#  <br> MARCH 2023 <br> HEALTHUPDATE <br> Tips to Be a Savvy Saver 

## WAYS TO SAVE ON PRESCRIPTIONS

## Save up to 80\% on prescriptions when you use discount programs, preferred pharmacies, and generics.

You can keep more money in your wallet with these cost-saving prescription tips.

## USE A DISCOUNT PROGRAM

Redeem savings at the pharmacy when you use a prescription discount program such as ScriptSave WellRx or America's Pharmacy. These free programs often work with your insurance and can save you up to $65 \%-80 \%$ on brand-name or generic prescriptions. Download the applicable app to access savings from your smart phone or sign up online to receive a discount card for your next refill.

## FILL YOUR PRESCRIPTION AT A PREFERRED PHARMACY

When you fill your prescription at a preferred pharmacy, you save the most money and reduce potential out-of-pocket costs. A preferred pharmacy is contracted within your medical plan's network to provide covered prescriptions at a lower cost. Visit your medical plan's website or call the customer care line to locate a preferred pharmacy near you.

## CHOOSE GENERICS

Generic drugs are FDA-approved and typically cost less than their brand-name versions. They also contain the same active ingredients and are just as effective as their brand-name equivalents. If you're currently taking a brand-name medication, talk with your doctor about switching to a generic version. According to the FDA, switching to a generic could save you an average of $30 \%-80 \%$ on your prescription costs.

