## **Behavioral Health Resources in Larimer County**



## ALCOHOL AND SUBSTANCE USE

NorthPoint Colorado - Individual drug and alcohol addiction and treatment in Northern Colorado. (970) 616-6411

https://www.northpointcolorado.com/

CO-SLAW - A network of clinics that offer medication assisted treatment (MAT) and counseling services. <a href="https://northcoloradohealthalliance.org/co-slaw/">https://northcoloradohealthalliance.org/co-slaw/</a>

Connect Effect - How to protect youth from illegal substances. <a href="https://www.connecteffectco.org/youth">https://www.connecteffectco.org/youth</a>

Alcoholics Anonymous – A.A.'s program of recovery is built on the simple foundation of one alcoholic sharing with another. If your drinking is out of control, A.A. can help. https://www.aa.org

Al-Anon – A group for people who are worried about someone with a drinking problem. <a href="https://al-anon.org/">https://al-anon.org/</a>

Addictions.com – Helps find alcohol and drug rehab centers in the Northern Colorado area. <a href="https://www.addictions.com/rehabs/colorado/fort-collins/">https://www.addictions.com/rehabs/colorado/fort-collins/</a>

Lighthouse Sober Living – Faith-based sober living program located in Fort Collins. <a href="https://lighthouseftc.org/">https://lighthouseftc.org/</a>



#### **CHILDREN**

ChildHelp National Child Abuse Hotline - Crisis counselors are avaliable 24/7 1-800-4-A-CHILD or 1-800-422-4453 <a href="https://www.childhelp.org">www.childhelp.org</a>

ChildSafe - Therapy for victims of childhood abuse. Fort Collins (970) 472-4133 <a href="https://www.childsafecolorado.org/">https://www.childsafecolorado.org/</a>

KidStuff - Child and family counseling. Loveland, Fort Collins, Greeley locations (970) 775-7061 https://www.kidstuffcounseling.com/

Realities for Children - Provides for the emergency and ongoing support needs of children in Northern Colorado who have been abused, neglected, or are at risk.

Fort Collins (970) 484-9090

https://www.realitiesforchildren.com/

Willow Collective - Parent, infant, and early childhood mental health services.

Fort Collins (970) 657-4730

https://www.willowcollectivefoco.com/



## **DOMESTIC VIOLENCE**

Alternatives to Violence – Provides support groups for victims of domestic violence and sexual assaults.

Loveland (970) 669-5150

https://alternativestoviolence.org/

Colorado Women's Center - Provides a variety of counseling services. (720) 927-5363

https://www.coloradowomenscenter.com/

Crossroads Fort Collins - Provides support groups for victims of domestic violence. (970) 482-3502/1-888-541-SAFE info@crossroadssafehouse.org <a href="https://crossroadssafehouse.org/">https://crossroadssafehouse.org/</a>



## **FAITH BASED SERVICES**

Light of the Rockies Fort Collins (970) 484-1735 https://www.lightoftherockies.com/

Lighthouse Christian Counseling Fort Collins (970) 413-8998 https://lighthousecounselingnoco.com/



#### **FAMILY SERVICES**

Center for Family and Couple Therapy Colorado State University: (970) 491-5991

Connections – Mental Health and substance abuse. Fort Collins (970)-221-5551

Beyond the Mirror - Individual, couples, family, and group therapy. Fort Collins (970) 413-2264 <a href="https://www.beyondthemirror.org">https://www.beyondthemirror.org</a>

Foundations Counseling, LLC: (970)-227-2770 Loveland, (970)-227-2770 Fort Collins (970)-227-2770 Windsor

Four Pillars Counseling
Fort Collins (970) 316-3001
<a href="https://www.fourpillarscounseling.org">https://www.fourpillarscounseling.org</a>



## **FAMILY SERVICES**

In-Depth Therapy and Associates – Also uses EMDR and brainspotting to treat many conditions.

Fort Collins (970) 988-8117

https://www.indepththerapy.org/

Integrated Counseling & Wellness - Individual, group, partners, and family counseling. Fort Collins (970) 818-2335 <a href="https://integratedwellnessfc.com/">https://integratedwellnessfc.com/</a>

La Cocina – Mental health navigation for individuals whose primary language is Spanish. (970)-232-0740 Fort Collins Hola@LaCocinaHome.org

The Center for Family Outreach 970-495-0084

https://www.p-cic.com/

The Parent-Child Interaction Center & Canopy Counseling - Individual, children, and family counseling.
Fort Collins (970) 472-1207

Polaris Partners - Individual, family, and couples' therapy. Fort Collins (866) 285-2929

https://www.polarispartnerscc.com/

SummitStone Health Partners - Non profit behavioral health service provider. Fort Collins (970) 494-4200 (24/7)

Behavioral Health Urgent Care open 24 hours a day: 2260 W. Trilby Road, Fort Collins Two Rivers Therapy - Individual therapy, EMDR, and trauma treatment for women. Fort Collins (970) 393-3165 <a href="https://www.tworiverstherapycolorado.com">www.tworiverstherapycolorado.com</a>



## **GRIEF**

3Hopeful Hearts - Grief support groups for parents who have lost children. Fort Collins (970) 430-6136 - Fort Collins <a href="https://www.3hopefulhearts.com/">https://www.3hopefulhearts.com/</a>

988 Suicide & Crisis Lifeline - 24/7 Support

Phone and Text: 988



#### **GRIEF**

Alliance for Suicide Prevention of Larimer County Connect with support groups to assist in the grieving process. (970) 482-2209 <a href="https://allianceforsuicideprevention.org/">https://allianceforsuicideprevention.org/</a>

Center for Loss and Life Transition Fort Collins (970)-226-6050 https://www.centerforloss.com/

Colorado Crisis Services - 24/7 Support Phone: 844-493-TALK (8255) Text TALK to 38255

Community Grief Center - Non-profit providing grief support for ages 6 and up. Greeley (970) 506-4114 <a href="https://communitygriefcenter.org/">https://communitygriefcenter.org/</a>

Creative Healing Center 970-663-2900

G.R.A.S.P (Grief Recovery After a Substance Passing)
Northern Colorado Chapter in Longmont (720) 526-7432
<a href="https://grasphelp.org/northern-colorado-chapter/">https://grasphelp.org/northern-colorado-chapter/</a>

Pathways - Grief and loss support. Fort Collins (970) 663-3500 https://pathways-care.org/

TRU Community Care - Grief support groups for parents and siblings. Lafayette 303-604-5300 <a href="https://www.trucare.org/adult-grief-support-groups">https://www.trucare.org/adult-grief-support-groups</a>



# **SEXUAL ASSAULT**

ChildSafe - Therapy for victims of childhood abuse. Fort Collins (970)-472-4133 <a href="https://www.childsafecolorado.org/">https://www.childsafecolorado.org/</a>

SAVA (Sexual Assault Victim Advocacy Center) (970)-472-4200 24/7 On Call (970)-472-4204 Fort Collins (970)-775-2962 Loveland



## **VETERANS**

Colorado Veterans Project – Offer a large network of resources and connections in the Veteran and Military community

https://coloradoveteransproject.org/resources/

Fort Collins Vet Center – Counseling for veterans, service members, and their families at a no cost in a non-medical setting.

Fort Collins (970)-221-5176

https://www.va.gov/fort-collins-vet-center/

Health 4 Heroes – A health and wellness community for northern Colorado's military, veterans, and first responders

https://health4heroes.org/

Healing Warriors Program – Provides therapy for veterans, service members and their families for pain, PTSD, and sleep.

Fort Collins (970)-776-VETS (8387)

https://www.healingwarriorsprogram.org/

Help 4 Heroes – Provides treatment and therapy specifically geared for people who routinely face trauma, physical and mental stress, and life-threatening situations. <a href="https://denversprings.com/help-for-heroes/">https://denversprings.com/help-for-heroes/</a>

Northern Colorado Veteran's Resource Center <a href="https://www.nocovrc.com/">https://www.nocovrc.com/</a>

Veteran's Outpatient Clinic – Mental health and PTSD care.

Cheyenne, WY (307) 778-7349

https://www.va.gov/cheyenne-health-care/locations/cheyenne-va-medical-center/

Veteran's Crisis Line (800) -273-8255 press 1

Veteran's Services – Veteran services in Larimer County.

https://www.larimer.gov/veterans



## OTHER RESOURCES

A New Perspective Counseling 2 970-461-0978

Alliance for Suicide Prevention of Larimer County <a href="https://allianceforsuicideprevention.org">https://allianceforsuicideprevention.org</a>

Child, Adolescent, and Young Adult Connections (CAYAC)
Care coordinators who can help search for a therapist for you.
(970)-221-3308
<a href="https://www.healthdistrict.org/cayac">https://www.healthdistrict.org/cayac</a>

Health Info Source - source for mental health and substance use resources and information. <a href="https://healthinfosource.com/">https://healthinfosource.com/</a>

Hearts & Horses Therapeutic Riding Center

A nonprofit therapeutic riding facility with a mission to enhance physical, cognitive and emotional wellbeing of people with disabilities.

Loveland (970)-663-4200

https://www.heartsandhorses.org/

Larimer County Institute for Sober Living 970-391-0834

Larimer County Behavioral Health Services at Longview 970-494-4200 Opt. 4

LifeStance Health - Search for counselors by area and insurance. https://lifestance.com/

LIV Health - Mental Health Urgent Care 970-888-4070 https://livhealth.org/foco/

IMAGINE by Northpoint - For teens in Northern Colorado to help them stabilize after hospitalization or just to help enhance coping skills for stress management as well as providing psychiatry services.

https://www.ftcollinsimagine.com/

Northern Colorado Counseling & Assessment 720-588-0565

The Trevor Project - Suicide prevention and crisis intervention nonprofit organization for LGBTQ+ young people. We provide information & support to LGBTQIA+ young people 24/7 <a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a>



## **OTHER RESOURCES**

Turning Point - Helping youth, families, and adults in Larimer and Weld Counties with behavioral health, mental health, and substance <a href="https://allianceforsuicideprevention.org">https://allianceforsuicideprevention.org</a>

Peaceful Paws Greeley (970)-460-4149 Animal assisted or individual therapy. https://peacefulpawstherapyllc.com/

Psychology Today - Website to search for counselor by type of therapy and location. https://www.psychologytoday.com/us/therapists

Safe2Tell - Anonymously report anything that concerns or threatens you, your friends, your family, or your community. They take your reports any time, any day. You have the power to make a difference.

https://safe2tell.org





www.larimer.gov/health

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