

## MINUTES

### LARIMER COUNTY TECHNICAL ADVISORY COMMITTEE

**Date:** January 13, 2020  
**Time:** 8:30-10:30am  
**Location:** 200 W. Oak St., Hearing Room 1<sup>st</sup> Floor  
Fort Collins, CO 80521  
**Contact:** Laurie Stolen, Behavioral Health Services Director  
**Facilitator:** Maro Zagoras, Desired Outcomes, Inc.

#### **I. Desired Outcomes:**

- Clarify final decisionmakers per this work
- Quickly review past 4 goals from 2019
- Determine 4-6 broad goals for 2020-21
- Time permitting, commercial for next meeting where we will determine evidence informed practices/activities for next meeting

TAC agreed to outlined outcomes for the day, the agenda and that BHS staff will provide input but are not decisionmakers in today's meeting.

**II. Groundrules:** consensus was reached on decision making with back up of majority rule, explain acronyms,, think broadly with goals, use the new language "substance use issues/disorders" not substance "abuse"

**III. Final decisionmakers** Maro clarified that TAC suggestions go to PAC and then to the Board of County Commissioners for final decision making.

#### **IV. Criteria and Goals**

##### **Group Created Criteria:**

1. That goals cover the continuum of early identification/prevention through interventions/postventions



2. That we distinguish and have parity between mental health, sub. use disorder and co-occurring efforts
3. That goals are realistic
4. That goals cover hard to reach populations
5. That we choose what will have the greatest impact-(how much difference it will really make)
6. That we think not just in terms of crisis or reacting but also what we need in terms of thinking 10 years out in being less reactive.

(multi-generational was written in the selection process for grants, it is suggested that reviewers consider whether an activity can be intergenerational)

#### **Top 6 goals selected:**

- 1. Increase broad reach effective prevention efforts in substance abuse, suicide and integrating toxic stress cycles (12 votes)**
- 2. Increase care coordination of people with complex needs (12 votes)**
- 3. Increase services for people coming out of treatment (11 votes)**
- 4. Increase timeliness of response of being identified and getting into care (11 votes)**
- 5. Increase acute de-escalation opportunities for clients (10 votes)**
- 6. Increase integration and communication between providers (9 votes)**

#### **Brainstormed group goals:**

Increase broad reach effective prevention efforts in substance use disorder, suicide and toxic stress cycles (12 votes)

Increase care coordination of people with complex needs (12 votes)

Increase services for people coming out of treatment (11 votes)

Increase timeliness of response of being identified and getting into care (11 votes)

Increase acute de-escalation opportunities for clients (10 votes)

Increase integration and communication of providers (9 votes)

Increase diversity of locations for geographical access (5 votes)

Increase consumer or peer support services (5 votes)

Increase education and decrease judgement of addiction as a neurological disease (4 votes)

Increase ability to sustain critical services (when funding activities with grants (4 votes)

Increase how we address families with family systems work/approach (4 votes)

Increase community members' sense of belonging in the community (3 votes)

Decrease provider burnout (2 votes)

Increase availability of crisis intervention (2 votes)

Increase access to integrated and culturally appropriate healthcare (1 vote)  
Increase consumers' knowledge of available services (1 vote)  
Increase knowledge of and working with ACES adverse childhood experiences (1 vote)  
Increase client sense of responsibility for their health and fun (0 votes)  
Increase comfort level of clients in services so they maintain getting services (0 votes)  
Decrease suicide (0 votes)  
Increase mental health and behavioral health coping skills for clients (0 votes)  
Increase coordination of correct assessments to get at the key issues vs presenting issue and get person to right provider (0 votes)

**VI. Next steps:**

-review selected goals, finalize language on them for BHPC submittal.  
-develop a list of evidence informed best practices/activities per selected top goals

**Next Meeting:**

February 10, 2020  
8:30 a.m. – 10:30 a.m.

200 Peridot Ave, Big Thompson River Room  
Loveland, CO 80538

**Adjourn**

**BALLOT LANGUAGE**

Shall Larimer County taxes be increased \$19,000,000 dollars annually (estimated first fiscal year dollar increase in 2019) and by whatever additional amount as may be raised annually thereafter, for a period of 20 years by the imposition of a .25% (25 cents on \$100 dollars) sales and use tax with all revenue from such tax to be used in accordance with the Board of County Commissioners Resolution # 07242018R013 for the following Mental/Behavioral Health care purposes;

-Provide preventative, early identification, intervention, support, and treatment services for youth, adults, families and senior citizens, either directly or indirectly, who are residents of Larimer County including Berthoud, Estes Park, Fort Collins, Johnstown, Loveland, Timnath, Wellington, Windsor and rural communities of Larimer County through in-person and other delivery methods, which may include tele-services, community based services and other service options and;

-acquire, construct, improve, maintain, lease, remodel, staff, equip, and operate new and/or existing mental/behavioral health facilities;

Further provided that an annual report shall be published and provided to the Board of County Commissioners on the designation or use of the revenues from the tax increase in the preceding

calendar year consistent with its approved purposes.