

# Get primary, urgent, and everyday care online and on your time.

Doctor On Demand® by Included Health connects you to high-quality primary care on your phone, tablet, or computer.

## Get online primary care that goes beyond the screen.

 See a primary care doctor online in days instead of waiting weeks.

 Get urgent care virtually from your phone or computer, 24/7/365.

 See a licensed therapist online for mental health support when you need it.

 See a board-certified psychiatrist online night or day.

## How do I get started?

1. Download the Doctor On Demand app.

2. Activate your account or log in.

3. Book a visit today.

## How much does it cost?

To see how much a visit will cost, log in to your account or register for Doctor On Demand. We'll always show you the cost upfront, so there's no surprise bills.

Members and their eligible dependents have access to virtual care through Doctor On Demand.



## Activate your account.

[doctorondemand.com/  
surest](http://doctorondemand.com/surest)



**Surest Member Services:**

866-683-6440, Monday – Friday, 6 am – 9 pm CT.

Brought to you by: **Surest**