

TRANSITION SERVICES OPTIONS COUNSELING



Transition Services program provides individuals living in nursing homes with long term care medicaid benefits a person-centered approach to explore their options to transition from the nursing home to a home in the community. Our Options Counselors help individuals understand their transition options and community resources in order to make informed choices about moving back to a home in the community.

Referrals to the Transition Services Options Counseling can be made by:

- Nursing home residents
- Nursing home staff
- Family members
- Community members
- Long Term Care Ombudsman
- Other professionals

In order to qualify for Transition Services Options Counseling, an individual must:

- Be a current resident of a nursing home
- If an application for Long Term Care Medicaid has been submitted, the referral cannot be made until approval is received.
- Be currently receiving Long Term Care Medicaid benefits
- If receiving rehabilitation services under Medicare A or Medicaid benefits, a referral cannot be made until all rehabilitation therapy services are completed.

What is the process for Transition Services after a referral is made?

- After a referral is made, an Options Counselor will meet with the resident one-on-one at the nursing home or over the phone to discuss transition services and to help that individual explore their options.
- If an individual is interested in further exploration of transitioning back to the community, the Options Counselor will complete a Transition Services Referral Form and make a referral to one of the transition coordination agencies (TCA) contracted with the State of Colorado to provide transition services.
- The transition coordinator (TC) will meet one-on-one with the individual and assist in determining needs and the feasibility of meeting those needs in the community with the available long-term care Medicaid services and community resources.
- The transition coordinator will help determine feasibility of a transition, and continue to work with that individual throughout the transition process.

The Transition Services program is under the Colorado State Plan as a Home and Community Based Services (HCBS) waiver program service. The Larimer County Office on Aging and Aging and Disability Resources for Colorado (ADRC) contracts with the Colorado Department of Health Care Policy and Financing as the local contact agency (LCA) to provide Transition Coordination Services Options Counseling.

Contact us today to set up an appointment by phone or in person!

970.498.7750 • Or email us at ADRC@larimer.gov

larimer.gov/humanservices/aging/ooa

