

Advisory Council Meeting

November 14, 2019

Minutes

Held at **2573 Midpoint Drive, Ste. 108 Room 124**
Fort Collins, Colorado 80524

<u>Members Present:</u>	Jay Adams David Born Joe Glomboski Lisa Hays Ellen Pihlstrom Kristy Wygmans	Crystal Bloemen Sharon Courtney Jan Gruber Roy Lilley Jody Shaddock-McNally Sharon Zamora	Elaine Boni Myles Crane Kirsten Hartman Danita Nixon Punkie Whitely
<u>Members Absent:</u>	Jill Couch Margaret Long	Ferri Erickson	Mary George
<u>Staff Present:</u>	Tina Corrigan-Hugo Lynda Meyer	Katy Mason Judy Rodriguez	Lynette McGowan Lisa Silcox
<u>Guests Present:</u>	Diane Cohn Dixie Huff	Phoebe Hawley Tim McLemore	Dorothy Haruyama Amy Resseguie

CALL TO ORDER

Crystal Bloemen called the meeting to order at 1:32 p.m.

CONSIDERATION OF TODAY'S AGENDA AND MINUTES OF October 10, 2019

Minutes stand as corrected.

CITY OF FORT COLLINS STRATEGIC PLAN INPUT

Amy Resseguie, Publicity/Marketing Specialist from the City of Fort Collins, attended the meeting to get input for the City's Strategic Plan. Input was taken from asking the following questions:

1. What do you like about Fort Collins?
2. What do you not like about Fort Collins?
3. What issues does the community need to address in the next five years?
4. What should the City be thinking about that it's not?



CAREGIVER PANEL

Lynette McGowan stated that November is National Family Caregiver Month. Each of the following providers were selected to discuss how they are using funding from the Office on Aging (LCOA) to impact caregivers.

Tim McLemore, Executive Director of Elderhaus gave a breakdown of services offered by Elderhaus and explained that the LCOA provides scholarship funds for community members 60 years of age or older or 55 -59 years old if living with dementia. If an Elderhaus client needs fulltime services but cannot afford it, then the scholarship can help the family be able to use Elderhaus full time. Adult Day services is often an alternative to Assisted or Nursing level of care for many caregivers.

Dorothy Haruyama, Associate Director at the Aging Clinic of the Rockies (ACOR), gave an explanation on their caregiver counseling program. The LCOA funding provides for up to 8 sessions of donation-based counseling for community members who are caregivers. Dorothy also gave a brief overview of the Senior Peer-to-Peer program which LCOA also funds.

Phoebe Hawley, Executive Director from Stepping Stones, gave a breakdown on services provided. Same as Elderhaus, they provide scholarships for families to increase hours of care for their loved one because they cannot afford to pay for full time care.

Diane Cohn, Caring Companion Program Coordinator, gave a description of the Volunteers of America Caring Companion respite program. LCOA funding pays a portion of the program costs that matches volunteers with care recipients so that the caregiver can get a couple hours of respite a week as well as provide companionship for individuals with dementia.

OFFICE ON AGING UPDATE

Lynda Meyer announced that numbers for Options Counseling and I & A calls are at an all time high. Lynda reported that Carolina Quiñonez, Cas Manager, has translated the LCOA rack card and program information sheets into Spanish. The Ombudsman program is moving forward with launching the Peer Advocate program which will train residents to be advocates for residents in long term care facilities. Lynda reported that the In-Home Services Voucher is now adding clients from the waiting list. Lynda discussed the State Unit on Aging Outcome Measures and gave highlights of the Dignity in Aging Act, i.e. the reauthorization of the Older Americans Act, which has been passed by the House of Representatives and has moved to the Senate for full ratification.

Lynette gave an update on the Powerful Tools for Caregivers master training class recently held. There are now seven new class leaders which is a total of 14 Master Trainers in Larimer County.

Katy Mason distributed Advisory Council member business cards. Katy read the Board of County Commissioners resolution to support the transportation plan. The North Front Range-Metropolitan Planning Organization will host the One Call-One Click Center.



COMMITTEE & STAFF REPORTS

Executive Committee

Crystal announced there is no regular Advisory Council meeting in December. Instead there is a lunch at The Ranch Bar & Grill in Loveland at 12:00 p.m. **Do not come to 2573 Midpoint on December 12.** Crystal stated that the Executive Committee has scheduled the council presentations through March.

Public Policy & Education Committee

Sharon Courtney reported Senator Joann Ginal attended the Committee meeting. Congregate meals site scripts and resource boxes are ready. The Committee is planning an educational forum in the spring.

Grantee Management & Evaluation Committee

Kirsten Hartman reported the Committee discussed IT issues with Comcast.net email users. Lynette gave a presentation on the Family Caregiver Support Program. Stephanie Morris reported on the first quarter provider unit report.

LIAISON REPORTS

Fort Collins Senior Advisory Board (SAB)

Myles Crane submitted the SAB report via email.

(1) Completed performance review with its Council Liaison under the City's new review system. (2) Submitted 2020 Annual Work Plan. (3) Discussed preparation of Annual Report. (4) Decided to hold periodic offsite meetings at Assisted Living and/or other older adult facilities in 2020. (5) Held a debriefing of the 10/26/19 Intergenerational Conversations at the Senior Center in which about 40% of SAB members attended among the 128 participants at the event.

Loveland Senior Advisory Board (SAB)

Dixie Huff announced that the next Intergenerational Conversation will be held at the Chilson Senior Center on December 14 from 9:00 a.m. to 11:00 a.m. The SAB had a presentation from Loveland Pulse who provide community-owned internet and telecommunications services.

Partnership for Age-Friendly Communities (PAFC)

Katy attended an AARP national conference in Denver. The PAFC was invited to present on two topics at the conference, one on the "Market Days", Senior Access Points program and the other on housing.

ANNOUNCEMENTS

Crystal thanked Sharon and Ernie Zamora for getting the Answers on Aging Resource Guides delivered.

ADJOURNMENT

Crystal adjourned the meeting at 3:13 p.m.