

Sexual Assault & Domestic Violence Resources

Sexual Assault Victim Advocate Center (SAVA)

SAVA provides crisis intervention, advocacy, and counseling for all those affected by sexual violence. If you or a loved one was assaulted recently or decades ago, SAVA can help.

24/7 Crisis Hotline: (970) 472-4200
savacenter.org (English/Español)

Crossroads Safehouse

Crossroads provides safe housing, advocacy, legal assistance, rapid rehousing, and crisis intervention for victims of domestic violence.

24/7 Help Line: (970) 482-3535
crossroadssafehouse.org (English/Español)

Estes Valley Crisis Advocates

EVCA provides crisis intervention to survivors of domestic violence, sexual assault, and trauma including advocacy, safe housing, and counseling.

24/7 Help Line: (970) 577-9781
Text: (513) 970-3822
crisisadvocates.org

Alternatives to Violence

ATV provides emergency shelter, crisis advocacy, and resources for people impacted by domestic violence, sexual assault, and human trafficking.

24/7 Help Line: (970) 669-5150
Text: (970) 669-5157 (English/Español)
alternativestoviolence.org

Other Resources

Yarrow Collective

Peer support group for teens to explore connection to self & community with curiosity and compassion.
yarrowcollective.org/youth (English/Español)

Rocky Mountain Equality

RMEQ provides social and educational spaces for LGBTQ+ youth and their allies.
rmequality.org/youth-program

SPLASH Youth

Community groups and events for LGBTQIA+ teens and young adults.
[@splashnoco](https://www.instagram.com/splashnoco)

National Runaway Safeline

Confidential hotline and online services for runaway or homeless youth and their families.
1800runaway.org
24/7 Help Line: Call or text 1 (800) 786-2929

My Life, My Quit

Free, non-judgmental support and 1:1 help to quit vaping and tobacco for good.
Call: (855) 891-9989
Text "Start My Quit" to 36072
mylifemyquit.com (English/Español)

Safe 2 Tell Colorado

Allows anonymous reporting of anything that concerns or threatens you, your friends, your family, or your community.
safe2tell.org (English/Español)



Larimer County Youth Resource Guide

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Mental Health (crisis)
Mental Health (non-crisis)
Sexual Assault
Domestic Violence
Other Youth Resources



Crisis Mental Health Resources

SummitStone Mental Health Urgent Care at Longview Campus & Mobile Response Team

Mental Health Urgent Care at Longview Campus offers walk-in care 24/7/365 to anyone who may be experiencing a self-defined mental health crisis. You can also call the Mobile Response Team for in-person support anytime, anywhere in Larimer County.

**24/7 Crisis Line: (970) 494-4200 ext. 4
(English/Español)**
2260 W Trilby Road, Fort Collins, CO
summitstone.org/crisis-services

Mountain Crest Behavioral Health

UCHealth Mountain Crest Behavioral Health Center helps adults and adolescents with mental health and substance abuse issues achieve a balanced life and a high level of health and well-being. Mountain Crest offers both ongoing care and crisis treatment.

24/7 Help Line: (970) 207-4800
4601 Corbett Drive, Fort Collins, CO

Crisis Text Line

Connect with a trained crisis counselor to receive free, 24/7, confidential mental health support via text or chat.

Text “Home” to 741-741 or visit
crisistextline.org to chat (English/Español)

988 Mental Health Line

Free, immediate, human support for emotional, mental health, or substance use concerns available 24/7 by phone, text, or chat.

**Call or text 988 or visit 988colorado.com
to chat (English/Español)**

The Trevor Project

The Trevor Project is a national suicide prevention and crisis intervention organization for LGBTQ+ youth. Connect to a crisis counselor 24/7/365 via phone, text, or chat.

Call: (866) 488-7386
Text “Start” to 678-678
Visit thetrevorproject.org/get-help to chat

**YOU ARE
NOT ALONE.**

Most of these services
are free and all are
confidential.

Non-Crisis Mental Health Resources

CAYAC (Child, Adolescent, and Young Adult Connections)

CAYAC helps navigate the network of behavioral health services available to youth in Larimer County. They offer initial screening and assessment, referrals to community providers, care coordination, and education.

(970) 221-3308 (English/Español)
120 Bristlecone Dr, Fort Collins, CO
Monday - Friday, 8am - 5pm
healthdistrict.org/cayac

I Matter Colorado

I Matter offers six free behavioral health sessions with a licensed and youth-friendly clinician to any Colorado youth.

**imattercolorado.org
(English/Español)**

Alliance for Suicide Prevention

Free suicide prevention training for youth on the signs and symptoms of someone who may need mental health support and how to respond.

allianceforsuicideprevention.org