## SUMMARY REPORT

2021 IMPACT FUND GRANT PROGRAM





### **EXECUTIVE SUMMARY**

The purpose of this report is to provide a summary of the awards and outcomes for the 2021 Impact Fund Grant Program.

### **BACKGROUND**

The Impact Fund Grant Program was established to create a funding pathway to support and expand community capacity for behavioral health across Larimer County. Behavioral Health Services (BHS) awards grants to programs that serve a variety of behavioral health needs with the goal of increasing awareness and access to affordable and appropriate behavioral health care. The programs funded must also align with the BHS departmental funding priorities:













The advancement of our Impact Fund Grant Program has been an iterative process. The program started in 2019 as invitation-based grant funding and awarded \$1M for behavioral health purposes. Since then, it has become a competitive process that incorporates community input through advisory group involvement, employs subject-matter expert reviews of funding requests, offers a robust application portal to organizations, and provides insightful data about programming. The program currently awards \$2.8M+ annually.

### TIMELINE OF PROGRAM DEVELOPMENTS

**2019**: \$1M was awarded through a paper-based application and solicited by invitation.

**2020**: \$2.5M was awarded and applications and reporting were submitted through an online form. Grant program outcomes were compiled manually.

**2021**: \$2.525M was awarded through the new online grant portal hosted by SmartSimple. The application process created standards for grant reporting. This effort has improved communication and helped to establish baselines for data collection moving forward.

### **2021 GRANT FUNDING**

BHS awarded **38 grants** to programs serving county residents with a total award distribution of **\$2.525 million** through two grant types: Targeted and Responsive.

Targeted Grants were defined by the BHS advisory groups to create focused funding. Responsive Grants allow organizations to define the problem and propose solutions for the populations they serve.

### **TARGETED GRANTS**

- Behavioral Health Care Coordination Across Services
- Moderate/Intensive Care Coordination for Those with Complex Needs
- Behavioral Health Workforce Development and Retention
- Enhancing First Responder and Behavioral Health Crisis-to-Care Collaboration Efforts
- Prevention Education and Early Intervention for Vulnerable Youth
- · Increasing Access to Behavioral Healthcare in Non-traditional Settings
- Gary A. Darling Grant: An honorary grant for programs at the intersection of criminal justice and behavioral health.

The "Youth"
Targeted Grant
received the
most
applications
and funding of
all of the grant
areas.

Targeted Project #6: Youth

2021 Responsive

Targeted Project #3: BH Workforce
\$258,630

Targeted Project #1: Care Coordination
\$230,369

Targeted Project #2: Moderate/Intensive Care Coordination
\$223,591

Targeted Project #4: Crisis-to-Care Collaboration
\$195,960

2021 Gary A. Darling
\$131,311

Targeted Project #5: Non-Traditional Settings
\$101,024



\$741.812

### **FUNDING SNAPSHOT**

### **REQUESTED**

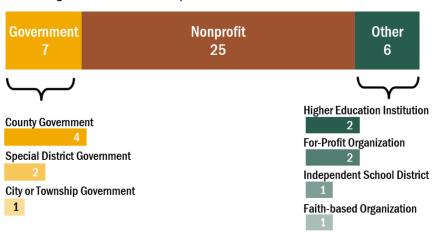
Total	\$4,717,986
Average	\$85,782

### **AWARDED**

Total	\$2,525,505
Average	\$66,461

### **ORGANIZATIONAL TYPES**

66% of grantees were Nonprofits:





### **GEOGRAPHIC REACH**

A majority of grantee organizations (18) did not specify their geographic program reach beyond stating that they serve Larimer County. Those that identified targeted outreach in specific areas are

Loveland, 8

Estes Park, 6

Timnath, 1 Windsor, 1

Larimer County, 18

Fort Collins, 15

Wellington, 3

Berthoud, 3

Johnstown, 1

### **POPULATIONS SERVED**

Programs and projects that supported the needs of children, adults and families all received funding. For organization-level details about the populations served, please see the supplemental information in Appendix A & Appendix D.

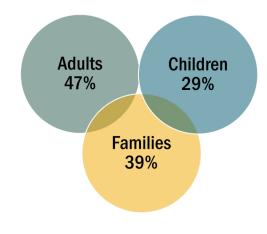
### **Populations of Focus\***

Youth-Serving: 23 granteesLow income: 29 grantees

• LGBTQIA+: 7 grantees

• Criminal Justice: 9 grantees

BIPOC:19 granteesVeteran: 5 grantees



<sup>\*</sup>As indicated by the organization in their grant application

### THE COMMUNITY IMPACT

Larimer County BHS awarded funding to organizations that provide services to over 150,000 individuals across our community.

2021 Impact Fund Grant awards directly supported 31,546 individuals through the following types of programming:



### 9 organizations

provided community education and training to the public to increase awareness, decrease stigma, suicide prevention, and Mental Health First Aid to

26,779 individuals



### 18 organizations

offered educational opportunities and professional trainings such as traumainformed care and Trust-Based Relational Intervention to

1,156 staff and caregivers



### 25 organizations

provided direct behavioral health services through counseling, care coordination, and other clinical services to

3,611 individuals



90%

of grantees met the grant objectives they identified across the grant period.\* Staffing shortages and transitions were the most often cited reasons for not achieving goals as originally predicted.

<sup>\*</sup>Two organizations were granted a no-cost extension for their grants and the BHS department has not yet received final reports on progress achieved. The extensions provided more time to achieve their proposed objectives and will likely increase the percent of objectives met.

### **TRAINING & EDUCATION**

BHS funds a variety of behavioral health-related training programs. And, although all of the programs we support do important work in the community, we decided to highlight Training & Education as an area of significant impact.

Training programs have a ripple effect across the county, stretching beyond what is provided through direct service. Each person trained then returns to the community and touches more lives with expanded skills.

BHS funded 26 organizations that trained almost 27,930 individuals to respond to behavioral health crises, suicide prevention, peer support, and trauma-informed care and interventions.

- Question Persuade Refer (QPR): People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.
- Crisis Intervention Training (CIT): Specialized training that focuses on prevention and equips individuals with proven strategies for safely diffusing anxious, hostile, or violent behavior at the earliest possible stage.
- **Peer Support Training**: Training and certification programs that teach individuals to use their lived experience to help others seeking wellness and recovery.
- Trust-Based Behavioral Interventions (TBRI): An attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children.

### **CULTIVATING INNOVATION**

Of the 38 grants that were awarded, the Impact Fund Grant Program funded four organizations addressed areas of need through new, innovative programming. These newly-formed organizations connected unique behavioral health programming to vulnerable populations:



Group practice and a network of providers for parental, infant and early childhood mental health.



Combination of psychotherapy, physical fitness and community for teens, adults and first responders





Peer support relationships built on shared experiences for mental health and substance use struggles

### **KEY INSIGHTS**

### **Workforce Challenges**

- Organizations experienced significant turnover
- · 67% of funding requested was to support costs of positions
- Hard to recruit and hire: failed hire attempts, unable to find candidates that match position criteria so requirements were lowered
- Professional burnout and fatigue by care providers and first responders

### **Growth of Peer Support**

- BHS saw an increase of peer support to help supplement the behavioral health workforce in the face of shortages and increasing demand
- · Peer Support is nationally-recognized as a credible and highly-effective approach to treatment

### **Improving Access to Services**

 Grant funding supported the expansion of access to services by funding additional positions, encouraging the provision of care in non-traditional settings, removing barriers to care, expanding the behavioral health workforce, supporting new organizations and programs

### **COVID Impacts on BH Programming**

- Grant funding for 2021 displayed many unique challenges and community needs generated by the COVID pandemic. Area organizations were affected by staffing shortages, increased demand for services, and expansion of teletherapy needs.
- There was some online programming that was developed due to a lack of in-person opportunities
- Increased strain on organizations that were required to react and respond to the crisis and the increasing demand for services

### **School District Grant Awards**

- Estes Park was awarded funds in 2021 for a Mental Health Coordinator
- Poudre received an extension for the 2020 grant award. Thompson absorbed a grant-funded role into a permanent position.
- COVID Impacts on program implementation challenges
- · Lack of in-person learning impeded programs aimed at school-aged children

### **HEAR FROM OUR IMPACT FUND PARTNERS**



"One of our early Mason Place residents, Dallas, moved in with us in early 2021. With the support of the staff and clinician at Mason Place, as well as the community providers, Dallas has been sober for over a year. The linked interview shows the complexity of our residents and the amount of effort it takes to support a person exiting homelessness with substance use disorder." This interview is shared with permission. <a href="https://on.soundcloud.com/pKG5a">https://on.soundcloud.com/pKG5a</a>

- Housing Catalyst





"With the increased staffing, we were able to allocate additional staff resources to locating clients who were unhoused and were able to connect an unhoused client who was a frequent utilizer of the CSU and ED to residential care, where they have been sober and abstained from self-harming behaviors for over 90 days! We had a client reach one year of sobriety from meth and another client reach 6 months sobriety from alcohol. We had a client get into individual housing and helped them secure their first mattress through the contingency management program. We helped connect a client to the Violence Against Women Act (VAWA) by getting them a pro-bono lawyer with Colorado Legal Services."

- SummitStone Health Partners





"Being able to more accurately measure recidivism data is a huge achievement, and to see a 92% rate of success in diversion participants not having a new criminal offense is meaningful. Through BHS grant funds, SummitStone was able to hire a dedicated provider who receives referrals for Diversion assessments, meets with these individuals, makes treatment recommendations, and provides ongoing treatment for individuals who are not already established through a current provider or able to see a Medicaid-funded provider. This has made significant changes in the continuity of care for the individuals being screened for and placed into the Behavioral Health Diversion Program and also created more consistent and reliable lines of communication between the DA's Office and SummitStone."

- Eighth Judicial District Attorney's Office





"Cor Defense has given our two children, ages 16 and 10, a weekly opportunity to develop self defense skills and self-empowerment. Our children are healing by learning physical and mental techniques that help to regulate their physiological symptoms of trauma. They are rewiring trust in their physical bodies as a source of strength and safety. They look forward to go to the gym every Sunday. We are so thankful for Cor Defense and the kind and professional leadership of Lonnie and Andrea."

- Two Thankful Parents



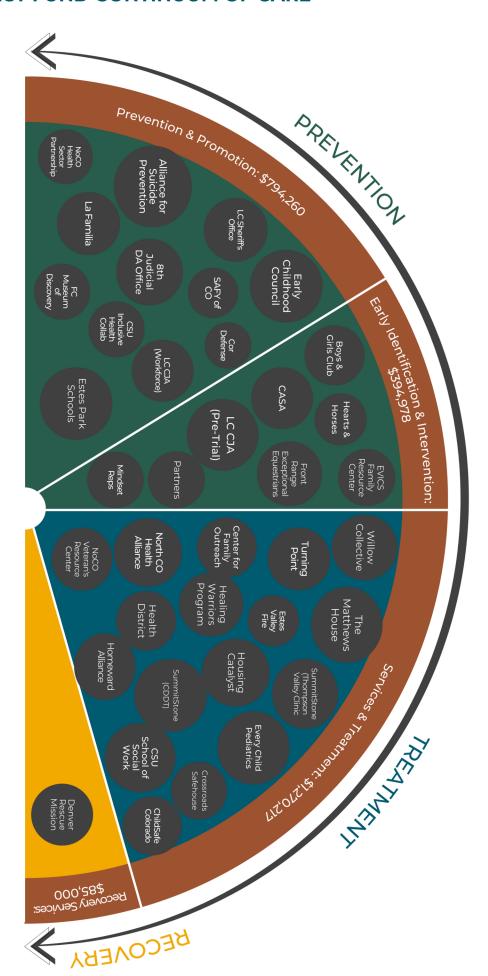


### **APPENDIX B: 2021 GRANT RECIPIENTS WITH SERVICE TYPE**

Organization	Direct Services	Professional Development/ Education	Community Education
8th Judicial District Attorney's Office	Х	х	
Alliance for Suicide Prevention of Larimer County	Х		х
Boys & Girls Clubs of Larimer County	Х	X	
CASA of Larimer County	Х	Х	х
ChildSafe Colorado		Х	х
Colorado State University Inclusive Health Collaborative	Х	x	
Cor Defense		X	
Crossroads Safehouse	Х		х
CSU School of Social Work	Х	х	Х
Denver Rescue Mission	Х		
Early Childhood Council of Larimer County		X	
Estes Park Schools	х		
Estes Valley Fire Protection District		x	
Every Child Pediatrics	x		
EVICS Family Resource Center	X	x	
Fort Collins Museum of Discovery			х
Front Range Exceptional Equestrians	x	x	
Healing Warriors Program	x		
Health District of Northern Larimer County	X		
Hearts & Horses	x		
Homeward Alliance	x		
Housing Catalyst	x		
Larimer County Community Justice Alternatives*	х		
Larimer County Community Justice Alternatives (workforce)		х	
Larimer County Sheriff's Office		x	
Mindset Reps		Х	
North Colorado Health Alliance	x		
Northern Colorado Health Sector Partnership		х	
Northern Colorado Veteran's Resource Center	X		
Partners	х		х
Specialized Alternatives for Families and Youth of Colorado, Inc. (SAFY)		х	х
SummitStone Health Partners (CDDT)	x		
SummitStone Health Partners (Sunrise)	x		
The Center for Family Outreach	x		
The Family Center/La Familia (TFC/LF)	x	x	х
The Matthews House	x		
Turning Point		x	
Willow Collective PLLC	X		

<sup>\*</sup>Gary A. Darling Grant was awarded to Larimer County Community Justice Alternatives for \$131,311. The funding was used to expand case management services for justice-involved, pretrial clients with mental health needs by fostering coordination between the criminal justice and behavioral health systems.

### **APPENDIX C: 2021 IMPACT FUND CONTINUUM OF CARE**



Notes about the categorization of grantees into this continuum:

- 1. Organizations were categorized based on their proposed grant activities, NOT on the organizational level
- 2. This is a simplified continuum of four categories
- Prevention & Promotion (MHFA, QPR, Professional development, etc)
- Early Identification & Intervention (primarily youth-focused)
- Services & Treatment (case management, care coordination, peer services, therapy services, etc.)
- Recovery Services (residential treatment)
- 3. Some projects had objectives that were in more than one category. The category with the majority of the objectives was selected

### **APPENDIX D: DEMOGRAPHIC INFORMATION**

11% Multi-Racial 21% Unknown

1% Native Hawaiian/Pacific Islander

## 11 agencies elected to contribute demographics in a pre-defined table provided by BHS:

Trace           Other         American Indian         Asian         Black Indian         Native Hawaiian           3%         2%         0%         2%         0%           5         2%         10/1 not Report         Did not Report         1%           0%         0%         1/4         7%           1%         0%         14/8         7%           1%         0%         0%         11/8           0%         0%         0%         11/8           0%         0%         4%         0%           1%         0%         4%         0%           1%         0%         1%         0%	Male Female (  24% 73%   Did not Report   50% 50% 36%   43% 31%   68% 32%   68% 43%   32% 67%	0% 0% 0% 1% 43% 0% 0% 0%		000		0-5 0.5 0.% 0.% 0.% 0.% 0.% 0.% 0.% 0.% 0.% 0.%
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6-18 19-34 35-44 45-64 65+ Male Female 34% 39% 22% 5% 0% 24% 73% 100% 0% 0% 0% 0% Did not Repo 0% 13% 17% 27% 43% 50% 50% 100% 0% 0% 0% 0% 50% 59% 25% 8% 6% 1% 43% 31% 12% 24% 20% 44% 0% 68% 32% 46% 54% 0% 0% 0% 56% 43% 33% 17% 23% 19% 18% 15% 82%	Age         6-18       19-34       35-44       45-64         34%       39%       22%       5%         100%       0%       0%       0%         0%       28%       14%       6%         0%       13%       17%       27%         100%       0%       0%       0%         59%       25%       8%       6%         94%       0%       0%       0%         12%       24%       20%       44%         46%       54%       0%       0%         33%       17%       23%       19%         0%       23%       36%	Age         6-18       19-34       35-44         34%       39%       22%         100%       0%       0%         0%       28%       14%         0%       13%       17%         100%       0%       0%         59%       25%       8%         94%       0%       0%         12%       24%       20%         46%       54%       0%         33%       17%       23%         0%       23%       23%	6-18 19-34 34% 39% 100% 0% 0% 28% 0% 13% 100% 0% 112% 25% 94% 0% 12% 24% 46% 54% 33% 17% 33% 17%	6-18 34% 100% 0% 0% 100% 59% 94% 46% 33% 0%		

# Il agencies contributed supplemental demographic reports that were reflective of their own data collection:

32% White 37% Hispanic	The Center for Family Outreach	3% Other Race <1% American/Alaska Native & Multiple Races	76% White/Caucasian 16% Hispanic 4% Black/African American	37 Average Age	66% Male 34% Female	Larimer County - Pretrial	37% Hispanic/Latino 6% African American 10% Mixed-Race/Other	3% Transgender/Other 47% Caucasian	49% Boys 48% Girls	Larimer County Partners, Inc.	19% Hispanic 3% Mixed-Race	73% White 5% Black	8th Judicial District Attorney's Office	II agencies contributed suppl
	18% 18 84% LGBTIA+ Identity	18% 14 11% 15 21% 16 32% 17	Teen 11% Latinx Group 12% Other	53% White	20% Man 36% Nonbinary, Gender Fluid or Other		24% 45-54 11% 55+ 58% LGBTIA+ Identity	9% 18-24 33% 25-34 13% 35-44	Adult 18% Other Group 18% Other	_	24% Nonbinary, Gender Fluid, or Other	58% Woman 18% Man	Colorado State University- Peers of Larimer	l agencies contributed supplemental demographic reports that were reliective of their own data collection:
3% American Indian/Alaska Native 1% Asian	98% White 2% Black/African American	53% Male 42% Female 5% Other	Estes Park School District	27% Male 6% Decline to Answer	9% Decline to Answer 67% Female	76% White 15% Multi-Racial	Hearts & Horses	84% White 14% Hispanic	8% 55-64 3% 65+	15% 35-44 13% 45-54	44% 15-24 17% 25-34	65% Man 33% Woman	Alliance for Suicide Prevention	at were reflective of their own or
63% White 32% Hispanic/LatinX	Larimer County Sheriff	< 1.% Native American 24% Declined 16% Other	2% American Indian 1% Asian 1% Asian	54% White	6% Central American, Latin American, Mexican	31% Hispanic 44% Not Hispanic 19% Declined	47% Female 53% Male	Every Child Pediatrics	5% Spanish Language 1% French Language	8% 65+	52% 25-40 12% 41-64	3% Under 18 25% 18-24	Fort Collins Museum of Discovery	ata collection:

### **APPENDIX E: DATA ADDENDUM**

Larimer County Behavioral Health services received two additional final reports after the creation of this Summary Report. We have included findings from their reports here for inclusion in the report.

- The Health District of Northern Larimer County
- · North Colorado Health Alliance

### THE COMMUNITY IMPACT - PAGE 4

### **MODIFICATION:**

2021 Impact Fund Grant awards directly supported **32,003 individuals** through the following types of programming:

Health District of Northern Larimer County

395 individuals were served through direct service

North Colorado Health Alliance

92 individuals were serviced through direct service

### **MODIFICATION:**

**27 organizations** provided direct behavioral health services through counseling, care coordination, and other clinical services to **4,098 individuals** 

### **DEMOGRAPHIC INFORMATION - APPENDIX D**

### Health District of Northern Larimer County North Colorado Health Alliance 43% Male 38% Male 57% Female 53% Female 87% White 18% White/Caucasian 4% Hispanic 4% Black/African American 6% American Indian 1% Black/African American <1% Other Race 1% Native Hawaiian / Pacific Islander 1% Asian/Pacific Islander 1% Alaska Native 76% Unknown 0% Multiracial 20% 0-9 37% 10-19 76% Hispanic 4% 20-24 24% Non-Hispanic 9% 25-39 6% 40-49 0% 10-12 13% 50-64 0% 13-17 11% 65+ 3% 18-24 42% 25-34 35% 35-44 10% 45-54 0% 65+