

UNITED IN VALUES

CONVERSATION QUESTIONS

RESPECT & FAIRNESS

Celebrating diverse lived experiences and striving to remove barriers and create spaces where everyone feels they belong.

ICEBREAKERS

Share one unique aspect of your background or lived experience that shaped who you are today.

What's the most interesting tradition you've ever encountered or participated in?

What's one way someone has made you feel truly seen or valued in a group setting?

CONVERSATION STARTERS

What does creating spaces where everyone feels they belong mean to you, and how can we start doing that today?

What does fairness look like to you in a community setting, and how can we foster that here?

What can we learn from others' lived experiences to better understand and support one another? Can you share an example?

RESILIENCY & GROWTH

Fostering a culture of resilience by empowering one another and being committed to ongoing learning, reflection, and adaptation.

ICEBREAKERS

What's one skill you've always wanted to learn but haven't tried yet?

If you were a superhero, what would your resilience superpower be, and how would you use it?

Who or what inspires you to keep moving forward when faced with challenges?

CONVERSATION STARTERS

What's a skill or mindset you've developed that has helped you grow in the past year?

What strategies or habits help you stay resilient when things get tough?

If you could describe your personal journey in one word, what would it be, and why?

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BELONGING & COLLABORATION

Valuing partnerships and teamwork, with the understanding that meaningful progress comes from working together.

ICEBREAKERS

What's one thing you've done recently to make someone feel welcome or included?

What's one quality you value most in a team or community, and why?

What's your go-to karaoke song or one song that always gets you dancing?

CONVERSATION STARTERS

What's a memorable experience where you felt a strong sense of belonging, and what contributed to it?

What does belonging feel like to you, and what role do others play in fostering that feeling?

What's a meaningful partnership or collaboration you've been a part of, and what made it successful?

DIGNITY & COMPASSION

Honoring each individual's humanity by providing understanding, empathy, and mutual support.

ICEBREAKERS

What is your favorite small act of kindness to share with others?

What is one thing you are grateful for this week?

What is a way you show kindness to yourself when you are having a hard time?

CONVERSATION STARTERS

What is a personal value that guides your decision-making in your personal and professional life?

What small action can we take to ensure everyone feels valued and respected in our community?

How do you balance empathy and action when supporting someone in need? Can you share an example from your own life?