1501 Blue Spruce Drive, Fort Collins, Colorado 80524, 970.498.7750, Larimer.org/seniors

# Advisory Council Meeting April 8, 2021 Minutes

<u>Members Present</u> :	Royce Boehrs Jill Couch Joe Glomboski Alexis LaHaie Punkie Whitely	Elaine Boni Sharon Courtney Kirsten Hartman Margaret Long	David Born Myles Crane Lisa Hays Ellen Pihlstrom
Staff Present:	Tina Corrigan-Hugo Lori Metz	Nicole Limoges Commissioner Shadduck- McNally	Lorenda Volker
Guests Present:	Chloe Beers Shai Hendricks	Colleen Conway Scott Hays	David Cunningham Dixie Huff

## **CALL TO ORDER**

Ellen Pihlstrom called the meeting to order at 1:35 p.m.

# CONSIDERATION OF TODAY'S AGENDA AND MINUTES OF

March 11, 2021

Minutes stand as presented.

### LCOA PROVIDER PRESENTATION:

Ellen introduced Heather Pulley and Shai Hendricks from the Volunteers of America (VOA) Nutrition programs. Heather started the PowerPoint presentation on their Meals on Wheels and the Grocery Shopping programs.

Shai Hendricks presented on the Smiling Spoons program. Pre-COVID the Smiling Spoons program was the congregate meal program within several community buildings throughout the county. Since COVID VOA has transitioned the program to an A La Carte curb pick up meal. Currently the curb side locations are Chilson Senior Center, Berthoud Seniors Center, the Sanctuary Apartments and setting up services with the Fort Collins Senior Center now. The curbside meals are cold meals that can either be eaten as is (sandwich) or be heated up easily. The Berthoud Senior Center is receiving hot meals because of a partnership with Loveland Meals on Wheels.





Heather continued to present information on their Handyman program which provides volunteers that provide labor for projects like building wheelchair ramps or installing grab bars. Heather described the Caring Companions program which provides companionship providing respite to caregivers. This program has received a grant that expands Caring Companions to Weld County. Heather also described the RSVP program and the volunteer process.

## **OFFICE ON AGING STAFF UPDATES**

Nicole Limoges reported on the following:

- Homebound vaccine subcommittee is making progress. Working with Health Department to get vaccines to several homebound clients.
- Ombudsman program working on a morale booster project to get long term care facilities a memorial plant or plaque. Volunteer opportunities for Council members to be a part of ceremonies.
- n4a Aging Virtual Summit is on April 27-29, Sharon Courtney will be attending on behalf of the Council and we can send another council member who is interested as well.
- We have currently received 5 applications for Advisory Council seats.
- Older Americans Month award winners have been selected. More information to come about the combo virtual and in-person ceremonies.

Lori Metz gave an update on the RFP process in the future.

- Mary Ward and her contracts team have been discussing what possible technical assistance possibilities are available.
- Prior to releasing a new RFP to providers, the contracts team will hold a Q & A session to share the process with providers.

Nicole thanked the Council for participating in the site visits this year. She asked for feedback for the site visit process. Kirsten Hartman mentioned the disadvantage of the informal observations made when conducting onsite site visits.

## **COUNCIL MEMBER AUTOBIOGRAPHY**

Alexis LaHaie gave a brief autobiography.

## **COMMITTEE & STAFF REPORTS**

#### Grantee Management & Evaluation (GM&E) Committee

Margaret Long reported:

• Reviewed and discussed nine site visits.

#### Public Policy & Education (PP&E) Committee

Sharon Courtney reported:

- Discussed goals for the current year.
- Planning for Older Americans Month Awards Ceremony
- Caregiver Forum on April 27 from 10:00 11:30a.
- Gave an update on state budget and bills.



#### **Executive Committee**

Ellen Pihlstrom reported:

• Planned for future meetings.

## LIAISON REPORTS

Myles Crane submitted the following reports via email.

#### **Colorado Commission on Aging:**

- Commission will meet in two weeks.
- The CCOA also has an additional scheduled meeting in April before the State Senate.

#### Fort Collins Senior Advisory Board

- SAB will welcome new Mayor and Council and submit recommendations for their consideration.
- Presentations by City Staff on Our Climate Future.
- Announced stats released on CNN about COVID positive people may have long term effects.
- Introduced Chloe Beers, a HS student, that presented information on a school communications project with socially isolated older adults. This is a letter writing campaign with between older adults and students.

#### Loveland Senior Advisory Board (SAB)

Dixie Huff submitted the following reports via email.

- Alex Gordon from the NFRMPO presented on regional mobility. (Same presenter LCOA had in March.)
- Brainstormed about how to get a survey out to senior citizens.
- The Senior Center will open on a limited basis on April 18.

#### Larimer County Commissioners

Commissioner Shadduck-McNally reported on the following:

- Shared a statement about AAAs.
- Announced that Jill Maasch, Human Services Communications Supervisor, will be reviewing and refreshing the Office on Aging website as well as developing a community outreach plan.
- Updated Council on meetings attending such as Climate Smart Larimer County plan.
- Commissioners will be on a retreat on April 27.
- Intergeneration Conversations project on May 1 topic is on the role of music in our lives.
- Lorenda Volker stated that a survey will be going out about how comfortable members are to get back to meeting in person. Rolling out a new Zoom project to ensure that hybrid meetings will be available for all future meetings.



#### Partnership for Age-Friendly Communities (PAFC)

Kirsten Hartman reported on the following:

- Reviewing proposals for AARP funding.
- Discussed upcoming Self-Directed Volunteer Teams (SDVT) projects.
- Intergenerational Communication (IGC) planning committee met on April 7th and decided next IGC event will be on Sat May 1st 1:30-3 pm.
- Working on ideas to strengthen PAFC.
- Currently planned discussion topic is how music shapes our communities and democracy.
- Announcement that Chloe Beers was appointed Student Liaison to the Intergenerational Dialogues.
- Congratulations to Sharon Courtney for being appointed to the PAFC Board of Directors.

## ADJOURNMENT

Ellen adjourned the meeting at 3:27 p.m.