Aging and Disability Resources for Colorado (ADRC)

The Aging and Disability Resources for Colorado (ADRC) is a trusted source of information for older adults, persons living with a disability, and their caregivers to obtain assistance in planning for their future long-term service and support needs. The ADRC is designed to empower older adults and persons living with a disability to make informed choices about their services and supports. Staff at the ADRC provide objective information and assistance to help people access private or publicly funded programs.

AGING AND DISABILITY RESOURCES FOR COLORADO (ADRC) DIRECT SUPPORT

- **78 individuals** received hands-on assistance in completing a Long-Term Care Medicaid or Medicare Savings Program Application.
- **112 individuals** received one-on-one decision-making assistance to access and navigate long-term services and supports.
- **7,448** incoming contacts were received requesting assistance, **621** incoming contacts per month on average.

VOUCHER PROGRAMS

- **114 individuals** received 8,835 hours of homemaker and personal care services.
- **110 individuals** received a chore voucher providing financial support with chores around the home that they were unable to perform, equaling a total of **$36,136**.
- **86 individuals** received $56,609 in financial support for dental/oral health services.

FAMILY CAREGIVER SUPPORT PROGRAM

- **98 caregivers** received respite support valued at **$110,112**.
- **122 caregivers** received individual caregiver consult sessions.
- **11 grand families** received respite support valued at **$6,293**.
- **25 caregivers** participated in the evidence-based classes Powerful Tools for Caregivers and Stress-Busting Program for Family Caregivers.

LCOA has an advisory council composed of community members and representatives from community organizations. Thank you to the council members for their time, effort, and dedication to making Larimer County a great place for older adults to live and thrive.
**The Ombudsman Program**

The Ombudsman team protects the rights of individuals living in nursing and assisted living homes. Larimer County has four full-time paid Ombudsmen and one volunteer who serve residents in 49 different long-term care communities.

- **2,953 individual beds** were protected by the Ombudsman Program.
- **622 visits** were made to long-term care communities, **1,386 complaints** were investigated, and **668 cases** were opened.
- **443 consultations** with facilities and **450 consultations** with residents/families.
- **42 sessions** of community training and **27 sessions** of facility training were provided.

**Grant-Funded Community Programs**

The Office on Aging funds services through a network of partner agencies. More than **$2.1 million** was awarded to **33 community organizations** in support of programs and services.

- **18 individuals** received **3,067 hours** of supervised personal care, group engagement, and more through adult day programs.
- **814 individuals** received **96,581** home delivered meals.
- **591 individuals** received **20,260** congregate/grab-n-go meals.
- **127 clients** received low vision services.
- **315 individuals** received **820 hours** of legal assistance.
- **642 individuals** received **20,530 rides**.

Phyllis McKeown, a volunteer for SAINT Volunteer Transportation, was honored during the 2023 Older American Month Awards. Funding from LCOA, and the dedication of incredible volunteers like Phyllis, enabled SAINT to provide 14,616 rides to 485 individuals in Larimer County.

**Funding**

Participants are not charged for services, but are encouraged to donate to the programs they use. Donations go back into the program to expand services. Internal LCOA programs received **$580 in donations**, while our funded community partners received **$195,947 for a total of $196,527**.

### REVENUE

- **$3,397,609** Federal and State Grant Funding
- **$287,418** Larimer County Match Funding
- **$160,894** SB290 Funds (State-legislated, one-time funding)
- **$264,722** Pandemic Funding including ARPA (American Rescue Plan Act) & CARES (Coronavirus Aid Relief and Economic Security Act)

**$4,110,643 TOTAL**

### EXPENSES

- **$1,881,432** Direct Services
- **$591,635** Administration and Operations*
- **$981,378** Internal Supportive Services*
  - Application Assistance
  - Transition Services
  - Case Management and Options Counseling
  - Family Caregiver Support Program
  - Information and Assistance Outreach
- **$390,445** Ombudsman and Elder Rights
- **$100,409** Program Development, Coordination & Advocacy*
- **$4,450** Senior Center Operations*
- **$160,894** Infrastructure*

**$4,110,643 TOTAL**

*Includes one time ARPA, CARES, and/or SB290 Funds

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The Larimer County Office on Aging is your first call for information and resources for adults 60 and beyond, adults living with a disability, and caregivers.

**970.498.7750**

Larimer.gov/seniors