WHAT'S IN YOUR BODY? A JUNE NECTAR CHALLENGE

We are excited to announce our first Larimer County Wellbeing Program challenge that will give you the opportunity to earn 100 Nectar points!

HOW DO I COMPLETE THE CHALLENGE?

During the month of June 2022, have an InBody Scan completed at the Wellness Clinic (2601 Midpoint Drive, phone number is 970-980-2425).

We will get a report from Marathon Health at the beginning of July to determine who will have earned their points, and we will award them on the Nectar portal accordingly.

WHAT IS THE INBODY SCAN?

The InBody Scan provides an in-depth body composition analysis for an overall indicator of your body's health. The InBody analysis looks at body composition and provides an accurate measurement of body fat percent with a breakdown of the body fat and muscle mass throughout the trunk and limbs.

For more information, please review the <u>informational flyer</u> here.

The InBody scan takes 90 seconds to complete and the results interpretation is part of a 30 minute visit. Appointments are on a first-come, first-serve basis.

QUESTIONS?

If you have questions or are interested in doing an InBody Scan, please call The Wellness Clinic at 970-980-2425 to schedule your appointment today.