

Oct 22, 2022



Oaxaca

Ingredients

1 gallon Whole Milk

1/4 tsp Calcium Chloride

11/2 tst Citric Acid

1 Rennet Tablet

1 tsp Kosher salt or to taste

11/2 cups Distilled Water

Equipment

Large Saucepan or Pot

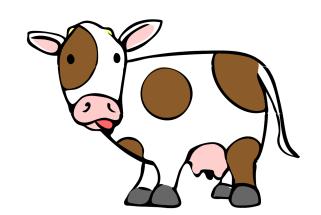
Colander

Cheese Cloth

Long Bladed Knife

Wooden Spoon

Slotted Spoon or Ladle



Directions

- 1. Combine ¼ teaspoon of Calcium Chloride into ¼ cup Distilled Water.
- 2. In a separate container combine ¼ teaspoon of liquid rennet into ¼ cup Distilled Water
- 3. In a third container 1½ teaspoons of Citric Acid into 1 cup Distilled Water.
- 4. Add the calcium chloride to the pot, then the milk stir with a wooden spoon to combine
- 5. Add citric acid solution
- 6. Over low heat, constantly stir the milk with a wooden spoon, and bring the milk to 90 F
- 7. Once the milk reaches 90 F immediately turn off the heat and remove your pot from the burner.
- 8. Add the rennet solution to the warmed milk and stir for 30 seconds in a figure 8 pattern, and then around to make sure the rennet is completely mixed-in.
- 9. Remove the spoon, put the lid on the pot, and leave it to set for approximately 10 minutes.
- 10. After 10 minutes, using a long sharp knife, make ½ to 1-inch slices across the pot in one direction, rotate theknife 90 degrees and create a grid pattern
- 11. Return the pot to the stove over low heat. With a slotted spoon or ladle, very gently stir the curds, and very slowly bring the temperature of the whey up to 110°F. This may take up to an hour.

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- 12. Remove the pot from the heat and continue to stir the curds slowly off the heat for about 3 minutes, then let them rest at the bottom of the pot for about 5 minutes.
- 13. While the curds are resting, prepare a colander by lining it with a piece of damp cheesecloth, and rest it over a deep bowl or another pot.
- 14. Scoop the curds out of the whey with a ladle or slotted spoon, and into your prepared colander.
- 15. Carefully pour the rest of the whey through the colander to get all the remaining bits of curd.
- 16. Sprinkle the top of the curds with 1 teaspoon of salt, and fold them over. Let the curds drain for at least 30 minutes.
- 17. Heat a large pot of water to about 175°F
- 18. Pour the water into a separate bowl *NOTE* the water temperature will begin to drop rapidly once transferred into another bowl only do this step when you are ready to work the curds
- 19. After 30 minutes cut the curd block in half. Take one half, and break or cut it into 1 to 2-inch chunks, and place in a large bowl.
- 20. Pour enough steaming water into the bowl, until the curds are completely covered with an inch or two of water. Let the curds sit for about 2 minutes.
- 21. Begin gathering and mashing the curds together in the bowl with a spoon.
- 22. Pup the mass of curds and begin to stretch and fold them like bread dough. Continue this process until a smooth ball forms.
- 23. Begin pulling the entire mass as uniformly as possible, like a rope of taffy. Pull for a 'few seconds, then dip in the hot water for a few seconds. Then stretch again and repeat this process until your curd has been stretched into long wide ribbons. Transfer the cheese ribbons to ice cold water to stop cooking.
- 24. Once cool, wrap the ribbon like a ball of yarn. Once you get to the end of the rope, simply tuck the end under an adjacent strand.
- 25. Let drain for an hour or so on a cooling rack
- 26. To store, tightly wrap with plastic or store in a plastic container. Use within 3 days.