

Sexual Assault & Domestic Violence Resources

SAVA (Sexual Assault and Victim Advocacy Center)

SAVA is dedicated to providing services to anyone affected by sexual violence in Larimer and Weld County. Whether the assault happened to you or a loved one, SAVA can provide advocacy and support regardless of when the assault happened.

24/7 Hotline: (970) 472-4200
savacenter.org
English/Español

Crossroads Safehouse

Staff are available to assist those in Northern Colorado who are suffering from domestic violence and interpersonal abuse based on individual needs and the emergent situation. This includes those who have experienced abuse both recently or in the past.

24/7 Help Line: (970) 482-3502
crossroadssafehouse.org
English/Español

Estes Valley Crisis Advocates

EVCA provides advocacy services to survivors of crime and trauma including safe housing and counseling services in Estes Park.

24/7 Help Line: (970) 577-9781
Text: 1-513-970-EVACA (3822)

Alternatives to Violence

ATV provides emergency shelter, crisis advocacy, and resources for people impacted by domestic violence, sexual assault and human trafficking in Loveland and Southern Larimer County.

24/7 Help Line: (970) 669-5150
Text: (970) 669-5157 English/Español

Other Resources

Yarrow Collective & Alliance for Suicide Prevention

Confidential, free, drop-in support groups for teens who struggle with mental health and teens who have lost loved ones to suicide.

 **yarrowcollectivecolorado**

Rocky Mountain Equality (RMEQ)

RMEQ provides social and educational spaces for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) youth and their allies.

rmequality.org/youth-program

SPLASH LGBTQIA+ Youth

Youth groups for teens and young adults who are LGBTQIA+. Virtual and in-person peer social-support and special events throughout Larimer & Weld.

 **splashnoco**  **Text (970) 444-5428**

National Runaway Safeline

A confidential hotline and online services (live chat, emails and forum) for runaway or homeless youth and their families.

1800runaway.org
24/7 Help Line 1-800-Run-Away (786-2929)

My Life, My Quit

Free, non-judgmental support and 1:1 help to quit vaping and tobacco for good.

mylifemyquit.com (855) 891-9989
 **Text "Start My Quit" to 36072**

Safe 2 Tell Colorado

Allows anonymous reporting of anything that concerns or threatens you, your friends, your family, or your community.

safe2tell.org English/Español

Larimer County Youth Resource Guide

Mental Health (crisis)
Mental Health (non-crisis)
Sexual Assault
Domestic Violence
Other Youth Resources



Mental Health Crisis-In Person

SummitStone Urgent Care & Mobile Response

Behavioral Health Urgent Care offers walk-in care 24/7/365 to anyone who may be experiencing a self-defined behavioral health crisis. You can also call for Mobile Response any time, anywhere in Larimer County. Crisis interventions by phone, Behavioral Health Urgent Care or Mobile Response are available for all individuals seeking behavioral health crisis support and/or referral to ongoing care. Caregiver and guardian involvement will be discussed as appropriate to youth seeking assistance.

24/7 Hotline: (970) 494-4200, Ext. 4
English/Español
2260 West Trilby Road, Fort Collins, CO
summitstonehealth.org/crisis-services
💬 Text "TALK" to 38255

Mountain Crest Behavioral Health

UCHealth Mountain Crest Behavioral Health Center helps adults and adolescents with mental health issues and substance abuse issues achieve a balanced life and a high level of health and well-being. Mountain Crest offers both ongoing care and crisis treatment.

4601 Corbett Drive, Fort Collins, CO
24/7 Help Line: (970) 207-4800
(844) 945-2500 (Español)

Mental Health Crisis -Text/Call

Colorado Crisis Services /Lifeline

Colorado Crisis Services provides free, confidential and immediate support. The crisis clinicians and peer specialists are available 24/7/365 via phone or text.

24/7 Help Line: (844) 493-8255
(888) 628-9454 (Español)
coloradocrisiservices.org
💬 Text "TALK" to 38255

The Trevor Project

The Trevor Project is a national suicide prevention and crisis intervention organization for LGBTQIA+ young people. They can help if you or a friend is struggling.

24/7 Help Line: (866) 488-7386
💬 Text "START" to 678-678

Crisis Text Line

Connect with a trained crisis counselor to receive free, 24/7 support via text message for any crisis. They will help you move from a hot moment to a cool moment.

💬 24/7 Text "Home" to 741-741
English/Español

988 Suicide & Crisis Hotline
Dial 988 for help.

Non-Crisis Mental Health Resources

CAYAC

(Child, Adolescent, and Young Adult Connections)

CAYAC offers mental health resources, information, and education based on your unique needs and goals. Call CAYAC to speak with a mental health specialist who will listen to your concerns, discuss options available to you locally, and help you get connected to resources. Mental health specialists can also share information with you about your right to receive mental healthcare and offer support talking to a parent or loved one about mental health. CAYAC staff are LGBTQ-affirming and offer bilingual support and translation services at no cost.

(970) 221-3308
English/Español
Monday-Friday, 8 a.m.-5 p.m.

I Matter Colorado

I Matter offers 6 free behavioral health sessions with a licensed and youth-friendly clinician to any Colorado youth.

imattercolorado.org
English/Español

You are not alone.

**Most of these services are
free and anonymous or
confidential.**