visit larimer.org/seniors or
call the Office on Aging at (970) 498-7750.**



RESOURCES

Medical Care

Colorado Indigent Care Program (CICP)

Provides discounted health care services to low-income people and families. **CICP is not health insurance.** Through this program, discounted health care services are provided by hospitals and clinics that participate in CICP.

Who Qualifies?

- People legally residing in Colorado
- People who meet income and resource guidelines
- People who are not eligible for Health First Colorado (Colorado’s Medicaid Program) or Child Health Plan Plus (CHP+)
- People who are covered by Medicare or who have other health insurance may be eligible for CICP.

Family Size	Approximate Annual Income	Approximate Monthly Income
1	up to \$32,200	up to \$2,683
2	up to \$43,550	up to \$3,629
3	up to \$54,900	up to \$4,575
4	up to \$66,250	up to \$5,520

Medical services covered under CICP may be different at each participating hospital or clinic. Services may include: urgent care, inpatient hospital care, primary care, and prescription drugs.

- **With CICP, you are responsible for co-payments for the services you receive.**
- **Your income and resources determine what you pay.**
- **You are responsible for medical care or tests not covered by the CICP provider.**
- **You must apply at each location and cannot transfer your CICP from one location to another location.**

Since CICP is not a health insurance program, medical services discounted under CICP may be different at each participating hospital or clinic. To find a hospital or clinic that participates in CICP call 1-800-221-3943 (State Relay 711) or visit the website: www.colorado.gov/hcpf/colorado-indigent-care-program

Medical Care (continued)

Behavioral Health

For Counseling options please see page 14.

The following provide inpatient and/or outpatient services that address the needs of older adults with mental health challenges. Services vary by location and may include treatment for depression, delirium, hallucinations, assault behavior, bipolar disorder, psychosis, suicidal feelings, anxiety, and co-occurring disorders.

Clear View Behavioral Health (970) 461-5061

4770 Larimer Parkway, Johnstown, CO 80534

Colorado Plains Medical Center (970) 867-3391

Geriatric Behavioral Health Unit

Admissions: (970) 542-4364

1000 Lincoln Street, Fort Morgan, CO 80701

The Medical Center of Aurora

North Campus Health Crisis Assessment Team (HCAT) (303) 360-3650

Senior Behavioral Health Program

700 Potomac Street, Aurora, CO 80011

UCHealth Mountain Crest Behavioral Health Center - Fort Collins (970) 207-4800

4601 Corbett Drive, Fort Collins, CO 80528

PVH/Emergency Room Crisis Assessment Center (970) 495-8090

24/7 Mental Health and Substance Abuse Evaluations and Referrals

Mountain Crest Outpatient Clinic (970) 207-4857

Full range of behavioral health treatment

Peak View Behavioral Health (719) 444-8484

7353 Sisters Grove, Colorado Springs, CO 80923

Porter Adventist Hospital – Centura Health (303) 765-6969

Senior Psychiatric Inpatient Unit

2525 S. Downing Street, Denver, CO 80210

SCL Health - West Pines (303) 467-4080

Senior Behavioral Health Care, 4th Floor of Lutheran Medical Center

3400 Lutheran Parkway, Wheatridge, CO 80033

Medical Care (continued)

Hospitals

Banner Fort Collins Medical Center (970) 821-4000
4700 Lady Moon Drive, Fort Collins, CO 80526

Estes Park Health (formerly Estes Park Medical Center) (970) 586-2317
555 Prospect Avenue, Estes Park, CO 80517

McKee Medical Center (970) 820-4640
2000 N. Boise Avenue, Loveland, CO 80538

Medical Center of the Rockies (970) 624-2500
2500 Rocky Mountain Avenue, Loveland, CO 80538

Poudre Valley Hospital (970) 495-7000
1024 Lemay Avenue, Fort Collins, CO 80524

UCHealth Harmony Emergency Room (970) 237-8100
4630 Snow Mesa Drive, Fort Collins, CO 80528

Medical Care at Home

LIV Bridge (970) 888-4070
LIV Bridge offers gap care for medical services when the patient is not connected to primary medical care or when care is not otherwise available. LIV Bridge seeks to connect patients to and collaborate with primary care providers. LIV Bridge collaborates with the LIV Health mental health team to offer timely mental health assessments, and treatment as well.
7950 6th Street, Wellington, CO 80549

Origin Healthcare (888) 777-2718 (24 hours)
Origin Healthcare brings hospital level care to eligible patients so they can be hospitalized in the comfort of their own home. A nurse and nurse practitioner team will meet the patient in their home and perform an assessment using hospital level testing. IV fluids, IV medications, and other treatments can be provided. Physicians perform daily telemedicine visits and the medical team will see the patient in the home at least once a day. The medical team is available 24/7 for any issues.
1001 E Harmony Road, #308, Fort Collins, CO 80525

Medical Clinics

Centerra Health Physician Group - Primary Care Berthoud (CICP) (970) 532-4644
549 Mountain Avenue, Berthoud, CO 80513

Christ Clinic (No Cost Clinic) (970) 481-2390
Free clinic by appointment only. Does not provide pain management services.
3920 S. Shields Street, Fort Collins, CO (Faith Evangelical Faith Church)
Monday evenings 6 - 9pm
328 Remington Street, Fort Collins, CO (Mountain View Community Church)
First and third Saturday of each month from 9 - 11am
Third Friday evening of each month from 6 - 9pm

Medical Care (continued)

Medical Clinics (continued)

Family Medicine Center (CICP) (970) 495-8805

1025 Pennock Place Fort Collins, CO 80524

Larimer County Department of Health & Environment

Communicable disease information. Health screenings and assessments for sexually transmitted diseases. Vaccinations for adults including travel vaccinations, for more information call an immunization nurse at (970) 498-6795. To schedule an appointment, call (970) 498-6767. Clinics in Fort Collins, Loveland, and Estes Park. Includes services for Medicaid, under-insured, and uninsured clients, cannot bill private insurance. www.larimer.org/health

1525 Blue Spruce Drive, Fort Collins, CO 80524 _____ Fort Collins: (970) 498-6700

200 Peridot Avenue, Loveland, CO 80537 _____ Loveland: (970) 619-4580

1601 Brodie Avenue, Estes Park, CO 80517 _____ Estes Park: (970) 577-2050

Salud Health Care Centers - Estes Park (CICP) (970) 586-9230

1950 Redtail Hawk Drive Estes Park, CO 80517

Salud Health Care Centers - Fort Collins (CICP) (970) 484-0999

1635 Blue Spruce Drive Fort Collins, CO 80524

1830 Laporte Avenue, Fort Collins, CO 80521

St. Matthews Medical Clinic (No Cost Clinic) (970) 624-3425

Located inside the Community Life Center. A free, Christian-based clinic for those in the Loveland area that don't have medical insurance and/or can't afford it. Provides preventative care services, and treatment and management of acute and chronic disease. For more information or to make an appointment: www.stmatthewsmedicalclinic.org

1511 E. 11th Street, Suite 170, Loveland, CO 80537

Sunrise Loveland Community Health Center (CICP) (970) 669-4855

Provides services regardless of a patient's ability to pay. Assists with screening for publicly funded programs or for private insurance. Offers a sliding fee scale and payment plans. Patient Advocates/ Patient Navigators and Pharmacy Assistance Program available to existing patients who need additional help paying for medication.

302 3rd Street, Loveland, CO 80537

Sunrise SummitStone Clinic (CICP) (970) 494-9789

To access CICP services, patients must first contact Sunrise Loveland Community Health Center (see listing above)

1250 N. Wilson Avenue, Loveland, CO 80537

UCHealth Urgent Care – Harmony Campus (CICP) (970) 297-6250

2127 E. Harmony Street, Suite 140, Fort Collins CO 80528

Rehab Hospitals

Northern Colorado Rehabilitation Hospital (970) 619-3400

4401 Union Street, Johnstown, CO 80534

Medical Equipment

There are several medical equipment supply agencies in Larimer County. The following is a list of those agencies that provide free and low-cost medical equipment and healthcare supplies.

Clearwater Church

(970) 223-5770

Medical equipment lending closet. Only available M - Th, 9am - 4pm

2700 S. Lemay Avenue, Fort Collins, CO 80525

Disabled Resource Services

Durable medical equipment available for a nominal rental fee. Inventory varies based on donations and rentals. Some no-cost rentals are available depending on income and availability.

1017 Robertson, Unit B, Fort Collins, CO 80524 _____ **Fort Collins (970) 482-2700**

2154 W. Eisenhower Boulevard, Unit 5, Loveland, CO 80537 _____ **Loveland (970) 667-0816**

Frontier Access and Mobility

(970) 223-8267

Sales, service and rentals of scooters, powerchairs, wheelchairs, crutches, and walkers. Our technicians are factory trained and capable of servicing and repairing all major brands of vehicle lifts /conversions, powerchairs, scooters, and wheelchairs. We service Northern Colorado and all of Wyoming.

819 East Mulberry Street, Fort Collins, CO 80524

Good Health Will

(970) 624-6002

A "thrift store" for low cost, new and used medical equipment, and healthcare supplies. Inventory varies based on donations. Donations accepted for all types of working medical equipment.

2003 W. 8th Street, Loveland, CO 80537

Quota Club of Estes Park

Loan closet for canes, crutches, walkers, wheelchairs, hospital beds, commodes, and bed pans. Must be a resident of or visitor to Estes Park. For contact information, please visit the website: <https://estesparkquota.com>.

Medicare

Medicare is a health insurance program for people 65+, those under age 65 with qualifying disabilities or any individual with end-stage renal disease. You MUST apply for Medicare benefits the month before you turn 65. Exceptions may apply as to when to enroll if you have other qualifying healthcare such as health insurance benefits from an employer. If you do not apply or do not have other qualifying health insurance coverage, penalties may apply when/if you do apply for Medicare benefits.

For more information, please visit the website: <https://www.medicare.gov>.

Medicare (continued)

Medicare Supplemental Insurance

There can be gaps in your original Medicare (Part A and Part B) coverage such as co-payments, coinsurance and deductible costs that you are often responsible for paying. Medicare Supplemental Insurance serves as an enhancement to original Medicare by filling in those coverage gaps. These plans may be purchased through private insurance companies and have monthly premiums. The best time to purchase/enroll in a Medicare Supplemental Insurance plan is during the open enrollment period (OEP), which is six months long, beginning on the first day of the month in which you turn age 65. You have a guaranteed issue right to purchase a Medicare supplemental policy during your OEP period which means, the insurance company may not review your medical history and the potential risk level it may or may not represent if you are in the OEP period. If you purchase a Medicare supplemental policy after the OEP period, your approval and monthly premium will be subject to your medical history and potential risk level; you may be denied coverage or incur higher plan costs because of pre-existing health issues.

Medicare Long Term Care Benefits

Medicare DOES NOT PAY for the cost of long-term nursing home care, assisted living home care, or long term in-home care. Medicare does pay for some short-term rehabilitative services in a nursing home or at your home in the community under your Part A benefit after a qualifying hospital stay. When you are hospitalized, it is important to know your admission status; is your stay in the hospital classified as being under observation or were you admitted as an inpatient? For a qualifying Medicare hospital stay you must be admitted to the hospital and a qualified hospital stay does not apply if you are in the hospital for observation.

For a complete list of Medicare benefits visit [medicare.gov](https://www.medicare.gov) or call (800) 633-4227.

Medicare Advantage Plans

If you enroll in a Medicare Advantage Plan (sometimes called “Part C” or “HMO plan”), you still have Medicare, but your plan’s benefits may differ from original Medicare. Advantage plans cover all of the Medicare services but for example, your co-pay, coinsurance, and number of rehab days may not be the same as original Medicare. Medicare Advantage Plans can charge different out-of-pocket costs and have different rules for how you get services, such as when you need a referral to see a specialist, or if you are required to only see “network” doctors, which skilled nursing and rehab facilities are in the plan, or which suppliers you can use that belong to the plan. Medicare Advantage Plans may also offer extra coverage. If you need help determining whether or not an Advantage plan is right for you, please contact the local State Health Insurance Assistance Program (SHIP) office for assistance.

For more information or assistance on Medicare plans and benefits, please contact the local State Health Insurance Assistance Program (SHIP) listed below:

UCHealth Senior Services/Aspen Club

(970) 495-8560

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Medicare (continued)

What are the different parts of Medicare?

Medicare Part A (Hospital Insurance)

You usually don't pay a monthly premium for Part A coverage if you or your spouse paid Medicare taxes while working. If you did not pay Medicare taxes, you can buy Part A coverage and pay a monthly premium. Part A benefits include:

- Inpatient care in hospitals
- Skilled nursing facility care (for rehab services)
- Hospice care
- Home health care

Medicare Part B (Medical Insurance)

The standard Part B premium amount in 2021 is \$148.50 for beneficiaries with incomes at or below \$88,000 for an individual taxpayer, \$176,000 for a married couple filing jointly (the premium is based on your income). In 2021, the deductible for Part B is \$203. Social Security will notify you regarding the exact amount you will pay for your Part B premium. Please note that effective in 2020 as a result of legislation passed in 2019 by Congress, Medigap plans will no longer be allowed to offer coverage of the Medicare Part B deductible. Part B benefits include:

- Services from doctors and other Health care providers
- Outpatient care
- Home health care
- Durable medical equipment
- Some preventative services

Medicare Part C (Medicare Advantage)

- Managed by Medicare-approved private insurance companies
- Includes all benefits and services covered under Part A and Part B (some copayments and deductible may vary, and you may be required to use in-network providers)
- Usually includes Medicare prescription drug coverage (Part D) as part of the plan
- May include extra benefits and services for an extra cost

Medicare Part D (Medicare prescription drug coverage)

- Managed by Medicare-approved private insurance companies
- Helps cover the cost of prescription drugs
- May help lower your prescription drug costs and help protect against higher costs in the future (if you do not enroll in a Part D plan when you become eligible for Medicare benefits and enroll at a later time, you will be subject to penalties and your premiums will be higher.)

Medicare (continued)

For Medicare information and enrollment assistance, the following agencies can assist with questions and enrollment:

Medicare

(800) 633-4227

If you have questions about Medicare enrollment or benefits contact Medicare directly.

Social Security Administration

(800) 772-1213

To apply for Medicare, contact Social Security three months before you turn 65 years old. You can also apply for Part A (premium-free) and Part B (for which you pay a monthly premium) at www.socialsecurity.gov/retirement. If you are under 65 and disabled, you'll automatically get Part A and Part B after you receive disability benefits from Social Security for 24 months.

UHealth Senior Services/Aspen Club

(970) 495-8560

If you have questions or need assistance enrolling in Medicare, Medicare Advantage Plans, or Medicare Part D prescription plans.

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Medicare Quality Improvement Organizations

KEPRO

(844) 430-9504

The Quality Improvement Organization (QIO) Program dedicated to improving the quality of care and health outcomes for beneficiaries of Medicare. As the Beneficiary and Family Centered Care Quality Improvement Organization (BFCC-QIO), KEPRO provides information and assistance to providers, patients, and families regarding beneficiary complaints, quality of care reviews, discharge appeals, and advocacy.

Medicare Part D & Medicare Part C (Medicare Advantage Plans) Enrollment Information

Each year, you have a chance to make changes to your Medicare Advantage or Medicare Part D prescription drug coverage for the following year. It is highly recommend that you review your Medicare Part D plan annually to ensure that you are in the most cost effective plan that meets your needs. Plan guidelines and benefits can change from year to year.

Medicare Part D and Medicare Advantage

Open Enrollment Period: October 15 - December 7

What can I do?

- Enroll in a Medicare Prescription Drug Plan
- Change your Medicare Part D Drug Plan
- Switch between original Medicare and a Medicare Advantage Plan
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Drop your Medicare prescription drug coverage completely

Medicare (continued)

Medicare Advantage Open Enrollment: January 1 - March 31

What can I do?

- If you're in a Medicare Advantage Plan, you can leave your plan and switch to original Medicare
- If you switch to original Medicare during this period, you can join a Medicare Prescription Drug Plan to add drug coverage
- Switch from one Medicare Advantage Plan to another plan

What can't I do?

- Switch from original Medicare to a Medicare Advantage Plan
- Switch from one Medicare Prescription Drug Plan to another plan

The following agencies can assist you with questions regarding Medicare Part D benefits and enrollment:
UCHealth Senior Services/Aspen Club _____ (970) 495-8560

Medicare Savings Programs (MSP) Eligibility

- If you have Medicare Part A, you may be eligible for one of the Medicare Saving programs that help pay for your Medicare Part B premium.
- If you are eligible for SSI and are entitled to Medicare, you may be eligible for payment of your Medicare Part A premium, Medicare Part B premium and any Medicare coinsurance and deductible through one of the Medicare Savings programs.

Four Kinds of Medicare Savings Programs

1. Qualified Medicare Beneficiary (QMB) Program
2. Specified Low Income Medicare Beneficiary (SLMB) Program
3. Qualifying Individual (QI) Program
4. Qualified Disabled and Working Individuals (QDWI) Program

If you have income from working, you may qualify for these four programs even if your income is higher than the income limits listed below.

If you qualify for a QMB, SLMB or QI program, you automatically qualify for Extra Help (Low Income Subsidy - LIS) which provides assistance paying for your prescriptions.

If you do not qualify for a Medicare Savings Plan, you may qualify for Extra Help (Low Income Subsidy) to assist you with the cost of your prescriptions.



VOLUNTEER
WITH THE OFFICE ON AGING

Call (970) 498-7750 or email ADRC@larimer.org
to tell us you're interested!



LARIMER
COUNTY
Office on Aging

Medicare (continued)

Please note that the income and asset limits for MSP eligibility change every year in March/April.

Medicare Savings Program	Individual Income Limit	Married Income	Helps Pay For
QMB*	\$1,094	\$1,472	Part A deductible and Part B Premium plus other deductible, and co-payments
SLMB*	\$1,308	\$1,762	Part B Premium Only
QI*	\$1,469	\$1,980	Part B Premium Only
*Assets for all MSP programs in 2019 must be less than:			
	\$7,970 for an individual		\$11,960 for a couple

Medicare Extra Help for Low Income Persons or Low Income Subsidy (LIS)

For individuals who receive Part D prescription drug coverage and are low income, there is assistance available for the costs of deductibles and co-pays. This Extra Help is also known as the Low-Income Subsidy (LIS). If you do not qualify for Medicare Savings Plan, you may qualify for Extra Help (LIS) to assist with the cost of your prescriptions.

Who is eligible?

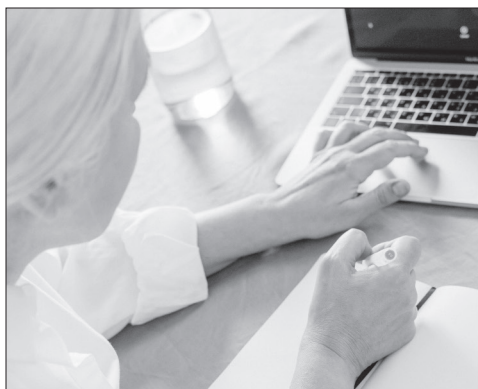
To receive Extra Help, persons must be eligible for Medicare Part D and have income less than 100% of the federal poverty level for a full benefit or less than 150% for a partial benefit.

What are the benefits?

Benefits vary based on the recipient's income and on living situation. In general, Extra Help will pay for a person's monthly drug plan premium if it is an Extra Help approved plan. It will also pay the annual deductible amount for the plan, and cover most drug costs in the coverage gap, or doughnut hole.

Low Income Subsidy (LIS) - Also known as Extra Help with Medicare Part D

Individual Income & Assets Limit	Couples Income & Assets Limit
\$1,630 income \$14,790 assets	\$2,198 income \$29,520 assets



APPLICATION ASSISTANCE

Understanding eligibility and benefits can be overwhelming. The Larimer County Office on Aging and Disability Resources for Colorado (ADRC) can help!

**For assistance call (970) 498-7750
or email ADRC@larimer.org**



Medicare (continued)

The following agencies can assist you with questions regarding Medicare Part D, Medicare Savings Program, and Low Income Subsidy benefits and enrollment:

Larimer County Office on Aging

Aging and Disability Resources for Colorado (ADRC)

(970) 498-7750

Information and guidance regarding eligibility and the application process for Medicare Savings Program and Low Income Subsidy. Hands-on application assistance for individuals living in the community who would like to apply for Medicare Savings Programs or Low Income Subsidy. This service provides assistance for individuals who are not residing in a nursing home. Appointments are required.

1501 Blue Spruce Drive, Fort Collins, CO 80524

Larimer County Department of Human Services

(970) 498-6300

For information on Medicare Savings Programs

1501 Blue Spruce Drive, Fort Collins, CO 80524

200 Peridot Avenue, Loveland, CO 80537

UCHealth Senior Services/Aspen Club

(970) 495-8560

The University of Colorado Senior Services/Aspen Club is contracted with the State of Colorado as the Senior Health Insurance Assistance Program (SHIP). They provide assistance free of charge to people about Medicare benefits, supplemental insurance, Medicare Advantage Plans, prescription drug plans, how Medicare works with employer plans and information on Medicare Savings Programs, and Low Income Subsidy assistance.

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Mental Health Services

See Counseling section on page 14 and Behavioral Health section on page 57 and Case Management listing for Regional Accountable Entity (RAE) Rocky Mountain Health Plan page 10.

Connections

(970) 221-5551

Provides behavioral health counseling and therapy referrals based on insurance. Pro bono services for ongoing mental health issues and substance abuse are available for the uninsured, if meet financial eligibility guidelines.

425 W. Mulberry, Suite 101, Fort Collins, CO 80521

Moving - Downsizing Assistance

The following moving companies provide sliding fee scale and some pro bono services to older and /or disabled adults:

A Good Moving Company

(970) 412-6683

Sliding fee scale available on a case by case basis.

40759 Jade Drive, Ault, CO 80610

Moving - Downsizing Assistance (continued)

Heritage Handlers

(303) 709-3897

Non-profit business that provides packing and moving services for seniors 55+ to minimize stress when downsizing and moving into a new residence or community. Services include downsizing, sorting/organizing, distribution of personal belongings to family members, sale or donation of unneeded items, move management, packing, unpacking, and setting up a new home. Member of the National Association of Senior Move Managers (NASMM).

359 Meeker Court, Louisville, CO 80027

Kid Gloves

(970) 449-2309

Assists with the physical and emotional demands of moving. We work with you to develop a personalized plan and help you decide what will fit into your new home, and make arrangements for what is left. Help with the physical packing and moving as well as assistance with the emotional upheaval of sorting, packing, and moving.

2253 7th Ave, Greeley, CO 80634

Silver Wings

(970) 305-1376

Relocation assistance and professional organizing: downsizing, decluttering, personalized organizational solutions, customized decluttering assistance with realistic tips to help learn and enjoy decluttering your home. Hands-on tutoring to deal with mail, paperwork, and filing. Move manager: arranging movers, packing, unpacking, move-in assistance (set-up new living space and box removal) chronic disorganization expertise. Serving northern Colorado.

PACE Program

Program of All-Inclusive Care for the Elderly (PACE). The Programs of All-Inclusive Care for the Elderly (PACE) provides comprehensive medical and social services to certain frail, community-dwelling elderly individuals, most of whom are dually eligible for Medicare and Medicaid benefits. To qualify, you must be 55 years of age or older; meet nursing home level of care; live in the service area of the PACE organization, and be able to live in the community without risking your health or safety.

InnovAge Greater Colorado PACE – North Center

(970) 800-5500

1303 E. 11th Street, Loveland, CO 80537

Program questions and enrollment (855) 487-6768

PACE Ombudsman Program

State PACE Ombudsman Program

Disability Law Colorado

(303) 722-0300

The State Ombudsman is charged with establishing statewide policies to identify, investigate, and seek the resolution on behalf of a PACE participant related to any action, inaction, or decision of a PACE provider that may adversely affect the health, safety, welfare, or rights of the PACE participant.

455 Sherman Street #130, Denver, CO 80203

Personal Emergency Response Systems

There are several national companies that provide personal emergency response systems (PERS). The following is a list of local agencies that provide personal emergency response systems in Larimer County. Some of these agencies may also provide medication management systems/boxes, wandering alerts systems, and seizure alert watches. Call for more information.

American Medical Alert Corporation, A Connect America Company (866) 686-7504

471 S. Baldwin Street, Woodland Park, CO 80863

Banner Lifeline (970) 810-4743

1810 N. Boise Avenue, Loveland, CO 80538

Home Helpers Monitoring Services (970) 594-8739

1635 Foxtail Drive, Suite 117, Loveland, CO 80538

Interim Healthcare of Fort Collins (970) 472-4180

2000 Vermont Drive, Suite 100, Fort Collins, CO 80525

Senior Living Advisors of Colorado (970) 541-4592

1635 Foxtrail Drive, Loveland, CO 80538

Pet & Animal Assistance Programs

Animal Control/Humane Society of Larimer County (970) 226-3647

3501 E. 71st Street, Loveland, CO 80538

Animal Friends Alliance (970) 484-8516

A non-profit, high-quality, subsidized (low-cost) spay and neuter clinic. All spay/neuter procedures are performed by licensed, Colorado veterinarians. We perform more than 6,000 procedures annually, financial assistance available, income guidelines apply. Applications for financial assistance are available online: www.fccrsnc.org

2321 E. Mulberry Street, Unit 1, Fort Collins, CO 80524

Elder Pet Care (970) 493-2657

Veterinary services (low-cost veterinary services for seniors aged 60 and older). Sliding fee scale available based on total household income, proof of income and pet ownership required.

210 N. Highway 287, Fort Collins, CO 80524

Prevent Unwanted Pets (PUP) (970) 226-2416

"PUP" is a nonprofit, 501(c)3 charitable organization in Northern Colorado dedicated to promoting responsible care of companion animals. Provides spay and neuter education information and helps those in need with financial assistance for their pet's spay/neuter surgery. To qualify for assistance, the surgery must be performed by a Larimer County veterinarian. Temporary emergency pet food is available for those who have temporary financial difficulties. For more information or an application visit: <http://www.preventunwantedpets.com/>

P.O. Box 51, Fort Collins, CO 80522

Prescription Assistance

Berthoud Life Center (located at Grace Place Church)

(970) 532-0161

House of Neighborly Service provides prescription assistance at the Berthoud Life Center on Tuesdays & Thursdays 9am - 4pm, first Tuesday of the month, 9am-7pm
375 Meadowlark Drive, Berthoud, CO 80513

Crossroads Ministry of Estes Park

(970) 577-0610

Provides food, vouchers for laundry, showers, clothing, limited housing, utility shut-off, medical bills and prescription medications. Also provides training in money management and energy efficiency for low income households. Services limited to residents of Estes Valley.

851 Dry Gulch Road, P.O. Box 3616, Estes Park, CO 80517

House of Neighborly Service

Clients may receive up to four prescription vouchers per client per calendar year with a total annual maximum not to exceed \$200.

Loveland Community Life Center, 1511 E.11th Street, Suite 300, Loveland, CO 80537 ___ (970) 667-4939

Berthoud Life Center, 375 Meadowlark Drive, Berthoud, CO 80513 _____(970) 352-0161

Prescription Assistance Program

(970) 416-6519

Health District of Northern Larimer County

Helps clients who are uninsured, under-insured, or having challenges paying for prescriptions.

120 Bristlecone Drive, Fort Collins, CO 80524

Sunrise Loveland Community Health Center

(970) 461-3843

Provides services regardless of a patient's ability to pay by screening for eligibility for publicly funded programs or for private insurance, and by offering a sliding fee scale and payment plans. Patient Advocates/Navigators (Pharmacy Assistance Program) are available to assist existing patients who need additional help paying for medications.

302 3rd Street SE, Suite 150, Loveland, CO 80537

Your Rx Concierge, LLC

(970) 658-5522

No cost Rx assistance to individuals of all ages ordering FDA approved prescription medications from accredited international pharmacies for maximum cost savings. Also provides assistance in identifying the lowest local price, and any manufacturer rebates or sponsored prescription savings assistance program where available.

P.O. Box 271704, Fort Collins, CO 80527

STAY INFORMED

**Are you looking for ways to stay up-to-date?
Do you need help to find resources?
The Larimer County Office on Aging is here to help.**

**Follow us on Facebook @LCOAofColorado
Visit our webpage at larimer.org/seniors for news
and events.**

LARIMER COUNTY
Office on Aging

Senior Centers

If you meet the income guidelines or receive a state or federal assistance program, you may qualify for reduced fees for classes and services. Call your local senior center for more information and to request an application.

Bellvue Senior Center (970) 482-0406

2929 N. County Road 23, Bellvue, CO 80512

Berthoud Community Senior Center (970) 532-2730

248 Welch Avenue, Berthoud, CO 80513

Chilson Senior Center (970) 962-2783

700 E. 4th Street, Loveland, CO 80537

Estes Park Senior Citizens Center, Inc. (970) 581-2195

1760 Olympian Lane, Estes Park, CO 80517

Estes Valley Community Center (970) 586-8191

660 Community Drive, Estes Park, CO 80517

Fort Collins Senior Center (970) 221-6644

1200 Raintree Drive, Fort Collins, CO 80526

Wellington Senior Resource Center (970) 817-2293

3800 Wilson Avenue, Wellington, CO 80549

Senior Clubs/Organizations

AARP National (888) 687-2277

American Association of Retired Persons Colorado (866) 554-5376

303 E. 17th Avenue, Suite 510, Denver, CO 80203

Los Ancianos Unidos (970) 221-6256

Northside Aztlan Community Center

112 E. Willow Street, Fort Collins, CO 80524

OGLBT (970) 224-6033

Older Gay Lesbian Bisexual Transgender

Fort Collins Senior Center, 1200 Raintree Drive, Fort Collins, CO 80526

UCHealth Senior Services/Aspen Club (970) 495-8560

Provides health education, screenings, hospital discounts, and social opportunities to residents ages 50+ throughout northern Colorado

1025 Garfield Street, Suite A, Fort Collins, CO 80524

Social Security

Social Security Administration

National (800) 772-1213

Social Security Administration benefits, Supplemental Security Income _____ **Local (866) 336-7385**
301 S. Howes Street, 4th Floor, Fort Collins, CO 80521

Support Organizations & Groups

Alcoholics Anonymous (AA)

Fort Collins (970) 224-3552

Support groups and information regarding AA groups.
155 N. College Avenue, #120, Fort Collins, CO 80524

ALS Association (Amyotrophic Lateral Sclerosis)

(303) 832-2322

10855 Dover Street, Suite 500, Westminster, CO 80021

Alzheimer's Association

(970) 472-9798

Support for individuals and their caregivers dealing with Alzheimer's disease or other types of dementia. Access to information, support groups, education, message boards, and care consultations.

415 Peterson Street, Fort Collins, CO 80524

National Alzheimer's Association (24-hour help line) _____ **(800) 272-3900**

American Cancer Society

(970) 356-9727

8221 W. 20th Street, Suite A, Greeley, CO 80534

American Diabetes Association

(888) 342-2383

2460 W. 26th Avenue, Suite 500C, 5th Floor, Denver, CO 80211

(720) 855-1102

American Heart Association/American Stroke Association

(303) 801-4630

1777 S. Harrison Street, Suite 500, Denver, CO 80210

American Lung Association

(303) 388-4327

5600 Greenwood Plaza Boulevard, Suite 100, Greenwood Village, CO 80111

Brain Injury Alliance of Colorado (BIAC)

(303) 355-9969

1325 S. Colorado Boulevards, Suite 300, Denver, CO 80222

National (800) 955-2443

The Center for Family Outreach

(970) 495-0084

The Center has various support groups all seasons except summer for parents and grandparents raising adolescents. The groups are offered in both English and Spanish.

212 W. Mountain Avenue, Fort Collins, CO 80521

Dementia Together

(970) 305-5271

Help for persons striving to live well with dementia and their care partners. Resources, education, and classes for community members, caregivers and persons with dementia. For more information email

help@dementiatogether.org.

1540 Main Street, Suite 218/231, Windsor, CO 80550

Support Organizations & Groups (continued)

Grand Family Coalition

(970) 699-2837

Social support for grandparents and kin raising relatives whose mission it is to promote unity of grandfamilies by creating a place where grandfamilies and services connect.

Huntington's Disease - Rocky Mountain Chapter

(303) 837-9937

Provides information regarding HDSA, resources and local chapter events. hdsa.org

Namaqua Center

(970) 494-4231

SummitStone Health Partners

Support for the health and well-being of grandfamilies.

221 E. 29th Street, Suite 101, Loveland, CO 80538

National Alliance on Mental Illness (NAMI)

(970) 494-4359

SummitStone Health Partners

P.O. Box 2926, Loveland, CO 80539

24/7/365 Crisis Services Walk-in Clinic

(970) 494-4200

1217 Riverside Avenue, Fort Collins, CO 80524

National Ataxia Foundation

(763) 553-0020

National Kidney Foundation

(720) 748-9991

1391 Speer Boulevard #250, Denver, CO 80204

National Multiple Sclerosis Society

(303) 698-7400

900 S. Broadway, 2nd Floor, Denver, CO 80209

National Osteoporosis Foundation

(800) 231-4222

Northern Colorado Health Network

(970) 484-4469

400 Remington Street, Suite 100, Fort Collins, CO 80524

Parkinson's Association of the Rockies

(303) 830-1839

1325 S. Colorado Boulevard, Suite 204B, Denver, CO 80222

Rocky Mountain Stroke Center

(303) 730-8800

5666 S. Bannock Street, Littleton, CO 80120

VOUCHER PROGRAMS

The OFFICE ON AGING offers voucher programs to help members of aging community stay independent and at home.

- Chore Voucher Program
- Family Caregiver Support
- In-Home Services Voucher Program

Visit us online at larimer.org/humanservices/aging/ooa or call us at (970) 498-7750 for more information.



Support Organizations & Groups (continued)

Additional Support Groups

Caregiver Support Group (Alzheimer's Assoc.) _____	(800) 272-3900
Caregiver Support Group (Alzheimer's Assoc.) Estes Park Good Samaritan Village	(970) 586-2273
Dementia Care Partners Support Group _____	Timberline Church (970) 213-4548
Fronto Temporal Dementia Peer Group _____	Elderhaus (970) 221-0406
Grief Support Group _____	Auburn Crest Hospice (970) 775-7022
Life Transitions _____	Elderhaus (970) 221-0406
Memory Cafes _____	The Lodge at MacKenzie Place & Timberline Church (970) 213-4548

Spanish Speaking Supports

Iglesia Pacto de Amor **(970) 213-9167**

Offers various support groups all year. Groups are offered in Spanish. For more information please visit the website below.

Ofrecemos varios grupos de apoyo durante todas las estaciones del año. Los grupos se ofrecen en español. Para más información visita la página web en : www.iglesiapactodeamor.com

5420 Taft Avenue, Loveland CO 80538

For additional Spanish speaking support groups, please see The Center for Family Outreach listing on page 7.

Tax Assistance

Income Tax Assistance

AARP **(888) 687-2277**

Help with individual tax returns - January - April 15 annually.

For more information go to www.aarp.org/taxaid

Internal Revenue Service **(800) 829-1040**

Information Only

Volunteer Income Tax Assistance (Colorado VITA) **2-1-1**

United Way 211

No cost assistance for low income individuals who need help preparing their tax returns

January - April 15 annually

Tax Assistance (continued)

Property Tax Deferral Programs

Colorado Property Tax Deferral Program

(970) 498-7020

Larimer County Treasurer's Office

The senior and military tax deferral program is offered by the state of Colorado. It allows you to postpone your tax payments until you sell your property, or your estate is settled after your death. Interest is applied to the amount you defer. You can defer either the whole amount of your taxes, or half of your taxes. The Larimer County Treasurer's Office collects the information and sends it to the state of Colorado who manages the program, makes all of the decisions, and then notifies the county treasurer who has been approved or disapproved.

Eligibility requirements:

- Applicant must be 65 years or older on or before January 1 of this year or be a person called into military (activated guard or reserve) service as of January 1 of the year in which the person files a claim. You cannot be earning income from the property (i.e. renting the property) but you can have a home office. If your property is in a trust, you must be named as the trustee and the beneficiary of the trust. (Most trusts are not set up this way)
- All prior years' property taxes must be paid
- Applicant must own and occupy the property as their primary residence
- If a qualified applicant has a reverse mortgage, the property is only eligible for future deferrals if a subordination agreement from the mortgage lender is submitted with the application.
- The completed application must be returned to the Treasurer's Office no later than the close of business (4:30pm) April 1.

Property Tax Exemption

Senior Homestead Exemption

(970) 498-7050

Larimer County Assessor's Office

Qualifying Larimer County seniors are eligible for a tax exemption on 50 percent of the first \$200,000 in value of their primary residence. New applications must be submitted to the county assessor by July 15.

- Applicant must be 65 years or older
- The home must be the applicant's primary residence for the past 10 years as of January 1 of the year applying

OPTIONS COUNSELING

We provide personalized assistance to help you understand the long-term service and support system. We can connect you with resources and programs that will help you or your loved one make informed choices.

Call (970) 498-7750 or email ADRC@larimer.org today.



Tax Assistance (continued)

Rebate Programs

The City of Fort Collins Grocery Tax Rebate Program

(970) 416-2304

The City of Fort Collins offers a food tax rebate to qualified residents. The rebate program runs from August 1 through October 31 each year and is designed to assist low income individuals, families, disabled individuals, and seniors who live in Fort Collins or in the growth management area. Please see website for household income requirements guidelines <https://www.fcgov.com/rebate/>

215 N. Mason Street, 2nd Floor, P.O. Box 580, Fort Collins, CO 80522

City of Loveland Food, Utility and Sales Tax Rebate Programs

(970) 342-2292

This program issues food sales tax rebates to individuals and families who qualify according to HUD income guidelines. Rebate amounts are based on an estimate according to family size and income level. Applications are accepted from April 4 through May 27.

1511 E. 11th Street, Suite 100, Loveland, CO 80537 (House of Neighborly Service)

500 E. Third Street, Utility Billing, Loveland, CO 80537 (City of Loveland Utilities)

Colorado Property Tax/Rent/Heat Rebate Program

(303) 238-7378

Colorado residents who are at least 65 years old (or a surviving spouse at least 58 years of age) or disabled for all of the applicable year and meet income requirements may be eligible for the Property Tax/Rent/Heat/Rebates. Individuals may apply for the rebate for up to two years after the subject year (so individuals can apply for the 2019 benefit until December 31, 2021, and 2020 until the end of 2022). The income requirements change every year. The 2019 income limit is \$15,192 (\$20,518 for a couple), and the 2020 income limit is \$15,591 (\$21,057 for a couple). To receive the rebate, individuals must have paid property taxes, rent, or heating bills (with documentation). The actual amount rebated to applicants will vary based on income and heating expenses, up to a maximum rebate of \$892 per year.

Applications at www.TaxColorado.com click on File and PTC Rebate or call: Colorado Department of Revenue (303) 238-7378 or call 2-1-1 for information on completing the application.

Please visit this website for applications:

www.colorado.gov/pacific/tax/property-tax-rent-heat-credit-ptc-rebate-forms

Town of Estes Park Food Tax Refund Program

(970) 586-5331

This program issues food sales tax rebates to individuals and families who qualify according to HUD income guidelines. Rebate amounts are based on an estimate according to family size and income level. Applications are accepted in May, and due by the last business day in May. You can pick up an application at the finance department at Town Hall, 170 MacGregor Avenue from 8am - 5pm M - F and at estes.org/finance. Applicants must meet residency requirement by residing within the boundaries of Estes Valley Recreation and Park District for 12 consecutive months.

P.O. Box 1747, Estes Park, CO 80517

Tax Assistance (continued)

Property Tax Work-Off Programs

Larimer County Senior Tax Work-Off Program

(970) 222-0393

This program allows Larimer County residents, age 60 and over and who own and reside on their property, the opportunity to work off up to \$400 of the Larimer County portion of their property tax bill. Gross monthly household income must be at or below \$2,151 (for 1 person) and \$2,911 (for 2 people). Qualified taxpayers are placed in jobs in various Larimer County departments. If interested, contact program staff for more information about application materials, deadlines, and requirements. Please note that program information is subject to change depending on the state of COVID-19.

Thompson R2J School District/Senior Citizen Property Tax Work-Off Program

(970) 613-5072

This program is for people age 62 and older and applicants must own and live in their home in the Thompson School District. Only one person from each household may apply. School district employees are NOT eligible for this program. Applicants must pass a background check. Most participants work during school hours with students to assist teachers. However, some volunteers work in clerical, landscaping, crossing guards, libraries, and other types of positions. Participants will be paid for a maximum of 30 hours at minimum wage. Applications must be submitted no later than August 27. In-person screenings begin in July. Call for an application or go online to: www.thompsonschools.org/volunteer.

Therapy Services

Balance Center of Fort Collins

(970) 492-5161

Specializes in vestibular and balance rehabilitation especially after a fall. Dizziness, vertigo, BPPV, vestibular deficits, post-concussion syndrome, osteoporosis, osteopenia programs, and treatment including physical therapy, occupational therapy, post-surgical rehabilitation, acute orthopedic injuries, and joint replacement rehab. Accepts Medicare, Medicaid, private insurance.

1136 E. Stuart Street, Building 2, Suite 2120, Fort Collins, CO 80525

Better People Care, LLC

(970) 988-9085

Better People Care, LLC provides in-home care for seniors with dementia/Alzheimer's in northern Colorado and southern Wyoming using person-centered care and strength-based dementia techniques (see the DAWN Method® of dementia care; Better People Care, LLC is a DAWN Partner Agency). Better People Care, LLC was founded and is directed by a licensed Occupational Therapist. www.betterpeoplecare.com

Covell Care & Rehabilitation, LLC

(970) 204-4331

Provides mobile outpatient physical, occupational and speech therapies, pelvic floor therapy, driving rehabilitation, care management, therapeutic massage, counseling services, and personal training.

Telehealth services are available. Service available at the clients' homes, in the community, or at one of our outpatient clinics. Accepts Medicare, Medicaid, VA, Humana, and most other insurance.

2350 Limon Drive, Suite D12, Fort Collins, CO 80525

Therapy Services (continued)

Northern Colorado Therapy Services, LLC

(970) 658-0688

Speech and occupational therapy services for adults in our clinic, client homes, or out in the community. Specializes in evaluating and treating individuals with Parkinson's Disease and complex neurological diagnoses. Medicare accepted.

712B Whalers Way, Suite B200 Fort Collins, CO 80525

Rocky Mountain Memory Center

(970) 221-1073

Provides neuropsychological evaluations, cognitive rehabilitation, neurocognitive rehabilitations including brain wellness, life management coaching, computerized cognitive training, and mindfulness training, in-home care coordination including community networking, practical life management strategies, and communal memory tools. Specializes in deficits in attention, chronic and acute issues, and changes in mood. Telehealth available as well as services at the clients home, or in the clinic. Accepts Medicare and some insurances. Payment plans available for those who have to pay out-of-pocket. Referrals accepted from general practitioners or neurologists.

2801 Remington Street, Suite 1, Fort Collins, CO 80521

Telephone Services

You may be eligible for a free cell phone if you are receiving benefits from any of the following public assistance programs: Medicaid, food assistance (SNAP), Section 8 Housing, SSI, LEAP, TANF, OAP, AB, or AND. You may also qualify if your total household income is at or below 135% of the Federal Poverty Guidelines. \$16,389 annual gross income, or \$1366 monthly gross income for a single person (2018). The following is a list of Lifeline Assistance free government cell phones in Colorado. The plans may vary by carrier, call for more information.

Wireless (Cell Phone) Providers

Access Wireless	(888) 900-5899	Q Link Wireless	(855) 754-6543
American Assistance	(866) 966-2628	Standup Wireless	(800) 544-4441
Assurance Wireless	(888) 898-4888	Tag Mobile	(866) 959-4918
Blue Jay Wireless	(855) 425-8529	Tempo Communications	(877) 822-8501
Life Wireless	(888) 543-3620	Terracom Wireless	(877) 351-4747

For hearing impaired telephone options, please see page 32.

For more information and additional options, please visit the following websites:

<http://www.phone-bill-assistance.com/lifeline/CO>

<http://www.freegovernmentcellphones.net/states>

Transportation

The following listings include the public transportation options that are available for older adults and adults living with a disability in Larimer County. Para-transit services are indicated next to the listing and are for people with a physical or cognitive disability who are unable to access public transportation options such as fixed bus route services. Para-transit services can accommodate wheelchairs and is a door-to-door service. Riders will need to complete an application that requires information about their disability and the signature of their primary care physician. Please call the provider for more information about the application process.

BATS (Para-transit)

(970) 532-3049

Berthoud Area Transportation Service

Serves the residents of Berthoud with door-to-door transportation. Operates M-F 8am - 4pm, includes trips to Loveland on Tuesdays through Fridays and trips to Longmont on Mondays. Please call by 4pm the day before a trip is needed. Rides are confirmed by 5pm. New riders register by phone.

807 Mountain Avenue, Berthoud, CO 80513

Bustang

(800) 900-3011

Colorado Department of Transportation

Connects commuters and travelers to and from Denver. Bus leaves from Downtown Transit Center at 250 N. Mason in Fort Collins and connects to the Harmony Transfer Center, Loveland-Greeley Park & Ride, Union Station and Denver Bus Center. Single ride is \$10. For more information please visit website: <http://www.ridebustang.com/north-line>

COLT - City of Loveland Transit

(970) 962-2700

Fixed route and express route transportation in Loveland. For routes and hours please call or visit:

lovgov.org/services/public-works/bus-service

105 W. Fifth Street, Loveland, CO 80537

DAV Van Transportation

Disabled American Veterans

(970) 484-1795

No cost van service to Cheyenne and Denver VA Medical Centers for veterans. Vans are not wheelchair accessible. No transportation provided to local VA clinics; this is not a home pick-up service, you must go to one of the designated pick-up locations. Call 48 hours in advance to make a reservation. Morning appointments encouraged. DAV van leaves promptly at 2pm to return to Fort Collins.

Dial-A-Ride (Para-transit) (Serves Fort Collins and Loveland)

(970) 224-6066

Door-to-door para-transit service for individuals in Loveland and Fort Collins who cannot use Public bus transportation options due to a disability. The City of Loveland Transit has partnered with the City of Fort Collins and Dial-A-Ride (zTrip) to provide para-transit services. Services are available in both Fort Collins and Loveland for individuals who live within $\frac{3}{4}$ mile of a fixed bus route. Applications for service and advance reservations are required. Call for more information, to receive an application, or to schedule a ride.

4414 E. Harmony Road, Suite 200, Fort Collins, CO 80528

Transportation (continued)

Dial-A-Taxi (Para-transit ONLY) (Loveland and Fort Collins)

(970) 224-6066

Door-to-door para-transit service for Dial-A-Ride riders to be used for subsidized taxi trips through a voucher program. All potential passengers MUST apply for Dial-A-Ride service. Applications are available by mail or fax only. Dial-A-Taxi Trip MUST begin within the Dial-A-Ride service area and riders will be transported door-to-door. Transfort covers first \$20 of any trip (approximately five miles), and passenger pays any fare that goes over the \$20. Fees paid directly to driver, 24-hour advance reservation is required. To schedule a ride, call zTrip at (970) 224-6066. Requests can be made up to 24 hours in advance of the trip. Service hours: 6am to 11pm M-Sat, and 8am to 7pm on Sundays and holidays.

FLEX (Para-transit)

FLEX is a regional bus route serving stops between Fort Collins, Loveland, Berthoud, Longmont, and Boulder. This service is operated by Transfort and is made possible through regional partnerships. All buses are wheelchair accessible. Exact fare only, drivers carry no change. Single ride: \$1.25, Seniors (60+), Disabled and Medicare: \$.60. **Call Transfort (970) 221-6620 or COLT (970) 962-2700 for more information.**

Heart & Soul Paratransit

(970) 690-3338

Provides customized transportation services based on the needs of the client. Locally owned, family run, door-through-door para-transit service serving Northern Colorado residents with both medical and non-medical transportation. Safe, reliable services with a team of dedicated, compassionate drivers. Drivers are certified in first aid, CPR, AED, oxygen, dementia care, transfers, developmental disabilities. 5am-6pm, Monday-Saturday, closed Sundays
200 E. Swallow Road, Fort Collins, CO 80525

IntelliRide - Colorado NEMT (Non- Emergent Medical Transport)

(303) 398-2155

State contracted Medicaid transportation provider for non-emergency medical transportation services for Health First Colorado (Colorado Medicaid) eligible consumers living in Larimer County who require transportation to a Health First Colorado (Colorado Medicaid) funded medical appointment. To schedule a ride please have your Health First Colorado ID number, date of birth, address for pick up, doctor's name, address and phone number, and the date and time of your appointment along with the estimated time for any return trip. For more information about this service, please visit: www.gointelliride.com/colorado

MAX Bus Rapid Transit (Para-Transit)

(970) 221-6620

Service runs M - Sat 5am - midnight, Sundays and holidays 8am - 7pm MAX follows a dedicated route that runs parallel to the BNSF Railway between the South Transit Center (south of Harmony Road) and downtown. It is served by 12 stations. All buses are wheelchair accessible.

Poudre Express (Regional Commuter Bus Services)

(970) 350-9290

Operates runs from Fort Collins, Windsor, and Greeley Monday - Friday.

RAFT (Para-transit) (Rural Alternative for Transportation)

(970) 532-0808

Services provided by volunteer drivers for adults 60 and older and adults living with a disability that prevent them from driving. Trips are provided into Berthoud, Loveland, Longmont, and adjacent areas. Services provided to residents living within the Rural Fire Protection District of Berthoud. Potential riders must fill out a short application. Reservations are required three days in advance. Wheelchair accessible services are available. Riders who need assistance with their chair must have a personal attendant. Hours of operation: M-F 8am - 4pm

248 Welch Avenue, P.O. Box 1074, Berthoud, CO 80513

Transportation (continued)

SAINT Volunteer Transportation (Senior Alternatives in Transportation)

(970) 223-8604

Personal, door-to-door transportation provided by volunteer drivers for adults 60 and older and adults 18 and older living with a disability preventing them from driving. Transportation provided within the cities of Fort Collins and Loveland. Drivers cannot transport individuals between the city of Loveland and Fort Collins and services are not provided in outlying areas. Please call for more information about service area. SAINT provides prescheduled rides and reservations must be made at least three days in advance. There is no charge for services, but donations are appreciated. Services hours are M-F 8:15am - 4pm. Riders must be able to ambulate and self-transfer independently with or without a cane, walker, or service animal.

333 W. Drake Road #42, Fort Collins, CO 80526

Transfort (Para-transit)

(970) 221-6620

Fort Collins public bus system with over 20 fixed routes throughout Fort Collins. Some routes connect to the MAX Bus Rapid Transit system. Call for schedule and fares.

250 N. Mason, Fort Collins, CO 80524

Via Mobility Services (Para-Transit)

(888) 647-9768

Service available to older adults, adults with disabilities, and the general public within Estes Park. Trips provided for any purpose including: shopping, outings, medical appointments, employment, and recreation. This is a shared para-transit ride service and schedules change daily based on where riders need to go. Reservations required in advance. M-F 8:30am to 4:30pm.

2855 N. 63rd Street, Boulder, CO 80301

Wellington Senior Resource Center (Para-Transit)

(970) 817-2293

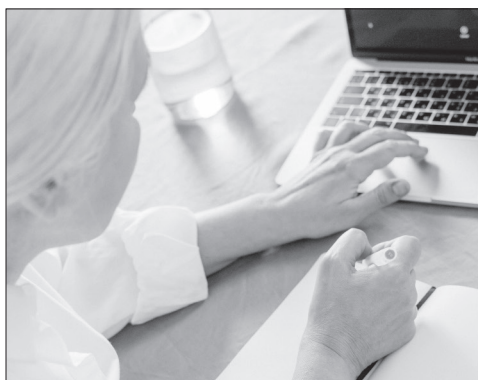
Transportation for Wellington residents age 60 and over. Service area is limited. Reservations are required.

3800 Wilson Avenue, Wellington, CO 80549

zTrip

(970) 224-2222

zTrip is a taxi service in northern Colorado that uses licensed, professional drivers. Services operate 24 hours a day, seven days a week, 356 days a year. Trips can be booked by phone, online, or with the zTrip app. Schedule your rides for immediate pick-up or for future needs. zTrip can transport you anywhere you need to go, from medical appointments to the movies. zTrip Mobility Plus provides services for medical patients, elderly passengers, and people with disabilities. zTrip does not use surge pricing so you pay the same low fare any time of the day.



APPLICATION ASSISTANCE

Understanding eligibility and benefits can be overwhelming. The Larimer County Office on Aging and Disability Resources for Colorado (ADRC) can help!

**For assistance call (970) 498-7750
or email ADRC@larimer.org**



Veterans Services

Center for People with Disabilities (CPWD)

Center for People with Disabilities (CPWD) has a contract with the Veterans Administration to provide assistance and education on Veterans Independence Program (VIP), a program funded by the Veterans Administration that follows the guidelines of the VA's Veteran-Directed Home and Community based Services (VD-HCBS). VIP allows veterans to receive services in their home and community while managing their own service plan and budget. VIP helps veterans live independently in their own home. The VA Medical Center determines whether you meet eligibility requirements for VIP based on their functional criteria assessment. Call CPWD for more information.

1675 Range Street, Boulder, CO 80301 (303) 442-8662

615 Main Street, Longmont, CO 80501 (303) 790-1390

Cheyenne VA Medical Center

(307) 778-7550

Provides health care services to veterans in southeastern Wyoming, northern Colorado, and western Nebraska.

2360 E. Pershing Blvd., Cheyenne, WY 82001

Colorado Division of Veterans Affairs

(303) 284-6077

Assists veterans, their dependents, and survivors in obtaining their state and federal benefits.

1355 S. Colorado Boulevard, Suite 113, Denver, CO 80222

DAV Van Transportation

(970) 484-1795

Disabled American Veterans

No cost van service to Cheyenne and Denver VA Medical Centers for veterans. Vans are not wheelchair accessible. No transportation provided to local VA clinics; this is not a home pick-up service, you must go to one of the designated pick up locations. Call 48 hours in advance to make a reservation. Morning appointments encouraged. DAV van leaves promptly at 2pm to return to Fort Collins.

6813 S. College Avenue, Fort Collins, CO 80525

Fort Collins VA Clinic

(970) 224-1550

Outpatient clinic managed from the Cheyenne VA Medical Center. M-F 8am - 4:30pm. Services include: primary care, mental health, counseling, audiology, nutrition counseling, and on-site lab services for routine blood draws. Appointment required.

2509 Research Blvd., Fort Collins, CO 80526

Healing Warriors

(970) 776-8387

A nonprofit organization offering clinic services to service members, their partners, and parents for pain and PTS symptoms. Their mission is to advance individual well being for veterans, their partners, and parents through evidence-based complementary care services and education. Provides acupuncture, craniosacral, and healing touch therapy to service members and their family for pain, PTSD, and sleep.

1044 W. Drake Road, Suite 202 Fort Collins, CO 80526

Larimer County Veterans Services

(970) 498-7390

Provides services to veterans and their families and assistance with filing for and obtaining benefits, claim counseling, help submitting claims, and representation regarding issues with claims. Provides advocacy for veterans, their families, and survivors.

200 W. Oak Street, 5th Floor, Fort Collins, CO 80521

Veterans Services (continued)

Larimer County Economic and Workforce Development - Jobs for Veterans Programs

A state grant funded program that provides intensive job search assistance for veterans with significant barriers to securing and maintaining employment.

200 W. Oak Street, 5th Floor, Fort Collins, CO 80521 _____ **(970) 498-6600**

200 Peridot Avenue, Loveland, CO 80537 _____ **(970) 619-4650**

(By appointment only) Estes Park, CO 80517 _____ **(970) 577-2152**

Loveland VA Clinic _____ **(select option 2, and then option 2 again) (970) 962-4900**

Outpatient clinic managed from the Cheyenne VA Medical Center. M-F 7am - 5pm. Services include: primary care, mental health, pharmacist, social work, nutrition, optometry, physical and occupational therapy, podiatry, cardiopulmonary, telehealth, home based primary care, laboratory and pathology, audiology, transportation services, chaplain, and veterans experience liaison.

5200 Hahns Peak Drive, Loveland, CO 80538

National Caregiver Support Line _____ **(855) 260-3274**

Resource and referral center to assist caregivers, veterans and individuals seeking caregiver information. Call or visit their website at: www.caregiver.va.gov

Northern Colorado Veteran Resource Center _____ **(970) 888-4249**

Created by and for veterans and their families. Educates the community, fills gaps, creates collaboration among service providers, provides advocacy and a better understanding of the needs of veterans. Veteran navigators guide Veterans and their families to find resources to meet their needs.

215 W. Oak Street, Fort Collins, CO 80521

Operation Salute at Elderhaus _____ **(970) 221-0406**

A program geared towards veterans designed to meet the needs of any veteran adjusting from war to civilian life in northern Colorado. Operation Salute provides individualized services to support physical, mental, emotional, and social health concerns. VA contracted day program services.

6813 S. College Avenue, Fort Collins, CO 80526

Operation Traumatic Brain Injury (TBI) Freedom _____ **(855) 355-6824**

Provides support for veterans and active duty military personnel with traumatic brain injury (TBI). The program is located in Colorado Springs, but serves all of Colorado. Offers case management, crisis management, medical and mental health referrals, employment/education assistance, psychosocial classes, emergency assistance for severe needs and much more. Referrals can be made by individual veteran, community partner, or clinician.,

(Craig Hospital OTF@craighospital.org)

Qualified Listeners _____ **(720) 600-0860**

A veteran and family resource hub providing a variety of services, connections, and support.

Support Services for Veteran Families (SSVF) _____ **(970) 999-5877**

Volunteers of America

Program participants must be low income veterans, be eligible for VA Health Administration Benefits, and be residing in permanent housing but be at imminent risk of homelessness, or homeless but scheduled to be permanently housed within 90-days, or exited permanent housing in the last 90 days. Provides housing counseling, short-term case management, temporary financial assistance to prevent or resolve homelessness.

116 Harvard Street, Suite #4, Fort Collins, CO 80525

Veterans Services (continued)

Vet Center

(970) 221-5176

Counseling for veterans including: readjustment counseling for combat theater veterans, military sexual trauma and bereavement counseling for active duty veterans and family members, alcohol and drug referrals, information and referral, PTSD assessment and counseling.

702 W. Drake, Building C, Fort Collins, CO 80526

Veterans Crisis Line

(800) 273-8255 (Press 1), or text to 838255

Free, confidential support for veterans in crisis and their families and friends. 24 hours a day, seven days a week, 365 days a year.

Vision

Audio Information Network of Colorado

(877) 443-2001 or (303) 786-7777

Provides free audio services that help blind, visually impaired, and print-disabled individuals maintain independence and stay connected to their community. Access to nearly 100 Colorado newspapers, grocery/discount ads, magazines, and other local publications. Volunteers read and record in English and Spanish. Options include pre-tuned digital receivers, telephone, or the internet. Available 24/7.

1700 S. 55th Street, Suite A, Boulder, CO 80301

Choice Magazine Listening

(888) 724-6423

A free audio magazine for adults with impaired vision or other disability.

Colorado Talking Books Library

(800) 685-2136

Free library service to Colorado residents who cannot read standard print. Audio, braille, and large print books sent through the USPS mail postage-paid. Download service also available for your smart device.

180 Sheridan Boulevard, Denver, CO 80226

Disabled Resource Services - Vision Matters

(970) 482-2700

Services provided to people who are low-vision or blind. Includes accessing vision-related services/resources, home assessments, adaptive tools/assistive technology, support groups, and education. Individualized assistance and services delivered at no charge to meet specific vision-related needs (i.e., coping, skills training, peer support, and aid to families).

1017 Robertson, Unit B, Fort Collins, CO 80524

Ensign Skills Center, Inc.

(970) 407-9999

Visual rehabilitation programs and low vision evaluations for all ages. Scholarships available for qualified persons.

1740 S. College Avenue, Fort Collins, CO 80525

Eye Care America

(877) 887-6327

Free comprehensive eye exam and follow-up care for applicants 65 or older who have not had an eye exam within the last three years. This service is not available for anyone covered under an HMO or who has eye care benefits through the VA.

P.O. Box 429098, San Francisco, CA 94142

Vision (continued)

Lions Club of Loveland

(970) 622-9799

Eyeglasses and/or eye exams for low income Loveland residents (one year minimum residency).

Call for an application to be mailed to you, or pick up an application at:

House of Neighborly Services, 1511 E. 11th Street, Suite 300, Loveland, CO 80537

Volunteer Opportunities

Adopt-A-Neighbor Program

(970) 224-6046

The City of Fort Collins is seeking volunteers to assist with services to our vulnerable populations. Volunteers will assist neighbors who are vulnerable to COVID-19 with daily tasks, such as grocery shopping and delivery, picking up medications, sidewalk shoveling, and pet care.

A Little Help

(970) 412-9396

A Colorado nonprofit connecting neighbors to help older adults thrive. Provides volunteer services to help older adults age well at home and in their community. Special events to combat isolation and build community are offered. Neighbors of all ages are equipped to volunteer which empowers older adults to live interdependently and with a high quality of life. Volunteers provide non-medical services including transportation, yard work, handy help, technology, companionship/friendly visitor, errands, snow shoveling, home chores, light cleaning and organization, and other activities that offer "a little help". For membership or volunteer information in your community, please contact A Little Help.

19 Old Town Square, Suite #238, Fort Collins, CO 80524

Partnership For Age-Friendly Communities in Larimer County (PAFC)

PAFClarimer.org

PAFC's mission is to foster leadership and strong community collaboration that will plan, design, and implement sustainable strategies to enhance the quality of life for older adults in Larimer County. With the use of grassroots teams of volunteers called Self Directed Volunteer Teams (SDVT), PAFC has a focus on four priority groups to help promote a livable community: housing, health and wellness, mobility and access, and culture of aging. The SDVTs have specific goals and timelines which can be ideal for volunteers who don't want to make a long-term commitment. If interested in volunteering, contact communications and volunteer coordinator, Cheryl Noble at (530) 559-4590 or at info@pafclarimer.org.

Volunteers of America

(970) 472-9630

RSVP (Retired and Senior Volunteer Program)

Community members age 55+ are matched with volunteer opportunities with local nonprofits.

405 Canyon Avenue, Fort Collins, CO 80521

**Are you looking for resources
for yourself or a loved one?**

**Visit larimer.org/seniors or
call the Office on Aging at (970) 498-7750.**



RESOURCES

Wellness Classes

The following is a list of agencies that offer health and wellness classes, screenings, and education for older adults in Larimer County. To learn more about specific offerings, please contact the agency directly.

For additional health and wellness classes, contact the following:

Chilson Senior Center

(970) 962-2783

A variety of classes, activities and programs for older adults including health, wellness, and fitness classes. Call for a list of current classes and times.

700 E. 4th Street, Loveland, CO 80537

Community Wellness with Banner Health

(970) 810-6633

Health and wellness screenings that focus on prevention are provided to identify health risks and establish baselines for regular health monitoring. A matter of balance, heartsaver CPR, blood screenings, yoga, tai chi. Call for a list of current classes and times.

2000 N. Boise Avenue, Loveland, CO 80538

Estes Valley Community Center

(970) 586-8191

Wellness and educational programs for older adults offered throughout the week. Call for a list of current classes and times.

660 Community Drive, Estes Park, CO 80517

Fort Collins Senior Center

(970) 221-6644

The Fort Collins Senior Center provides adults an opportunity to access and engage in recreational opportunities, stay active, and socialize. The Senior Center's diverse program selection includes travel, outdoor adventure, special events, fitness, art, and more. The Senior Center is open to all adults but specialized in programming for adults 50 years of age and up. Call for a list of classes and times please call or visit the website for more information: www.fcgov.com/recreation/senior-center

Classes are also listed in The Recreator: www.fcgov.com/recreator/

1200 Raintree Drive, Fort Collins, CO 80526

UCHealth Senior Services/Aspen Club

(970) 495-8560

A free membership program for people 50+ that offers health, wellness, and medical classes. Other services include Medicare counseling, advance care planning, fall prevention classes, mindfulness classes, year-round health screenings, and low cost blood tests. For more information, visit www.uhealth.org/aspenclub or call.

1025 Garfield, Suite A, Fort Collins, CO 80524



VOLUNTEER
WITH THE OFFICE ON AGING

Call (970) 498-7750 or email ADRC@larimer.org
to tell us you're interested!



LARIMER COUNTY
Office on Aging

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Office on Aging

The Larimer County Office on Aging (LCOA) has a dedicated staff that provide direct services, manage programs, oversee the funded community partners, and provide leadership in the planning and coordination of services for older adults and adults living with disabilities in Larimer County.



Office on Aging Staff

Katie Stieber

Deputy Division Manager

Tina Corrigan-Hugo

Department Specialist

Dani DePas

Case Manager, Aging and Disability Resource Center (ADRC)

Amber Franzel

Regional Ombudsman

Suzanna Hetchler

Case Manager, Aging and Disability Resource Center (ADRC)

Nicole Limoges

Program Coordinator

Jennifer Lynn

Case Manager, Aging and Disability Resource Center (ADRC)

Kara Marang

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Eliza Piesman

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Carol Seest

Case Manager, Aging and Disability Resource Center (ADRC)

Mark Sleeter

Program Supervisor, Aging and Disability Resource Center (ADRC)

Tori Wimmer

Case Manager, Aging and Disability Resource Center (ADRC)

Office on Aging Advisory Council

The LCOA has an advisory council comprised of 21 community members and representatives of community organizations who help to enhance the leadership role of the LCOA. The council provides advisory functions to further the LCOA's mission of developing and coordinating community-based services for older adults in Larimer County.

Anita Basham

Royce Boehrs

Elaine Boni

David Born

Colleen Conway

Jill Couch

Sharon Courtney

Myles Crane

Megan Finnerty

Steva Gay

Joe Glomboski

Kirsten Hartman

Lisa Hays

Alexis LaHaie

Margaret Long

Jason Morgan

Jacque Penfold

Ellen Pihlstrom

Janet Seeley

Sharon Thomas

Punkie Whitely



Do you need help

finding resources and services for older adults and adults living with a disability in Larimer County?

Information & Assistance

For aging and disability resources

Options Counseling

Help connecting older adults, their family members, and adults living with disabilities to programs and resources

Benefits Counseling

Help with long term care medicaid & medicare savings program applications

Family Caregiver Support

Support and connections for family caregivers

Long Term Care Ombudsman

Advocates for residents in assisted living and nursing home communities

Area Agency on Aging (AAA) and Aging and Disability Resources for Colorado (ADRC): (970) 498-7750



For additional copies of the Answers on Aging resource guide please contact:

Larimer County Office on Aging
1501 Blue Spruce Drive, Fort Collins, CO 80524

For information on resources and services in Larimer County, please visit [Larimer.org/seniors](https://larimer.org/seniors)

(970)498-7750
Larimer.org/seniors

